

MIRACOSTA COLLEGE BULLETIN

COMMUNITY EDUCATION

FALL | 2017

SEE
WHAT'S
NEW!

Art · Computers · Career & Work Skills Training

Creating the future

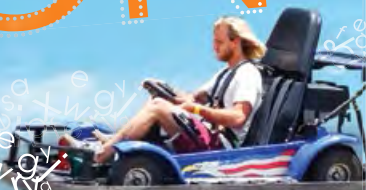
Children & Teens · Drivers Education · Enrichment · Excursions



tci.miracosta.edu

ENGLISH IN ACTION

Engage in a fun, academically successful program with personal mentoring in a charming coastal and safe community.



ELI

MiraCosta College English Language Institute

Upcoming Program Dates

8/21-10/13 and 10/16-12/8, 2017 | 1/22-3/16, 2018

The English Language Institute (ELI) offers international students the opportunity to increase their English language proficiency and develop the skills needed for success in a college or university in the United States. This intensive English-as-a-second-language program provides individualized instruction in small class sizes. The program is designed for students with a minimum of one year of English language training at the high school or college level. This class may not be appropriate for advanced ESL students or students with a TOEFL score greater than 500 paper-based or 46 IBT. Students must be at least 18 years old or meet our minor policy requirements. Our International Student Office will issue I-20's. We accept students with F1, B1 and M1 Visa.

Instructional components include:

- TOEFL preparation
- Study of American culture
- Computer literacy development of study skills

Integrated academic preparation in reading, writing, listening, speaking, and grammar.

Fee: \$1,895 (instruction, application fee, books, and student services). Health insurance is an optional fee of \$350. Students must purchase our insurance plan or purchase their own insurance plan that meets our requirements. (Fees subject to change.)

Location: Room T510



For more information, write, telephone, or email:

1 Barnard Drive, Oceanside, CA 92056

760.757.2121, x6590 | email: lcargile@miracosta.edu | miracosta.edu/eli



COMMUNITY EDUCATION
& WORKFORCE DEVELOPMENT

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Workshops, Classes & Excursions

In this bulletin you will find a variety of enrichment and work skills courses. All of these courses are affordable, fee-based, not-for-credit offerings that are not supported by any state or local taxes. Your enrollment fees keep this program going.

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MiraCosta College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges, 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415.506.0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at: www.accjc.org. The college is also approved by the California Department of Education for the training of veterans under the provisions of the G.I. Bill of Regulations.

HOW TO REGISTER

- 1 **Internet Registration**—Go to miracosta.augusoft.net to register online.
- 2 **By Phone: 760.795.6820**—Please have your Visa, MasterCard, or Discover card in hand and your registration information ready when you call.
- 3 **In Person**—Community Education & Workforce Development Office, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011. **Hours: 9 AM–5 PM, Monday–Thursday and 9 AM–4 PM, Friday.**
- 4 **By Mail**—Complete the registration form on the next page using a separate form for each person. Forms may be duplicated. Visa, MasterCard, Discover card or check (payable to MiraCosta College) can be used to pay registration fees. If you would like a confirmation, enclose a self-addressed, stamped envelope. Mail checks and completed registration form(s) to: **Community Education & Workforce Development, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011.**

Remember to mark your calendar with class date, time and location. If you have included your email address on your registration form, you will receive an email confirmation of your enrollment.

PARKING INFORMATION

Parking permits are required at Oceanside, San Elijo and Community Learning Center (CLC) campuses of MiraCosta College Monday–Saturday. Students may park in any lot marked Student or spaces marked Student on all campuses. Please avoid any spaces or lots marked Staff. Parking permits may be purchased from parking permit vending machines as follows:

- **Oceanside Campus:** A day pass may be purchased for \$1. There are three parking permit vending machines located on the Oceanside Campus in Parking Lots 1A, 3C and 4C. In Parking Lot 4C, students may use debit and credit cards, one dollar bills and change (no pennies). In Parking Lots 3C and 1A, students may use one dollar bills and change (no pennies).
- **San Elijo Campus:** A day pass may be purchased for \$1. There is one parking permit vending machine located next to the College Police kiosk in the front of the campus. This machine takes one dollar bills and change (no pennies).
- **Community Learning Center:** A day pass may be purchased for 50 cents. There is one parking permit vending machine located at the front of the parking lot across from the main building entrance. This machine takes exact change (no pennies).
- **Technology Career Institute:** Parking permit is not required. Parking is free.

REFUND & TRANSFER POLICY

Check refunds may take 4–6 weeks to process:

Class/Workshop Refund Policy: Refunds will be made up to three business days prior to class start date. No refunds will be given once a class has started. A \$10 cancellation fee will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Excursion Refund Policy: Refunds will be granted up to one week before the excursion only if the excursion is full and someone on the waiting list is available to take your place. There will be a \$25 cancellation fee if a replacement can be found.

Work Skills Refund Policy: Refunds will be made up to five business days, depending on course, prior to class start date. A \$25 cancellation fee for work skills programs will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Class/Workshop Transfer Policy: Transfers will be approved up to three business days prior to the class start date. Students must receive a verbal approval from Community Education before transfer is complete.

For more information, email us at: commservices@miracosta.edu



**COMMUNITY EDUCATION
& WORKFORCE DEVELOPMENT**

Job Training, Workshops, Classes & Excursions

All of these courses are affordable, fee-based, not-for-credit offerings.

REGISTRATION FORM **SPRING 20** _____ **SUMMER 20** _____ **FALL 20** _____

MAIL TO:
**Community Education
& Workforce Development**

**MiraCosta College
Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011**

**YOU WILL RECEIVE AN EMAIL
CONFIRMING YOUR ENROLLMENT.**

Have questions? Call 760.795.6820
Parking permits are required on
some campuses—see page 4.

Last () First () Middle Initial

Phone: Day Evening

Mailing Address

City Zip Code

Email Address Date of Birth

Please list the courses you wish to attend:

Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
			Total \$

Register by phone or online at miracosta.augusoff.net

24 hours a day with your credit card (or complete the following if applicable):

VISA MASTERCARD DISCOVER CARD

Card Number

Signature of Cardholder Expiration Date



Stained Glass for Beginners

Create your own beautiful stained-glass art pieces and windows! Learn the art of stained glass from a master cutter, right in a stained-glass studio! In this comprehensive workshop, you will learn the basics of design and assembly, as well as the use of the tools needed to develop beautiful stained-glass artwork. By the end of the workshop, you will have created one to three projects suitable for display or sale (depending on your speed and ability).

Fee: \$104. Early Bird Special \$95 (Register BEFORE 9/2 for this rate)

Supplies: \$40 per-project material fee for glass, solder, lead and copper will be collected in class. On-site sales of tools available. Bring snacks.

Instructor: Don Myers

Location: Don Myers Stained Glass
1025 S. Coast Highway, Oceanside

Time: 3 Saturdays, 9/9–9/23, 11 AM–2 PM

NEW Holiday Floral Design: Wreath Making

Get Ready For the Holidays!

Have you ever wanted to learn the art of flowers? Adorn your home with the beauty of the holidays and floral design bursting with color. And the best part is, you will have made it yourself! Join this class and learn how to make two different kinds of wreaths. Keep your creation or give it as a hand-crafted gift for that special someone this holiday season.

Fee: \$65. Early Bird Special \$45 (Register BEFORE 10/14 for this rate).

Supplies: \$75 material fee will be collected in class for wreath supplies. Please bring a box or basket to carry home the wonderful work you will make.

Instructor: Jami Rick

Location: San Elijo Campus, Room 406

Time: 2 Saturdays, 10/21–10/28, 10 AM–12 PM

NEW Stunning Mosaic Gifts

All levels are welcome.

Ramp up your gift giving this year! Make up to 5 stunning mosaic gifts in this 7-week course such as: mini tray or trivet, coaster set, ornament, candle holder, and mini mosaic box. More advanced students may choose to do their own project with individual guidance from the instructor. Come ready to play and start creating the first night!

Fee: \$129. Early Bird Special \$119 (Register BEFORE 9/28 for this rate)

Supplies: \$50 material fee will be collected in class. Students may choose to purchase additional materials and/or their own tools for home use.

Instructor: Cathy Sparks

Location: San Elijo Campus, Room 406

Time: 7 Thursdays, 10/5–11/16, 6–9 PM



Knitting Basics and Beyond

All levels are welcome.

Learn the timeless art of knitting and unlock your creativity in this no-stress class. Taught by a certified knitting instructor, each session will be divided into two parts. First, we will explore the topics through lecture and hands-on practice. Then, knitters will have time to work on their own projects, consult with the instructor on specific issues, and share in the relaxing experience of knitting as a part of a community.

Fee: \$139. Early Bird Special \$129 (Register BEFORE 9/2 for this rate)

Supplies: \$3 material fee will be collected in class for lesson handouts. A materials list will be sent prior to the start of class.

Instructor: Karen des Jardins

Location: San Elijo Campus, Room 303

Time: 6 Mondays (every other Monday) 9/11–11/20, 6–8:30 PM

Clothing Reproduction, Knock-Off & Pattern Making

All levels are welcome.

Copy the garments you love and reproduce them with quality fabrics at a fraction of the cost of store bought apparel. The instructor will show you how to copy garments with easy practical techniques. Please bring to class your favorite garments. You will receive instructions on how to make the pattern and sew the garment.



Fee: \$110. Early Bird Special \$90 (Register BEFORE 9/30 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 10/7–10/28, 9:30 AM–2:30 PM

Clothing Alterations, Restyling and Repairs

All levels are welcome.

This class will teach the fundamentals of fitting, style, re-style and repairs. Please bring one or more garments to try on and get fitted by the instructor. After this class, you will choose well in making future purchases based on the style & fit that best dresses your body type and your clothing personality.

Fee: \$110. Early Bird Special \$90 (Register BEFORE 9/2 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 9/9–9/30, 9:30 AM–2:30 PM

NEW Italian Tailoring

All levels are welcome.

Italian tailors continue to practice their art almost exactly as it was practiced a century ago because these methods produce body and form, details, and durability. Come and enjoy the art of tailoring and afford yourself the necessary time and patience to become proficient in these time honored skills.

Fee: \$110. Early Bird Special \$90 (Register BEFORE 10/21 for this rate)

Supplies: Sewing machines are not required. Bring a sack lunch. A materials list will be sent prior to the start of class.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 11/4–12/9, 9:30 AM–2:30 PM
No class on 11/11 & 11/25.



Have a **passion** for teaching?

Do you have a new idea that you'd like to propose teaching or you have the skills and background to teach? Please visit the website below to view subjects needed. Apply today!

For more information: miracosta.augusoft.net

Drawing for Pleasure

All experience levels welcome, especially the enthusiastic beginner!

With imagination, observation plus a three-part symbol-making formula, YOU can depict landscapes, objects, animals and figures. Explore freehand and grid-assisted methods to gain accurate proportions and to triangulate key points in realistic drawings. Learn 3D shading logic and how to suggest the three textures. Try some decorative non-objective projects as well!

Fee: \$96

Supplies: \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Drew Bandish, artist

Location: San Elijo Campus, Room 206

Time: 5 Saturdays, 9/9–10/7, 9 AM–12:30 PM



Watercolor and More—Mature Adult

All skill levels are welcome, even first timers.

Would you like to paint with confidence by learning extremely easy and fun techniques to achieve quality results? Are you looking for a way to reduce stress, and have a relaxing and creative experience in a supportive group? Then this is the class for YOU! Fun for any level of experience. We also integrate many other materials for amazing results. Individual attention given to each student. Individual attention will be given to each student. You will be delighted with your successful paintings!

Fee: \$79. Early Bird Special \$70 (Register Before 8/30 for class start date 9/5 and BEFORE 10/17 for class start date 10/24)

Instructor: Denise McMurtrie

Location: La Colonia Park, Recreation Room

Time Options:

7 Tuesdays, 9/5–10/17, 1:30–3:30 PM

7 Tuesdays, 10/24–12/5, 1:30–3:30 PM

Watercolor—Beginning & Again

All experience levels welcome, especially the enthusiastic beginner!

Join in the fun for a fresh start at creative picture making in watercolor. The keys to watercolor success are awareness of moisture content and timing.

Common watercolor supplies include: water, colors, paper, brush, and YOU! Professional tips will aid all learners as we mix and match colors, suggest the three textures, explore four watercolor methods and create effective shapes needed in landscape subjects, faces, flowers, even abstracts.

Fee: \$135

Supplies: \$3 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Drew Bandish, artist

Location: San Elijo Campus, Room 206

Time: 7 Saturdays, 10/14–12/9, 9 AM–12:30 PM
No class on 11/11 & 11/25.

Watercolor Portrait Painting

All experience levels welcome.

Learn how to capture the most essential qualities of a portrait. Gain technical mastery and intuitive understanding of the human facial features. This class will teach students watercolor techniques, line, form, contour, composition and proportions of the head, as well as the use of materials and paper. Students will learn how to paint each feature on the face step-by-step. Learn watercolor techniques for a portrait from demonstrations and exercises that will advance your skills.

Fee: \$120. Early Bird Special \$105 (Register BEFORE 9/2)

Supplies: \$3 material fee will be collected in class. A materials list can be viewed under this course description on miracosta.augusoft.net

Instructor: Aleksandra Babic

Location: Oceanside Campus, Room 2269

Time: 6 Saturdays, 9/9–10/14, 9 AM–12 PM





Painting at the Beach

This class is for all-level painters, beginner to advanced. Class includes discussion, demonstrations and instruction. Topics covered include color mixing, brushstroke technique, values, perspective, and composition. Each class ends with a critique that helps students evaluate what works and what needs improvement in their paintings. Paint in a friendly, nurturing atmosphere while enjoying the ocean view from the windows. Paint outside if you like!

Fee: \$188

Supplies: A materials list will be sent prior to the start of class.

Instructor: Linda Goldstein

Location: Fletcher Cove, Community Center

Time: 7 Wednesdays, 9/6–10/18, 9 AM–12 PM

Fee: \$162

Time: 6 Wednesdays, 11/1–12/13, 9 AM–12 PM
No class on 11/22.

Oil Painting

Unlock painterly self-expression. This class is for new or experienced students who have good drawing skills. The class emphasis changes each semester, so there is continual learning of new skills. The goal is to better understand value, shape and color, and how to use them to create a harmonious painting. There will be a mix of painting with the class on a project and working independently. By the end of this course, you will have some finished paintings to proudly display in your home! Build the foundation you need to create great works of art.

Note: Must have previous experience in drawing or strong drawing skills.

Fee: \$99

Supplies: \$5 material fee will be collected in class. A materials list will be sent prior to the start of class.

Instructor: Anne von Benckendorff, artist

Location: San Elijo Campus, Room 205

Time: 5 Saturdays, 9/9–10/7, 9 AM–12 PM



NEW Painting Techniques & Aesthetics

All experience levels welcome.

This is a fun fine art class with many demonstrations. New students, as well as seasoned painters, will benefit from learning about supplies, color mixing, composition, values and techniques including brushstroke, dry brush, glazing and more.

Fee: \$210. Early Bird Special \$199 (Register BEFORE 9/7)

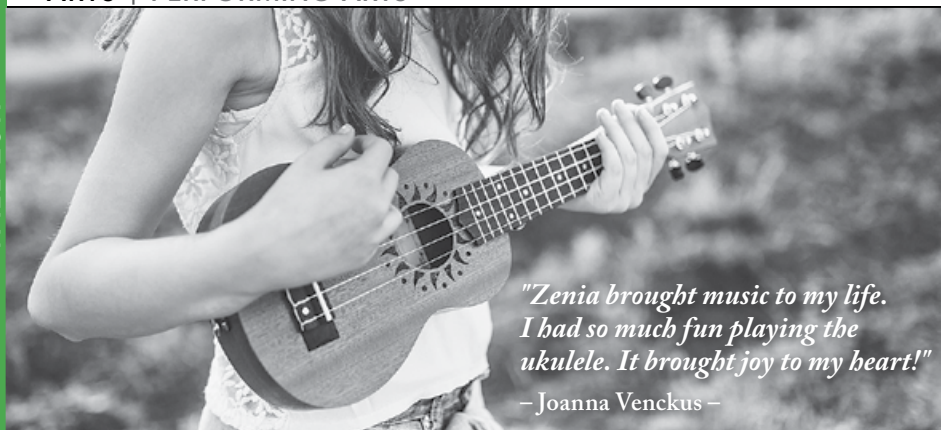
Supplies: A materials list will be sent prior to the start of class.

Instructor: Judy Sayer

Location: La Colonia Park, Recreation Room

Time: 8 Thursdays, 9/14–11/2, 10 AM–1 PM





"Zenja brought music to my life. I had so much fun playing the ukulele. It brought joy to my heart!"

– Joanna Venckus –

Acting—Lights, Action & Sound

Monty Silverstone, father of Alicia Silverstone ("Clueless," etc.) will teach budding and experienced actors monologues, scene study, cold reading and improvisation. Not only will you have fun, you might even be discovered. Class size limited. Book now.

Fee: \$159. Early Bird Special \$139 (Register BEFORE 9/6 for this rate)

Supplies: \$18 material fee will be collected in class.

Instructor: Monty Silverstone

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 9/13–10/18, 1:30–4:30 PM



Beginning Blues Harmonica

This class will get you quickly jammin' da blues as you learn the many techniques to make the harmonica cry, moan, and wail the blues! Through this fun, one-night workshop, you will learn proper breathing technique, blues harmonica rhythm, improvisational techniques, and how to effectively solo and practice.

Fee: \$45

Supplies: A \$15 material fee will be collected in class. Please bring your own C major diatonic harmonica, or you can purchase one in class for \$13.

Instructor: Dave Broida

Location: Oceanside Campus, Room 3607

Time: 1 Monday, 11/6, 6–8 PM

Ukulele

All experience levels welcome.

Do you have a ukulele sitting in your house waiting to be played? Why not pick up a ukulele, jam on the beach with friends and show off what you will learn from this class! This ukulele class is open to all who are beginners and those who continue to play the ukulele. Course will start out covering music theory basics, basic chord progressions, basic chords and strumming patterns and possibly a little bit of finger-style picking. Those who are past the beginning stage will learn more chords and transposing of chords. You will learn how to sing and play the ukulele at the same time to some traditional and contemporary Hawaiian and English songs.

Fee: \$79

Supplies: \$10 material fee will be collected in class. Please bring your own ukulele, tuner, 3-ring binder, notebook and pencil to class.

Instructor: Zenia Panao

Location: San Elijo Campus, Room 201

Time: 8 Tuesdays, 9/5–10/24, 6:30–8 PM

Beginning Guitar

If you know little-to-nothing about the guitar, this is the place for you. This course covers guitar techniques, chords, strumming and some notation/theory. By the end of this course you will have an understanding of chord structure and beginning strumming techniques! Most of the songs learned will be by the Beatles. Book not required. Instructor will have some handouts. No experience necessary.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 8/31 for this rate)

Supplies: \$3 material fee will be collected in class.

Instructor: Tony Lasley

Location: San Elijo Campus, Room 201

Time: 8 Thursdays, 9/7–10/26, 6:30–7:30 PM

MiraCosta College Chorale

Experienced choral singers are invited to join with credit students to sing college-level repertoire and receive instruction in vocal production, sight reading, ensemble singing, diction, and musicianship. The two major concerts will be *Durufle Requiem* and *Holiday Joys*.

Audition required: Tuesday, 8/22, 6:30 PM

Fee: \$69

Instructor: Arlie Langager

Location: Oceanside Campus, Room 2406

Time: Tuesdays, 8/22–12/12, 6:30–8:40 PM



Contemporary Big Band

This course is for those interested in performing with MiraCosta Oceanside Jazz Orchestra (MOJO). The performance group concentrates on the preparation and performance of large jazz ensemble/big band jazz. Students study music from a wide variety of historical eras, ranging from the 1920s swing style to contemporary styles. Students are required to participate in both on- and off-campus performances.

Audition required: Tuesday, 8/22, 6 PM

Fee: \$69

Instructor: Steve Torok

Location: Oceanside Campus, Room 2218

Time: Tuesdays, 8/22–12/12, 6–8:50 PM

Coastal Communities Concert Band

Under the direction of Tom Cole, the 75-piece Coastal Communities Concert Band rehearses every Monday night at Oak Crest Middle School from 7–9:30 PM. Membership is based on experience and needed instrumentation. Call the personnel manager: 760.436.0783 to learn about joining. If your section is full, you may be put on a waiting list until a vacancy occurs. Our next concerts are 10/1 at 2 PM, Escondido California Center for Arts, and 12/3 at 2 PM, Carlsbad Community Church. For further information, please visit the website: www.cccband.com.

Fee: \$75

Instructor: Tom Cole

Location: Oak Crest Middle School, Crest Hall

Time: Mondays, 9/11–12/18, 7–9:30 PM

MiraCosta College Symphony Orchestra

This course is for musicians who are interested in performing with the MiraCosta Symphony Orchestra. This class includes study and performance of orchestral literature from the 17th century to the present. Open to college students and community musicians wishing to develop a further understanding of music through symphonic ensemble playing. Members are expected to participate in rehearsals and concert presentations.

Audition required:

Wednesday, 8/16, 6:30 PM. Please contact Branden at brandenmuresan@miracosta.edu prior to the audition.

Fee: \$69

Instructor: Branden Muresan

Location: Oceanside Campus, Room 2406

Time: 8 Wednesdays, 8/23–12/13, 6:30–9:20 PM

**DON'T MISS OUT
AMAZING EXCURSION!**



Group rates available. Limited space.
Call **760.795.6820** to sign up now



Note: New students will register after the audition. The instructor will give you the registration form. Returning students will register at first class meeting. For more information, email: music@miracosta.edu



Digital SLR Photography Series



Getting Started with Your dSLR

In this workshop, you will learn how to set up your camera to optimize the quality of your photographs. We will cover the all-important topics of white balance and ISO to be able to shoot under difficult conditions. And, of course, learn about all of the little icons on your shooting dial. You'll be able to take pictures right away!

Fee: \$45

Supplies: \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3106

Time: 1 Tuesday, 9/12, 6:30–8:30 PM

Location: San Elijo Campus, Room 307

Time: 1 Tuesday, 10/10, 6:30–8:30 PM

Introductory digital SLR photography series can be taken as individual courses for \$45, or together for only \$99!

The photography topics are interrelated and affect one another, so we recommend you take all three (Getting Started with dSLR, Aperture & Shutter Speed, and Making Shooting Perfect Pictures Easy) to get a complete understanding of the camera and picture taking.

From Good to Great Photos: Understanding Aperture & Shutter Speed

Even if you didn't realize it, this is probably why you bought your dSLR in the first place! These concepts can be daunting to understand on your own. But once you master these aspects of photography, it's what's going to separate your pictures from the rest. We will also take a look at some of the pictures you took after your first session for constructive commentary. After this class, you'll be able to practice depth-of-field and capture motion and time.

Fee: \$45

Supplies: \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3106

Time: 1 Tuesday, 9/19, 6:30–8:30 PM

Location: San Elijo Campus, Room 307

Time: 1 Tuesday, 10/17, 6:30–8:30 PM

Making Shooting Perfect Pictures Easy

To get great pictures, we will cover strategies and basic lighting. These two topics will improve your photographs tenfold, no matter what camera you use. To make getting that perfect shot easy, we will cover these tools in your camera: lens focal length, exposure compensation, bracketing, auto-focus points, and flash. You will be surprised at how being so advanced can be so easy!

Fee: \$45

Supplies: \$3 material fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Offered at 2 locations for your convenience

Location: Oceanside Campus, Room 3106

Time: 1 Tuesday 9/26, 6:30–8:30 PM

Location: San Elijo Campus, Room 307

Time: 1 Tuesday, 10/24, 6:30–8:30 PM

NEW Night Photography: Learn To Capture Amazing Images In The Dark

Want to capture night sky splendor with your digital SLR? The vibrancy of color can be found in capturing the stars, a city skyline at twilight, or even urban settings at night. Join photographer, Lamia Khorshid, and learn the technique and art of photographing after dark. Fundamentals of night photography are covered in the computer lab on night one. On night two, we shoot outside of class (weather permitting). Then on night three and four, we will meet at a selected location to put what we learned onto action.

Fee: \$120. Early Bird Special \$99 (Register BEFORE 9/23 for this rate)

Instructor: Lamia Khorshid

Location: San Elijo Campus, Room 107

Time: 4 Mondays, 10/2-10/23, 7:30 PM-9:30 PM



MIRACOSTA COMMUNITY EDUCATION

MiraCosta Community Education classes, trips and programs make GREAT gifts for the hard-to-shop for friends and loved ones.

Call **760.795.6820** to get your gift certificate for a specific class or let them choose their own.

MIRACOSTA COLLEGE MEETS ALL OF YOUR EDUCATION NEEDS

START YOUR CONTINUING EDUCATION

miracosta.edu/noncredit



Begin your journey with us through adult high school, short-term vocational, noncredit adult courses, and English as a second language.

EARN YOURSELF A DEGREE

miracosta.edu/credit



MiraCosta College offers hundreds of classes in more than 70 disciplines. In our credit program, you can earn a degree or certificate, complete your first two years of college and transfer to a four-year university, or take classes to advance your career. Scholarships and financial aid are available!



Shaping Minds for Success.

CAREER & WORK SKILLS

- 15 Free Information Sessions
- 16 ♦ Additive Manufacturing Certificate
 - ♦ Blueprint Reading with GD&T
 - ♦ Composite Materials
 - ♦ Digital Precision Measuring
 - ♦ SolidWorks®
 - ♦ Introduction to Reverse Engineering
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FREE INFORMATION SESSIONS

Tours at TCI on Fridays at 9 AM

Email us at tc@miracosta.edu



MiraCosta College's Technology Career Institute is an equal opportunity employer (EOE). Auxiliary aids and services are available upon request to individuals with disabilities. This project received \$2,749,419.44 (45% of its total cost) from a grant awarded under the TAACCCT grant as implemented by the U.S. Department of Labor's Employment and Training Administration.

HOW TO APPLY FOR WORK SKILLS CLASSES

The majority of our Work Skills classes (identified by an \diamond) require that students complete an online application in our Work Skills database “Apricot.” In order to start the enrollment process, please start by going to tinyurl.com/TCIinterest to fill out the “Interest Form”. Then, follow the steps below for the Application and Medical Forms.

1. Sign on using your email and password at ctk.apricot.info
2. Click on Student “Interest Form” at the upper left
3. Click on your name (if it does not appear, click on “Browse All” to refresh the page)
4. Go to the right of Application and click on “Create New”
5. Choose (PROGRAM)
6. Don’t forget to SAVE IT!
7. Go to “View Folder” and do the same for the Medical Form

Lastly, submit two forms of ID in person or via email to tcim@miracosta.edu

Note: For our longer Work Skills programs and/or outside funding sources, there may be additional forms and documents that are required.

Our programs under 50 hours will typically accept students ages 15 years or older. Please contact our office at 760.757.2121, x6346 prior to applying.

CERTIFICATE INFORMATION

For any program over 50 hours, students will have the opportunity to earn a certificate of accomplishment. If you are enrolled and successfully complete a program under 50 hours, we can issue a certificate for \$15.

REFUND POLICY

Refunds will be made up to five working days prior to your class start date. A \$25 cancellation fee will be retained for each refund. There are no refunds given once the class has begun, unless special permission has been granted by the program coordinator.

Tuition free courses received \$3,600,000 (60% of total) from a grant awarded under the America’s Promise grant program as implemented by the U.S. Department of Labor.



► **Advanced Manufacturing & Engineering**

- Thursday, October 12 at 6 PM (informational only)
 - November 14 at 9 AM (Info Session with testing and interviews are immediately following the information session)
 - December 6 at 4 PM (Last chance testing & interviews)
- Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

► **Phlebotomy Technician**

Wednesday, August 9 at 5:30 PM
Technology Career Institute, 2075 Las Palmas Drive, Carlsbad
Note: Mandatory math and reading comprehension assessments will be given right after the information session at 6:30 PM.

► **Veterinary Assistant**

Tuesday, August 8th at 6 PM
Oceanside Campus, Room 4526
Note: Mandatory math and reading comprehension assessments will be given right after the information session at 7 PM.

Note: If you have a verifiable disability, you will need to call us at least one week prior to the assessment so that we have time to make the proper accommodations.

◆ Additive Manufacturing Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$1,950 \$925

This certificate program is GI Bill® funding approved.

◆ Blueprint Reading with GD&T

This hands-on class helps students with blueprint reading and GD&T. Students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: 10 Wednesdays, 9/6–11/8, 5–8 PM

◆ Composite Materials

Composites are used in a variety of different fields, from aircrafts and military applications, to construction and civil infrastructure. You may be most familiar with composite use in consumer products such as golf clubs, tennis rackets, mobile campers, or surf boards. To work in these industries, you need to understand the materials. This 15-hour workshop is a great introduction to composite materials. Students will learn about core materials, fabrics, epoxy and adhesives, plastics, metals, ceramics, carbon fiber, etc. Students will also learn about patterns, molds, tooling, and supplies needed to create prototypes.

Fee: \$125

Location: Technology Career Institute

Time: 5 Tuesdays, 10/10–11/14, 6–9 PM

No class on 10/31.

◆ Digital Precision Measuring

Using a Portable CMM

An introduction to metrology using a portable CMM and Verisurf CAD software. Students will learn the basics of inspection, measurement, analysis, and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 11/28–12/21, 6–9 PM

◆ Beginning SolidWorks® for 3D Printing

Learn how to use SolidWorks® mechanical design software to build models of parts, assemblies, and drawings. This 30-hour course will also cover design intent, how to modify previously created features, model interrogation and troubleshooting. The class will demonstrate how to export CAD data for 3D printing, machining, and 2D drawing generation in a variety of formats.



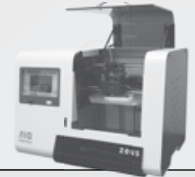
Fee: \$200

Location: Technology Career Institute

Time: 10 Mondays, 10/9–12/11, 6–9 PM

◆ Intermediate SolidWorks® Topics for Prototyping

Once you know the basics of SolidWorks®, take your CAD skills to the next level with this 30-hour intermediate SolidWorks® class geared toward designing for prototyping. This class will expand the student's knowledge relating to surface model creation, discuss the prototyping options available and the benefits of each option, and what to take into account when designing for prototype creation. The student will take away an in-depth knowledge of prototype options and intermediate modeling tools to create more complex products.



INTERMEDIATE TRAINING FOR INCREASING SKILLS & ABILITIES

Fee: \$200

Location: Technology Career Institute

Time: 10 Tuesdays, 10/10–12/19, 6–9 PM

No class on 10/31.

Additive Mfg Certificate Continued

Student must complete an advanced project.

Advanced Topics in SolidWorks®

SolidWorks® is used throughout the advanced manufacturing and engineering industries. This CAD program has multiple advanced features, which will be covered throughout this course. The topics are focused toward students with prior exposure to CAD modeling, so please make sure you have work experience with parts, assemblies, and drawings. The following areas will be covered: multibody solids, modeling advanced shapes, advanced surfaces, and advanced shaping capabilities.

Fee: \$200

Location: Technology Career Institute

Time: Offered again Spring 2018



Introduction to Reverse Engineering

As 3D printers become more common, scanners and the associated software also become more commonly used within the manufacturing and engineering industries. This 20-hour course introduces students to reverse engineering through handheld scanners, the software used to recreate an object, and the process of evaluating and potentially redesigning the reproduced object. We encourage students to have some CAD programming experience prior to enrolling.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 9/13–10/2
6–9:30 PM

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

NEW Scuba Diving Instructor Program

Gi Bill® funding approved

Monthly Orientation Dates:
8/8, 9/5, 10/3, 11/7, 12/5, 2017
and 1/2, 2018 at 5 PM

For more information
contact **951.506.0252**

Advanced Manufacturing Leadership Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$1,800 \$1,400

This certificate program is GI Bill® funding approved.

◆Blueprint Reading with GD&T

Please see description on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: 10 Wednesdays, 9/6–11/8, 5–8 PM

◆Lean Manufacturing I

Lean manufacturing is the systematic method for eliminating waste within a manufacturing system. This initial course will consist of 5S, 8 wastes, deep observation, value stream mapping, A3 one-page corrective action reports, and Kaizen events. This course provides practical application of LEAN tools that anyone can use to identify and minimize waste in their own area of control.

Fee: \$150

Location: Technology Career Institute

Time Options:

Saturday & Sunday, 10/7 & 10/8, 9 AM–4 PM

Saturday & Sunday, 11/4 & 11/5, 9 AM–4 PM

◆Lean Manufacturing II

This second-level course will consist of a refresher of LEAN I and practical applications of standard work, takt time, and balancing work. In addition, there will be an overview of error proofing, job instruction, improving job methods, and building a LEAN team. This course is appropriate for supervisors, team leads and managers who are interested in implementing change within their work environment.

Fee: \$150

Location: Technology Career Institute

Time Options:

Saturday & Sunday, 9/16 & 9/17, 9 AM–4 PM

Saturday & Sunday, 12/2 & 12/3, 9 AM–4 PM

◆Manufacturing Fundamentals

Are you looking to get into the advanced manufacturing industry because you've heard about the need for qualified personnel to replace the retiring baby boomers? Do you already have experience as a supervisor or manager? This course covers the basic skills required to work in the manufacturing field.

- Learn about the manufacturing industry around San Diego County
- Discover the role of different manufacturing processes, as well as the importance of safety, Lean, QC, and the supply chain
- Receive an overview of industry organizations, certifications, and state regulations
- Get hands-on exposure to different metals, tools, manual mills and lathes, CNC operations and programming

Fee: \$250

Location: Technology Career Institute

Time: Offered again Spring 2018

FACT

Our core advanced manufacturing and engineering programs have a 92% employment rate.

Our students have been hired by the following companies: Accutek, C&H Machine, Callaway Golf, Fluid Components, Hunter Industries, IOS Technologies, Means Engineering, SouthWest Greene, TE Connectivity, and ViaSat to name a few.



Advanced Mfg Leadership Certificate Continued

Student must complete an advanced project.

◊ OSHA-30

The 30-hour general industry outreach training course is a comprehensive safety training program designed for anyone involved in general industry. The course provides extensive information on OSHA compliance, safety and health hazards in the workplace, employer responsibilities, worker rights, hazard recognition, avoidance, abatement, and prevention. Successful completion of this course results in a Department of Labor 30-hour OSHA General Industry safety card that is federally recognized in all 50 states and never expires.

Fee: \$250

Location: Technology Career Institute

Time: Mondays & Wednesdays, 9/18–10/11
5:30–9:30 PM

HIRE OUR
SKILLFULLY
TRAINED
GRADUATES



Human Resources Certificate Program

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days. This program has been approved for 23 general recertification credit hours toward PHR, SPHR and GPRH recertification through the Human Resource Certification Institute (HRCI). All content is designed to address core HR competencies:

- History and role of human resources in today's workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting & retention) strategies
- Employment law & compliance hot topics
- Effective employee relations and termination

Fee: \$98/class or \$530 for all six sessions

Instructor: Nadia Ardebili

Location: Technology Career Institute

Time: 3 Fridays, 9/8–9/22, 8:30 AM–12:30 PM and
1:30–5:30 PM

◊ Quality Assurance Basics for Manufacturing

San Diego County is filled with manufacturing companies. That means thousands products have to be inspected to ensure the quality meets or exceeds customer expectations. Whether it's a screw that goes into your body or a solar array on a satellite, it's critical that the part is made or assembled correctly. This 15-hour workshop provides students with an overview of quality assurance concepts within the manufacturing industry. Course topics include:

- Day-to-day job functions
- Inspection and testing topics
- Material certificates, MIL standards, and verification
- AS9100 overview
- Auditing overview
- Manufacturing processes
- Documentation

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Wednesdays, 10/18–11/15, 5:30–8:30 PM



*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

◆ CNC Operator Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$2,450 \$375

This certificate program is GI Bill® funding approved.

Student must complete an advanced project.

◆ AutoCAD for Manufacturing

Using Autodesk Inventor

In this 15-hour introductory course, students will be introduced to Autodesk Inventor, a 3D mechanical design software. This program allows students to move from 2D to 3D images. In this course, students will also learn how to transform their CAD drawing to a usable CAM image.

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 9/19–10/3, 6–9 PM

◆ Computer Numerical Control (CNC) Operation

In this class, the first day will include safety, an introduction to terminology and basic blueprint reading. The rest of the course consists of demonstrations and hands-on instruction. Learn how to interpret G&M codes and operate both a HAAS CNC mill and lathe. Students will also get exposure to CAD/CAM software.

Fee: \$2,100 Admin Fee: \$175*

Location: Technology Career Institute

Time: 14 Saturdays, 9/9–12/16, 8 AM–4:30 PM
No class on 11/25.

◆ Blueprint Reading with GD&T

This hands-on class helps students with blueprint reading and GD&T. Students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: 10 Wednesdays, 9/6–11/8, 5–8 PM



◆ OSHA-10

Standard OSHA-10 safety course.

Fee: \$95

Location: Technology Career Institute

Time Options:

Thursday 9/7, 1–4 PM & Friday 9/8, 8:30 AM–4 PM

Thursday 9/14, 1–4 PM & Friday 9/15, 8:30 AM–4 PM

FACT



Advanced manufacturing, health care, as well as information and communication technologies make up **50%** of San Diego's job postings and are expected to grow **10%** over the next five years.

Provided by
SAN DIEGO
WORKFORCE
PARTNERSHIP®

◇ CNC Programming Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$1,250 \$330

This certificate program is GI Bill® funding approved.

Student must complete an advanced project.

◇ AutoCAD for Manufacturing

Using Autodesk Inventor

In this 15-hour introductory course, students will be introduced to Autodesk Inventor, a 3D mechanical design software. This program allows students to move from 2D to 3D images. In this course, students will also learn how to transform their CAD drawing to a usable CAM image.

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 9/19–10/3, 6–9 PM

◇ Blueprint Reading with GD&T

Please see description on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: 10 Wednesdays, 9/6–11/8, 5–8 PM

◇ Digital Precision Measuring

Using a Portable CMM

Please see description on page 16.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 11/28–12/21, 6–9 PM



◇ Introduction to CNC Programming

Using MasterCam Mill

In this 30-hour introductory course, students learn how to design basic CNC programs for a three-axis CNC milling machine. Students will be instructed on G&M codes, boolean logic, and machine and control definitions. In addition, the class will cover basic aspects of post configuration, variable definitions, formatting, post lines, post text, modality, and control definitions.

Fee: \$200 Admin Fee: \$75*

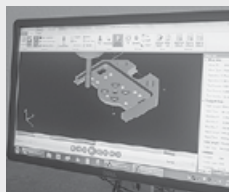
Location: Technology Career Institute

Time: Tuesdays & Thursdays, 9/12–10/12, 6–9 PM

◇ Intermediate CNC Programming

Using MasterCam Mill

MasterCam is the most widely used CAM software in the industry, and this intermediate, 30-hour course will provide students with trade-specific tips and tricks, whether they are within the production or the programming department. This course will teach additional topics for more intricate programs and designs. HAAS simulators will be used to test run the programs.



Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 10/17–11/16, 6–9 PM

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

CNC AND MACHINE OPERATOR APPRENTICESHIPS AVAILABLE

For more information please call 760.757.2121, x6528



◇ Electronics Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$5,000 \$1,200

This certificate program is WIOA funding approved.

Student must complete an advanced project.

◇ Basic Electronics

An introductory, 54-hour course that teaches students the basics of electronic technology. Students experiment with direct current, series-parallel circuits and transistors/semiconductors. Additional topics include: study of Ohm's law, Watt's law, use of electronic components, basic soldering, oscilloscopes, digital volt meters, bread-boarding electronic circuits, basic computer troubleshooting, basic AC circuitry.

Reduced Fee: \$450

Location: Technology Career Institute

Time: Mondays & Wednesdays, 10/4–12/20
6–8:30 PM. *No class on 11/22.*

◇ OSHA-10

Standard OSHA-10 safety course.

Fee: \$95

Location: Technology Career Institute

Time Options:

Thursday 9/7, 1–4 PM & Friday 9/8, 8:30 AM–4 PM

Thursday 9/14, 1–4 PM & Friday 9/15, 8:30 AM–4 PM

◇ Introduction to Electromechanics

Electromechanical technicians combine knowledge of mechanical technology with knowledge of electrical and electronic circuits. They install, troubleshoot, repair, and upgrade electronic and computer-controlled mechanical systems. In this 60-hour course, students will learn about mechanical systems; solder small electrical boards; build, program and operate a 3D printer; troubleshoot a copier; and more.

Reduced Fee: \$500

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 10/3–12/12, 6–9 PM
No class on 11/23.

◇ Quality Assurance Basics for Manufacturing

Please see description on page 19.

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Wednesdays, 10/18–11/15, 5:30–8:30 PM

IPC J-STD-001 Certification Preparation (Students take either Electronic Assembly OR Soldered Electrical/Electronic Assemblies, based on previous experience/knowledge). The IPC J-STD-001 has emerged as the preeminent authority for electronics assembly manufacturing. The standard emphasizes process control and sets industry-consensus requirements for a broad range of electronic products.

◇ Electronic Assembly

This course assumes no previous working knowledge of soldering and electronic assembly, and provides the necessary training to become an electronic assembler at an advanced manufacturing company. Students will work toward IPC certification and the 78 hour course will cover the following topics/skills: Soldering through-hole and surface mount single lead/multi-lead components, soldering multi-pic IC chips, measuring/cutting wire, trimming insulation, crimping, connectorizing, molding and insulating connector ends, wrapping, bundling, shielding, insulating and security cable harnesses, mounding modules, components, connectors, cables, and harnesses into chassis.

Fee: ~~\$1,800~~ Admin Fee: \$220*

Location: Technology Career Institute

Time: 13 Sundays, 9/10–12/3, 9 AM–3:30 PM

No class on 11/26.

◇ Soldered Electrical and Electronic Assemblies

This course assumes previous working knowledge of soldering and electronic assembly, students with little or no experience should take Electronic Assembly. This 30 hour course will review the topics/skills listed in course above and further prepare experienced students for IPC certification.

Fee: \$700 Admin Fee: \$150*

Location: Technology Career Institute

Time: 5 Saturdays, 10/21–11/18, 8:30 AM–3:30 PM

Engineering Technician Certificate

Student must complete an advanced project.

Whether you want to work in electronics, aerospace, biotechnology, or breweries, this program can provide with you the necessary training!

Engineering technology integrates theory and application in mechanical, electrical and electronic systems, fluid power, automation, robotics, and computer software. Our 600-hour program is 75% hands-on, gets students in front of industry, and trains students in the areas that companies have requested. Students will receive:

- OSHA certification
- National Career Readiness Certification
- 2 days of job shadow experience
- Industry tours and guest speakers
- Career Readiness Bootcamp
- Work Skills Navigator support throughout the program and after graduation

Students will experience an accelerated program designed to prepare them with the skill sets that will qualify them to move right into entry-level positions with local industry. Or, if you're interested in getting your degree (or already have your degree), this is the perfect supplement to enhance your education.

Fee: \$6,750. GI Bill® and WIOA funding approved. Tuition is FREE through the DOL funded America's Promise Grant (**Note: A \$335* charge to cover administrative fees will be collected upon registration.**)

► [Attend our information session to find out more \(details on page 15\)](#)

Location: Technology Career Institute

Time: Mondays–Fridays, 1/8–4/26, 8 AM–4:30 PM. *No class on 1/15, 2/16, 2/19.*

Machinist Technology Certificate

Student must complete an advanced project.

Want to work in the aerospace industry, make medical parts that go into your body, or design a new golf club?

Gone are the days of the grease-covered, conventional machinist. Today's machinist must be highly trained with specific skills, working in high-tech manufacturing plants that are clean and innovative. Our nation has a huge shortage of skilled workers. As 77% of skilled baby boomers leave the workforce, San Diego County will need to fill thousands of positions over the next 15 years.

To meet this need, we offer a fast-paced, high-level training program. Students will be able to complete this program in 13-weeks (487 hours), with training in shop math, metal properties, reading blueprints, precision measuring, tooling, G&M codes, and manual and CNC machining. In addition, students will receive:

- OSHA certification
- National Career Readiness Certification
- Opportunities to attend local industry meetings
- 2 days of job shadow experience
- Industry tours and guest speakers
- Career Readiness Bootcamp
- Work Skills Navigator support throughout the program and after graduation



Fee: \$6,000. GI Bill® and WIOA funding approved. Tuition is FREE through the DOL funded America's Promise Grant (**Note: A \$310* charge to cover administrative fees will be collected upon registration.**)

► [Attend our information session to find out more \(details on page 15\)](#)

Location: Technology Career Institute

Time: Mondays–Fridays, 1/9–4/13, 8:30 AM–4:30 PM. *No class on 1/15, 2/16, 2/19.*

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

◊ Metrology Certificate

Classes are offered individually, or can be taken in certificate format.

Take all classes for \$1,250 \$260

This certificate program is GI Bill® funding approved.

Student must complete an advanced project.

◊ Blueprint Reading with GD&T

This hands-on class helps students with both blueprint reading and GD&T. Students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: 10 Wednesdays, 9/6–11/8, 5–8 PM

◊ Digital Precision Measuring

Using a Portable CMM

This is an introduction to metrology using a portable CMM and Verisurf CAD software. Students will learn the basics of inspection, measurement, analysis, and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 11/28–12/21, 6–9 PM

◊ Manual Measuring Workshop

In the advanced manufacturing and engineering fields, it is imperative to know how to measure accurately to ensure quality. This 15-hour class is an introduction to the importance of measuring and testing/inspection, the tools used, and the applications for the various different tools. Students will have lots of hands-on practice measuring using calipers, micrometers, and gages.

Note: Students should be familiar with the basics of blueprint reading.

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: 4 Mondays, 9/11–10/2, 5:30–9:30 PM

◊ Quality Assurance Basics for Manufacturing

San Diego County is filled with manufacturing companies. That means the thousands products made have to be inspected to ensure the quality meets, or exceeds, customer expectations. Whether it's a screw that goes into your body or a solar array on a satellite, it's critical that the part is made or assembled correctly. This 15-hour workshop provides students with an overview of quality assurance concepts within the manufacturing industry.

Course topics include:

- Day-to-day job functions
- Inspection and testing topics
- Material certificates, MIL standards, and verification
- AS9100 overview
- Auditing overview
- Manufacturing processes
- Documentation

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Wednesdays, 10/18–11/15, 5:30–8:30 PM

◊ Introduction to Reverse Engineering

As 3D printers become more common, scanners and the associated software also become more widely used within the manufacturing and engineering industries. This

20-hour course introduces students to reverse engineering through handheld scanners, the software used to recreate an object, and the process of evaluating and potentially redesigning the reproduced object. We encourage students to have some CAD programming experience prior to enrolling.

Fee: \$150 Admin Fee: \$50*

Location: Technology Career Institute

Time: Mondays & Wednesdays, 9/13–10/2, 6–9:30 PM



Welding I Certificate

This course is designed to train students to qualify for an American Welding Society (AWS) code. The course will explore basic welding processes and procedures, safety, interpretations of blueprints/shop drawings, metallurgy, different fabrication tools, different welding qualifications, and procedure qualification. In addition, students will receive a significant amount of hands-on training in:



- OFC/OFW (oxyfuel cutting/oxyfuel welding)
- SMAW (shielded metal arc welding)
- GMAW (gas metal arc welding)
- FCAW (flux core arc welding)
- GTAW (gas tungsten arc welding)

Fee: \$2,750. GI Bill® funding approved. Tuition is FREE through the DOL funded America's Promise Grant (Note: A \$200* charge to cover administrative fees will be collected upon registration).

► Attend our information session to find out more (details on page 15)

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time: Tuesdays, Wednesdays, Thursdays, 9/26–12/14, 5–9 PM. No class on 11/21–11/23.

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

— Earn Your Fabrication Certificate —

Machinist Technology PAGE 23 + **Engineering Technician** PAGE 23 + **Welding I** PAGE 25 take all at the Technology Career Institute!



**NEW PROGRAMS
COMING
SOON!**

Free tuition

2018

Biomedical Equipment
Repair Technology

Craft Brewing Technician

UAV/ROV Operator
Technician Program

Call for details
760.795.6820

Additional Advanced Manufacturing & Engineering Courses

◊Hydraulic & Pneumatic Systems

Hydraulic systems use a liquid, such as oil or water, while pneumatic systems use gas, such as air or nitrogen. This hands-on course introduces fluid power as an effective means of transferring, controlling and converting energy, its advantages, disadvantages, and modern usage within advanced manufacturing. Learn how to operate, maintain and troubleshoot equipment and systems safely and efficiently.

Fee: \$200

Location: Technology Career Institute

Time: Tuesdays & Thursdays, 9/5–9/28
5:30–8:30 PM

NEW ◊Introduction to the Internet of Things (IoT)

IoT refers to the connection of devices to the Internet. Cars, kitchen appliances, and heart monitors are all examples of current consumer products connected through the IoT. According to *Business Insider*, there will be more than 24 billion IoT devices by 2020. That’s approximately four devices for every person on the planet. About \$6 billion is anticipated to flow into IoT solutions. In this 15-hour introductory course, students will be exposed to four elements of industrial Internet of Things:

- Physical monitoring hardware
- Device programming
- Internet communication via ISP
- Creating data displays

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Thursdays, 10/12–11/9, 6–9 PM

*Tuition is FREE through the DOL funded America’s Promise Grant.

Note: The listed administrative fees will be collected upon registration.

◊MATLAB I

MATLAB is a scientific computing language and program platform widely used throughout industry. It is designed to simplify rapid development and prototyping of highly intensive applications. MATLAB is used in robotics, PLC design, electrical engineering, economics, financing, neural networks, video processing, image processing, data acquisition and more. You will learn to build your own functions based on processing audio signals and images. Finally, you will learn to use the various toolboxes available in the student version of the software.

Note: Students should have a strong basic math background and basic programming knowledge.

Fee: \$175

Location: Technology Career Institute

Time: 5 Saturdays, 9/9–10/7, 12–5 PM

◊PLC Programming I

Programmable Logic Controller (PLC) systems have evolved to become the central component to most automation systems today. Learn the basic skills to program, troubleshoot and configure PLC-based automation installations. Allen Bradley and Siemens are two systems commonly used within the manufacturing and engineering industries. Take one or both courses to gain a foundation in PLCs.

Note: A basic understanding of electrical circuitry is strongly recommended.

Fee: \$150 each

Location: Technology Career Institute

Class Options:

Siemens Software

Time: 4 Saturdays, 10/14–11/4, 12–5 PM

Allen Bradley Software

Time: 4 Saturdays, 11/18–12/16, 12–5 PM
No class on 11/25.

QUALIFIED EMPLOYEE TRAINERS WANTED!

Community Education & Workforce Development is looking for qualified individuals who are both industry experts **AND** natural instructors. If you have experience teaching more than 10 students at a time, love your field of expertise, contact us at **tci@miracosta.edu**.

Submit your resume, along with a short proposed class description. We look forward to hearing from you!

◊ Introduction to Python-xy

Python is a powerful programming language used in many areas of industry, such as:

- Computer vision
- Machine learning
- Robotics
- Web development
- Gaming

This course focuses on the basics of Python-xy programming with examples in computer networking and web applications. These basics will be the starting point for other future classes, including embedded computing courses using Raspberry Pi and robotic programming using RoboSDK.

Fee: \$150

Location: Technology Career Institute

Time: 5 Fridays, 10/6–11/3, 5–9 PM

◊ Welding and Metal Fabrication

If you are interested in welding and other authentic manufacturing processes, this class is a great introduction (or opportunity to practice existing skills). Topics include:

- Oxy-acetylene welding, cutting, brazing, soldering
- SMAW: electrodes and positions
- GMAW: hardwire, short and spray arc, gas coverage
- FCAW: inner and dual shield
- GTAW: aluminum, magnesium, stainless steel, carbon steel, brass, and gas coverage
- Plasma arc cutting

Students will also learn fabrication math, specialty certifications, fabrication skills, job steps from start to finish, tacking, squaring, order of welding, and basic critical thinking.

Fee: \$375

Location: Landes Recreation Center
2855 Cedar Road, Oceanside

Time: 15 Mondays, 9/11–12/18, 5–9 PM

NEW

Real Estate License Program

**Now an accelerated 4 month program,
includes licensing exam preparation!**

The Real Estate program provides the perfect training for those students planning to enter the real estate profession, as well as opportunities for those already working in real estate and related areas to increase their knowledge in the field. MiraCosta's Real Estate program has moved to the Community Education and Workforce Development



department and will no longer offer college credit. However, the duration of the course has been shortened to 160 hours in just 4 months and includes testing prep and the opportunity to take the real estate exam at the end of the class. Career options include real estate sales, property management, appraising, brokerage and mortgage services.

Course includes: Real Estate Principles, Real Estate Practice, Legal Aspects of Real Estate, Mastering Real Estate Math, Exam Preparation.

All licensing to become a real estate salesperson is conducted by the California Department of Consumer Affairs Bureau of Real Estate (BRE). To obtain a California Real Estate Salesperson license, candidates must first qualify for and pass a written examination. For current information about state licensing, go to: www.bre.ca.gov

Required Textbooks: California Real Estate Principles 14th Edition (Approx. \$80)
Mastering Real Estate Mathematics 7th Edition (Approx. \$9)

Time: COMING SOON. Call **760.795.6820** for information

Security Programs

We provide training to civilians, active duty/reserve military, veterans, law enforcement, and protection specialists. Our courses can be taken individually or grouped together. Our training pipelines produce highly trained protection specialists suitable for duty in non-permissive environments or to serve on professional, corporate, and celebrity protection teams.

Corporate & Celebrity Protection 8-Day Training

This is the ideal starting point for those wishing to get into the protection business or those transitioning from military or law enforcement, or for high threat protection specialists/WPS/PSD wanting to add corporate and celebrity protection to their existing knowledge and skill sets. Students will run complete details, including detail planning, advance work, site and client assessments, team brief, client brief/interview and providing 24-hour coverage for your assigned client(s).



High Risk Medic 6-Day Training

Whether you are working in the U.S. or abroad, well-rounded medical training can be the difference between life and death. Many people do not have time to attend lengthy EMT or paramedic courses, not to mention the opportunity to become a military medic. This course was designed with this in mind and covers the most important life-saving aspects of all these emergency medical professions.

High Threat Protection 19-Day Training

The HTP course bridges the gap between conventional domestic protective operations and war-zone PSD work. This course provides the training, knowledge, and skill sets to be a proficient protective team leader/member in all threat areas by focusing on one of the most challenging protective environments, the high threat-low profile area of operations.

Over the next year, we will be rolling out the following new programs:

- Advanced High Risk Protection
- Air Travel Threat Mitigation Training
- Crisis Management Negotiator
- Designated Defensive Marksman
- International Security Advisor
- Lone Protector Training
- Protective Security Driving
- Remote Security Operations
- Surveillance Detection/Counter Surveillance Program



For class times, dates and more information, go to htpscource.com.

Our programs are approved for GI Bill®, WIOA, and other funding options. Give us a call at 760.795.6822 to find out more.

Phlebotomy Technician

MiraCosta College Community Education & Workforce Development, in partnership with Family Health Services, is proud to offer this excellent opportunity for those seeking to enter the medical field as a CPT1 phlebotomy technician.

Students are required to complete:

- a minimum of 20-hours in basic phlebotomy
- a minimum of 20-hours in advanced phlebotomy
- a minimum of 40-hours in a laboratory course in applied phlebotomy
- 40-120 hours of clinical externship in a health care setting
- Includes career readiness: 11/8-11/17



Students who pass the course will also be eligible to take a certification examination offered by the National Center for Competency Testing (NCCT), in class at the conclusion of the course. Upon successful completion of the course, participants will be issued a state-approved training certificate.

Note: National exam fee, plus application fee, CPR training, and all immunization and background checks are not included in the tuition fee and must be paid by the student. High School Diploma or GED required.

Fee: \$2,750. GI Bill® and WIOA funding approved.

► [Attend our information session to find out more \(details on page 15\)](#)

Location: Technology Career Institute, 2075 Las Palmas Drive, Carlsbad

Time: Mondays, Wednesdays, and Fridays, 9/11-11/22, 5-8 PM. *No class on 11/10.*

Externship: Clinical externships will be provided and supervised by our phlebotomy program staff.

Veterinary Assistant

Become a veterinary assistant in just a few months! This program will provide an overview and entry-level training for the veterinary assistant profession. Learn basic animal care principles and techniques, safety procedures and state/federal guidelines.

Topics include:

- Basic anatomy and physiology
- Basic radiology
- Small animal breeds
- Animal nutrition
- Parasite control
- Recordkeeping and veterinary office procedures
- Client relations and communications
- Includes career readiness: 10/7 & 12/2, 9 AM-4 PM

Veterinary medical terminology, hospital patient care and reception skills will also be covered. Students will learn lab skills and surgical assisting appropriate to the veterinary assistant level. This class is entry level and specifically NOT veterinary technician training, which requires a two-year degree program.

Fee: \$980. GI Bill® and WIOA funding approved.

► [Attend our information session to find out more \(details on page 15\)](#)



Supplies: Students will need to purchase the book, "Veterinary Assisting Fundamentals & Applications" by Beth Vanhorn and Robert Clark (available on amazon.com) prior to the first class session.

Location: Oceanside Campus, Room 4526

Time: 12 Saturdays, 9/9-12/9, 9 AM-4 PM
No class on 11/11, 11/25.

Externship: We strongly recommended a minimum of 80 externship hours at the conclusion of the training (this is required for anyone receiving funding from an outside organization).

Medical Front Office

This course is intended for students interested in becoming a medical front office/medical receptionist/intake coordinator.

Fee: \$25

Supplies: \$79 (payable to instructor at orientation via PayPal)

Instructor: Kris Patterson

Online Class Dates:

2 Wednesdays, 10/11–10/18, 6:30–8:30 PM

Mandatory Online Orientation for BOTH classes: Saturday, 9/30, 10–11 AM

Note: Details on the purchase of materials will be covered at the orientation. Students will be notified with access to their online class prior to the orientation.

Medical Insurance Billing Certificate Program

A comprehensive study of medical insurance billing, introduction to CPT, ICD, HCPCS coding and collection strategies.

Prerequisite: Students must have basic computer knowledge, internet access, Adobe Flash player and Adobe Acrobat Reader.

Fee: \$150

Supplies: \$350 (payable to instructor at orientation via PayPal)

Instructor: Kris Patterson

Online Class Dates: Tuesdays &

Thursdays, 10/3–11/16, 6:30–8:30 PM, and 1 Saturday, 10/14, 10 AM–2 PM.

No class on 10/31, 11/7, 11/9.



Visit kgpllc.net for more details of these course.

Online Learning

Anytime, anywhere... just a click away!



- Health Care Programs
- Business/Legal Programs
- Construction/Automotive Programs
- Video Game Design/Development Programs
- Networking/Comp TIA Certification Training Programs
- Internet, Design, and Technical Programs

In partnership with Ed2go, MiraCosta Community Education & Workforce Development provides detailed certificated program outlines, descriptions, and demos at careertraining.ed2go.com/MiraCosta.

For more information call **760.795.6820**.



Thinking About a New Career?

Choose the training employers already use!

Trusted by some of the largest and most respected names in healthcare, our online training programs teach you the skills employers need. Available programs include:

- Medical Coding and Billing with PCS
- Medical Transcription and Editing
- Pharmacy Technician

Attend our information session and get **FREE BOOKS** if you enroll!

Thursday, August 24, 2017 at 6 PM

MiraCosta College
Oceanside Campus
Room 3511

1-877-225-7151

CareerStep.com/miracosta



COMMUNITY EDUCATION & WORKFORCE DEVELOPMENT



CareerStep
ACADEMIC PARTNERSHIPS

Online Electronics/Robotics

MiraCosta Community Education, in partnership with George Brown College, is proud to offer six interactive and highly innovative distance education programs that combine state-of-the-art lab simulation with award-winning curriculum. The program content is delivered on CD, DVD or USB drive, and is supported through the online virtual campus.

Automation Technician

This program provides an introduction to industrial automation, including digital electronics, process control, and programming of PLCs, robotic and SCADA systems.

Fee: \$1,850 or pay as you go (cost per module available online).

Robotics Technician

This program provides an introduction to industrial robotics and explains how they are used in plants or manufacturing systems.

Fee: \$1,650 or pay as you go: initial registration **\$570, \$90** for each of the remaining 12 modules.

Electronics Technician

The ET program covers the fundamentals of electronics and prepares for further on-the-job training as a consumer, commercial or industrial electronics service technician.

Fee: \$1,750 or pay as you go: initial registration **\$430, \$60** for each of the remaining 22 modules.

Programmable Logic Controller (PLC) Technician

This program provides a basic introduction to PLCs and is designed for people with little or no background in the area. Visit website for more information.

Fee: \$1,800 or pay as you go: initial registration **\$450, \$75** for each of the remaining 18 modules.

Electromechanical Technician

The ET program is designed to provide students with a foundation in electromechanical technology, such as industrial maintenance, design and installation, technical services, technical sales, and industrial research.

Fee: \$1,800 or pay as you go: initial registration **\$430, \$60** for each of the remaining 23 modules.

In partnership with George Brown College, MiraCosta Community Education & Workforce Development provides more information at www.miracosta-gbc.com or call us at 866.277.0881.

NEW Online Alcohol & Drug Counseling Program—CCAPP Approved

In the comfort of your home, at your convenience

This is not a job it is a calling, most student choose alcohol and drug counseling field because they either struggled with or have seen a loved one struggle with addiction. Many alcohol and drug counselors have successful careers at lucrative treatment centers. Labor market studies show there is a high demand for Alcohol and Drug Counselors.

This is an online program, and students can complete all modules at their leisure from home in just 4 months. Live lectures via skype are available on Friday evening and weekends at assigned times. MiraCosta College Technology Career Institute is happy to partner with the California Mind Institute to offer this program. California Mind Insatiate is approved by California Consortium of Addiction Programs and Professionals (CCAPP) and Bureau of Private and Postsecondary Education (BPPE).

There will be a free online orientation on Friday, August 25 at 6 PM. Please call 760.795.6820 to register for the orientation and receive online access instructions.

Note: Sallie Mae Student Loan funding available. This course is GI Bill® approved.

Fee: \$4,999 (course password will be sent once the course fee is paid in full)

Instructor: Carolyn Howell, MFTT, LAADC, CADCI/CADC

Location: Online **Time:** 9/1/17–12/10/17



Human Resources Certificate Program—3 Fridays!

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days. This program has been approved for 23 general recertification credit hours toward PHR, SPHR and GPHR recertification through the Human Resource Certification Institute (HRCI). All content is designed to address core HR competencies:

- History and role of human resources in today’s workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting & retention) strategies
- Employment law & compliance hot topics
- Effective employee relations and termination

Fee: \$98/class or \$530 for all six sessions

Instructor: Nadia Ardebili

Location: Technology Career Institute

Time: 3 Fridays, 9/8–9/22, 8:30 AM–12:30 PM and 1:30–5:30 PM

Voice-Overs...Now is Your Time!

You’ve heard Lisa Foster on TV and radio commercials! Now hear Lisa LIVE as she illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. Lisa will show you a unique, outside-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you’ve been looking for! Lisa Foster’s voice can be heard on commercials and narrations for such clients as Crest Toothpaste, Olay, Cafe Appassionato, LA Weight Loss, Advanced Laser Clinics and Sleep Train.

Fee: \$48. Early Bird Special \$39 (Register BEFORE 9/30 for this rate)

Instructor: Lisa Foster

Location: San Elijo Campus, Room 306

Time: 1 Monday, 10/16, 6:30–8:30 PM



Explore 250 Legitimate Home—Based Business Ideas

Turn talents and hobbies into profits. Taught by a Chamber of Commerce past president and award-winning business owner, this is the most comprehensive business start-up workshop you will ever find. You will discover:

- More than 250 legitimate home business ideas
- How to determine which one is best for you
- Mandatory legal documentation
- Many ways to market your product/service
- How to take tax deductions (this workshop included!)

Fee: \$60. Early Bird Special \$50 (Register BEFORE 11/2 for this rate)

Supplies: \$20 material fee for three booklets will be collected in class.

Instructor: LeeAnne Krusemark

Location: Oceanside Campus, Room T402

Time: 1 Wednesday, 11/8, 6:30–8:30 PM

Make Extra Income—DMV Auto Wholesale Business from Home

Learn how to make extra income buying and selling wholesale cars as a home-based business. You will learn six techniques that can earn you \$3,000 selling just one to three cars a month. Learn how to get your auto dealer license and how to operate a profitable used car business. Find out the how and where of buying at wholesale prices and how to sell at retail for a very good profit. You’ll get a FREE list of the 300+ dealer-only auctions in the USA where automobiles are sold below wholesale. This class is DMV approved and you’ll receive a DMV certificate of completion at the end of the class.

Fee: \$95. Early Bird Special \$89 (Register BEFORE 11/9 for this rate)

Supplies: \$25 material fee will be collected in class. Please bring a notebook and pen to class.

Instructor: Wayne Williams

Location: Oceanside Campus, Room T520

Time: 1 Wednesday & 1 Thursday, 11/15 & 11/16 6–9 PM

Become a Notary Public the Smart Way—In One Day!

New Laws This Year!

Making extra money is a great idea and it shows your amazing initiative. Establish yourself as a notary public, earn additional income and provide a service to your community. Notary skills are valuable in almost any industry: real estate, legal, medical, and banking to name just a few. This six-hour state-approved seminar gives you the knowledge to pass the exam and practice as an effective notary. You will find out about new legislation, how to pass the test (must be taken every four years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. After becoming a notary, train to become a loan signing agent and make \$200 to \$400 per signing. You'll be a part of a rewarding and lasting career. Must be at least 18 years old and have a clean record.

Note: You are automatically registered for the official state exam directly following the seminar. See box to the right regarding the notary test and fee. Due to state regulations, no one will be admitted to the classroom after 8:30 AM. In addition, you must be on time when returning to the classroom from a break. Refunds will not be issued.

Fee: \$99

Supplies: \$35 material fee will be collected in class.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3103

Time: 1 Saturday, 12/2, 8 AM–6 PM

Renewing Notaries

Need to renew your notary commission? We'll feature the new state laws passed this year and give you a brush-up on general law to make sure you haven't fallen into any bad habits. Your commission must be current to be eligible for the three-hour seminar. Renewing notaries must take the exam and submit livescan fingerprints again. A six-hour approved course must be taken first.

Note: You are automatically registered for the official state exam directly following the seminar. See box regarding the notary test and fee.

Fee: \$50

Supplies: \$35 material fee will be collected in class.

Location: Oceanside Campus, Room 3103

Time: 1 Saturday, 12/2, 12:45–6 PM

Notary Testing

For those students who need just the notary exam—either preregister with MiraCosta College Community Education or pay at the door. A six-hour approved course must be completed before you are eligible to take the notary exam (see box regarding the notary test).

Fee: \$25

Location: Oceanside Campus, Room 3103

Time: 1 Saturday, 12/2, 3:45–6 PM

For regular notary, renewing notary, and those taking just the test,

Cooperative Personnel Service will register you for the exam from 3:45–4:45 PM. The exam will be from 4:45–5:45 PM. If you are taking the exam, you will need the following:

\$40 check made payable to "Secretary of State," current CA driver's license with photo or state-issued ID card, a 2"x2" color photo of yourself, and two #2 pencils. **If you took your notary class online, you MUST have your certificate of completion with you.** Fingerprints are required after you pass the exam. Serious convictions may disqualify applicants.

Become a Certified Loan-Signing Agent

Discover failproof methods to complete the notarization of each loan package. A loan signing agent notarizes loan packages for clients who are purchasing or refinancing homes. In our seminar, you'll learn simple steps to ensure success with each client. We'll cover document preparation and effective communication before, during, and after the signing. We'll also teach you how to usher clients through the process with the awareness of which issues you are allowed to address or which ones you must refer to the lender. Unlike most online loan signing classes that only teach you to recognize documents, our seminar also gives you hands-on, practical experience that is invaluable to new agents. You not only learn how to recognize each document in a loan package, but how to handle tricky situations, how to interact with clients and signers, and how to find business!

Fee: \$99

Supplies: \$40 material fee and a \$20 certificate fee will be collected in class.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3103

Time: 1 Saturday, 12/9, 10 AM–4 PM

CAREER & WORK SKILLS TRAINING



Furniture Re-Imagined

All levels are welcome.

Inspired by a popular DIY show Furniture Re-Imagined is a class that explores applying different finishes, upholstery fabrics and the repurposing of traditional type furniture. So bring your chairs, small dressers, side tables and headboards. Topics include:

- How to prep your wood
- Paint furniture
- Antiquing & distressing
- Re-styling
- Fabrics

Note: Demonstrations may have handouts. Please bring binder and paper for notes. Resources for your supplies will be given (no sofas or large items please).

Fee: \$195. Early Bird Special \$185 (Register BEFORE 9/2 for this rate)

Supplies: Students will be responsible for their own materials.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road Oceanside

Time: 8 Saturdays, 9/9–11/4, 9 AM–3 PM
No class on 9/30.

Beginning Upholstery

Learn the craft of upholstery! This class will teach you the basic fundamentals and techniques. Bring your own projects to learn on. This class will take you through fabrics, planning, terminology, as well as using hand tools for upholstery. This is an interesting and informative hands-on class. Suitable for those who are entering the field, as well as the DIYer.

Wing chairs, side chairs, dining chairs, stools, benches, ottomans, cushions, and upholstered accessories recommended in this beginning class. Those of you entering the field will begin to prepare your professional portfolio. Together we will plan your procedure and list materials needed to learn the art of upholstery.

Topics are:

- Tools, terms and supplies
- Overview of sewing machines
- Measuring and estimating
- Pattern layout (charting)
- Selecting fabrics

Demonstrations may have handouts. Please bring binder and paper for notes. Please note upholstery of sofas and large items are reserved for advanced students. Resources for your supplies will be given.

Fee: \$137. Early Bird Special \$125 (Register BEFORE 8/30 for this rate)

Supplies: Limited supplies included

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road, Oceanside

Time: 8 Tuesdays, 9/5–10/24, 12–4 PM

Upon successful completion of both Beginning and Advanced Upholstery classes, the student will receive a Certificate of Accomplishment from MiraCosta College.



Advanced Upholstery

Advanced students will build on their intermediate knowledge and will be learning additional, more difficult and technical techniques. You will learn about styling in general and will learn to identify many types of fabrics, and furniture styles. You will also be taught to identify furniture building techniques and construction. Advanced students will also gain a working knowledge of finishes and minor wood restoration. Those of you entering or in the field will be adding to your current portfolio as well as editing its content as your skills have improved. You will also be compiling a notebook of suppliers, cost sheets, handouts on quoting etc.

Demonstrations may have handouts. Please bring binder and paper for notes. Please note upholstery of sofas and large items are on a scheduled (1 item at a time) and most importantly, a proven skills basis.

Fee: \$135. Early Bird Special \$125 (Register BEFORE 9/1 for this rate)

Supplies: Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road Oceanside

Time: 8 Thursdays, 9/7–10/26, 5–9 PM

SAT Preparation Workshop— Math or English

Give yourself the best advantage you can when you take the SAT. This may be one of the most important tests you ever take. This 10-hour course is designed to offer students a thorough overview of the exam. The program will familiarize you with each question type and teach you strategies for all sections of the exam. You will receive in-class and home study materials and will be given ample opportunity for practice and discussion.

Note: In order for students to get the most out of this course and benefit from its instruction, it is important that they complete ALL scheduled classes BEFORE they take the SAT exam.

Fee: \$120 each subject. Early Bird Special \$99 each subject (Register BEFORE 9/2 for Math and BEFORE 9/16 for English).

Supplies: Students must purchase “*Cracking the SAT Premium Edition*” (ISBN: 978-1101920480) prior to the start of class. Students should also bring a notebook, calculator, pen, plastic polymer eraser, and pencil to class.

Subject: Math SAT Preparation

Instructor: Joseph King

Location: Oceanside Campus, Room 4607

Time: 2 Saturdays, 9/9–9/16, 9 AM–2 PM

Subject: English SAT Preparation

Instructor: TBA

Location: Oceanside Campus, Room 4611

Time: 2 Saturdays, 9/23–9/30, 9 AM–2 PM



Classes & excursions sell out quickly!

Call or register online to reserve your space—bring a friend or relative to make it more fun: 760.795.6820 or miracosta.augusoft.edu.

Creating a Website or Blog with WordPress

Students learn the basic principles of creating a website with WordPress.com and WordPress.org. WordPress.com will be used in class because it's free and easy to set up. No special software is necessary and WordPress.com can run on Windows or Mac computers. WordPress is user friendly, provides good search engine optimization, and has lots of free online support. In addition, it's easy to update your content online and set

up your site with a professional theme. Come see why there are over 56 million WordPress sites in the world!

Fee: \$89. Early Bird Special \$79 (Register BEFORE 9/9 for this rate)

Supplies: Students should have an idea of how the website will look and the content it will contain. Students may bring digital pictures to upload. Bring sack lunch or snacks.

Instructor: Amy Hall

Location: San Elijo Campus, Room 107

Time: 2 Saturdays, 9/16–9/23, 10 AM–1 PM

Beginning Adobe Photoshop Workshop

Would you like to know more about how to edit and improve your photos using Adobe Photoshop? If so, then this short two-day hands-on class is for you! Photoshop can be used for relatively simple photo-editing tasks, such as image sizing, cropping, red-eye correction, color balancing, and exposure correction. But, Photoshop can do SO much more! The class begins with an overview of the Photoshop workspace including a discussion of the key photo-editing tools. The course content then expands to include more advanced topics, such as combining images and using filters and adjustments for interesting effects, and working with layers and brushes to create unique artistic works.

Note: Students should have basic computer and mouse skills. Bring sack lunch.

Fee: \$95. Early Bird Special \$79 (Register BEFORE 10/7 for this rate)

Supplies: \$5 material fee will be collected in class for handouts. Students should bring a USB flash drive.

Instructor: Gary Koop

Location: San Elijo Campus, Room 107

Time: 2 Saturdays, 10/14–10/21, 10 AM–2:30 PM (with 30 minute lunch)



COMPUTER

Introduction to QuickBooks Workshop

You will receive hands-on experience using QuickBooks Pro, software designed to help small- and medium-sized businesses maintain their financial data with ease and accuracy. We will begin with an introduction to basic accounting fundamentals, then learn how to maneuver through the software easily, as well as basic file management principles. Then you will learn the basic skills needed to effectively deal with customers, vendors, banking transactions and what happens “behind the scenes” as QuickBooks helps you manage financial data including reports, such as the balance sheet and profit & loss. The instructor will address your real-life bookkeeping issues in your business.

Fee: \$115. Early Bird Special \$105 (Register BEFORE 9/2 for this rate)

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive. Bring snack or sack lunch.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 9/9–9/16, 10 AM–2 PM

Microsoft Excel for the Business Professional—2-Day Workshop

Students must be familiar with the basics of Microsoft Excel.

In this workshop, you will move beyond opening a spreadsheet and typing in values. Topics include:

- Create user-friendly worksheets through the use of cell and table style galleries to quickly format your spreadsheet the way you want.
- Use Excel’s conditional formatting feature.
- Create reports and interactive charts and PivotTables.
- Write powerful math formulas that will help you perform complex math functions, make decisions, and look up values in a table. And much more.

Fee: \$85. Early Bird Special \$75 (Register BEFORE 11/23 for this rate)

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 2 Saturdays, 12/2 & 12/9, 9 AM–1 PM

Microsoft Excel 2-Day Workshop—One Step Above the Basics

Students should know how to use the keyboard and mouse and know how to open and save a file. For those students not using Excel on a regular basis, we encourage you to sign up for the MS Office Suite. In this class, learn through easy-to-understand instructions about how to create and edit basic worksheets and workbooks in order to give you a solid understanding of the basic functionality of Excel when completing tasks. Learn how to make your spreadsheets more professional, write basic mathematical formulas, sort and analyze data, create charts and graphs, and more!

Fee: \$85. Early Bird Special \$75 (Register BEFORE 10/21 for this rate)

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 2 Saturdays, 10/28 & 11/4, 9 AM–1 PM

Microsoft Office Suite Workshop

Essential training on Word, Excel and PowerPoint for businesses and working from home on a PC.

Day 1: MS Word. Students will use real world examples to learn the core features and tools. Learn how to orient yourself to MS Word interface, then delve into the functionality at the heart of Word: creating, editing, and formatting documents.

Day 2: MS Excel. Learn tips and shortcuts to increase efficiency and get the full power out of Excel. Get more familiar with the ribbon and quick access toolbar; navigate workbooks and selecting cells; learn tips for data entry and editing; and much more!

Day 3: PowerPoint. Engage an audience with images, charts and diagrams in a professional presentation. This course covers how to start a presentation from scratch, apply slide layouts for consistency, rearrange slides, run a presentation for an audience, format, add and customize with different features.

Fee: \$150 Early Bird Special \$140 (Register BEFORE 9/23 for this rate)

Supplies: \$10 material fee will be collected in class. Students should bring a USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 3 Saturdays, 9/30–10/14, 9 AM–1 PM

**ATTENTION
COMPUTER STUDENTS**

You are required to bring a backup medium for your files. We recommend at least an empty 2 GB USB flash drive.



The Best Program in North County

There are two requirements in order to get a driver's license in the state of California before the age of 18. 1) **Classroom Drivers Education** and 2) **Behind-the-Wheel Drivers Training**. MiraCosta College offers both! Students must be at least 15 in order to take drivers education classes and 15 ½ to take behind-the-wheel training.

OUR PACKAGE DEAL*

Sign up for both programs at the same time and pay **\$360**. This is a **\$30** savings! Individually, Drivers Education is \$90 and Behind-the-Wheel is **\$300**.

Please call **760.795.6825** for more information.

CALIFORNIA DMV-APPROVED ONLINE DRIVER EDUCATION

Fee: \$30. (Package deal does not apply to Online Driver Education)

You must register online:

<http://miracostacollege.courseinstruction.com/course/register/1>

Classroom Drivers Education

Fee: \$90

Certified instructors interact with students using guest speakers, contemporary audio/visual aids and the most recent edition of *License to Drive*. Please call 760.795.6825.

MiraCosta College Oceanside Campus

1 Barnard Drive, Oceanside, Room 3201

4 Saturdays, 8 AM–3:15 PM

- 9/9–9/30
- 10/7–10/28
- 11/4–12/9 *No class 11/11 and 11/25.*

MiraCosta College San Elijo Campus

3333 Manchester Avenue, Cardiff, Room 203

4 Saturdays, 8 AM–3:15 PM

- 9/9–9/30
- 11/4–12/9 *No class 11/11 and 11/25.*

Adult Drivers Training

Fee: \$323

(18 years of age and older)

Lessons consist of three days of training, two hours per day. The instructor will pick you up at your home. You must have a valid California learner's permit to sign up. (Package deal does not apply).

Call 760.231.1221 to register.



Behind-The-Wheel Training

Fee: \$300

Six hours of one-on-one training

Students receive six hours of one-on-one instruction in our Behind-the-Wheel Drivers Training Program. Convenient times



after school, evenings, and weekends are available. Behind-the-Wheel Drivers Training pickup locations: Carlsbad High, El Camino High, Rancho Buena Vista High, La Costa Canyon High, Sage Creek High, MiraCosta College in Oceanside and MiraCosta College in Cardiff. All licensed instructors are professional and reliable. Our courses satisfy all DMV requirements. Students taking advantage of our Package Deal will choose their dates for Behind-the-Wheel Drivers Training during their Classroom Drivers Education class session.

To register for Behind-the-Wheel Training, please call 760.231.1221.

Pre-enrollment is required for both Classroom Drivers Education and Behind-the-Wheel Drivers Training programs. Please call 760.795.6825 or 795.6820 to register over the phone with a Visa, MasterCard or Discover Card or come in person to the MiraCosta College Oceanside Campus Building T510 or TCI Campus in Carlsbad. You can also register online at <http://miracosta.augusoft.net>. To register for Behind-the-Wheel Training only, 760.231.1221.

**Students taking advantage of our package deal will choose their dates for Behind-the-Wheel Training while taking Classroom Drivers Education. You must complete the Behind-the-Wheel Drivers Training Program within one year of completing Classroom Drivers Education.*



Beginning Ballroom

No partner necessary.

Learn to dance with confidence, grace, and style. This is a great class to brush up or to learn new dances. This session, we are exploring the elegant waltz, and the conversational dance, foxtrot. We will cover social dancing, and how to take the material we learn in class to an actual real-life dance situation.

Fee: \$89. Early Bird Special \$79 (Register BEFORE 9/2 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil.

Instructor: Ana Gloria

Location: San Elijo Campus, Room 204

Time: 7 Fridays, 9/8–10/20, 6:30–7:30 PM

Dancing at Social Events or Weddings

No partner necessary.

Learn the basics to be able to dance to any music, anywhere! This is a great starter course if you have never danced or taken a dance class. When the music begins playing, you will be ready. Whether you have a wedding or anniversary coming up, are going on a cruise, or any other social function—this class will get you dancing for the holidays.

Fee: \$59. Early Bird Special \$45 (Register BEFORE 9/16 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil.

Instructor: Ana Gloria

Location: San Elijo Campus, Room 204

Time: 2 Saturdays, 9/23–9/30, 9–11 AM

Foxtrot—Fred & Ginger All the Way!

No experience required.

American Smooth Foxtrot, popularized by Fred and Ginger will leave you gliding around the dance floor at weddings and special events. The quintessential ballroom dance that anyone can learn. Come see how much fun partner dancing can be! Taught by a World Champion Ballroom Dancer. Both partners must register.

Note: Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$99. Early Bird Special \$90 (Register BEFORE 9/7 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 9/13–10/18, 6–6:55 PM

NEW Viennese Waltz Dance Workshop

Bring back the old world glamour and learn to Viennese Waltz! Once considered scandalous in its day because the couple danced so close. This is the original Waltz. Come see what all the fuss was about! Romance and exercise combined. Detailed instruction by a world champion ballroom dancer will have you waltzing out the door in 6 weeks.

Note: Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$109. Early Bird Special \$99 (Register BEFORE 10/14 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: La Costa Canyon High School, Dance Room

Time: 6 Thursdays, 11/2–12/14, 6:45–7:40 PM
No class on 11/23.

Salsa & Bachata Dance

No partner necessary.

All levels are welcome

Whether you are getting ready for an event or want to dance at Latin night clubs, this class will give you the confidence to dance the night away! The focus will be on Salsa & Bachata.

Fee: \$89. Early Bird Special \$79

(Register BEFORE 9/2 for this rate)

Supplies: Wear soft, smooth-soled shoes (no flip flops). Please bring a notepad and pen or pencil.

Instructor: Ana Gloria

Location: San Elijo Campus, Room 204

Time: 7 Fridays, 9/8–10/20, 7:40–8:40 PM



Latin Dance Workshop

This session focuses on the American Rumba, the perfect dance to begin your Latin Dance Training. The music is slower than salsa, giving leaders time to figure out how it all works! Rumba can be danced in small spaces and to a broad range of musical styles and tempos. world champion ballroom dancer will get you from zero to ten in no time!

Note: Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$99. Early Bird Special \$90
(Register BEFORE 9/7 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 9/13–10/18, 7–7:55 PM



Country Line Dance: Beginner/Intermediate

Come on out and kick up your heels!!

A fun, energizing line dance class doing dances from local San Diego and Temecula Country Line dance clubs.

High beginner to low/ mid intermediate levels: recommended for students with some line dance experience.

Great for cardio fitness, improve muscle strength and memory. Make new friends! Country, Pop, and R&B.



Fee: \$89. Early Bird Special \$79

(Register BEFORE 9/1 for this rate)

Supplies: Wear soft, smooth-soled shoes.

Instructor: Vicki Deriso

Location: San Elijo Campus, Room 204

Time: 7 Wednesdays, 9/6–10/18, 7–8 PM



Swing Dance Workshop

East Coast swing is a great dance to get you moving and having fun on the dance floor! It's the "classic" swing and is a very versatile dance. It's popular with bands of all kinds, at weddings, and events. Detailed instruction from a world champion ballroom dancer will quickly get you where you want to be! Grab a partner and sign up, or contact the instructor for availability of joining solo.

Note: Please contact instructor if you would like to sign up solo, email her at michellelmadore@gmail.com

Fee: \$99. Early Bird Special \$89
(Register BEFORE 9/2 for this rate)

Supplies: Wear comfortable clothes and shoes with little or no traction.

Instructor: Michelle Madore

Location: La Costa Canyon High School, Dance Room

Time: 5 Thursdays, 9/14–10/12, 6:45–7:40 PM

Balance/Coordination for Active Older Adults

These simple, safe, but challenging exercises are designed to improve balance and coordination. They will include exercises to improve core muscle strength, as well as overall muscular strength. Participants will move in often unpracticed ways, such as backwards, tilting and turning. Fall prevention and recovery will be practiced throughout the course.

Fee: \$44

Instructor: Colleen Soto

Location: La Colonia Park, Recreation Room

Time: 11 Fridays, 9/8–12/8, 10–11 AM
No class on 9/22, 11/10 & 11/24.



NEW Fit, Sit & Stand for Active Older Adults

The goal of this class is to maintain/increase strength, balance and flexibility for all participants. Exercises include a short cardio/warm up, full body resistance exercises, balance and coordination exercises and muscle/joint specific stretches; all performed either standing or sitting in a chair. Movements are presented at various levels of intensity with modifications, as needed, making it appropriate for all participants.

Note: Complimentary parking available until 11:15 AM at Jake's Del Mar Restaurant

Fee: \$72. Early Bird Special \$52 (Register BEFORE 9/6)

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring towel & water.

Instructor: Leslie Siegel

Location: Del Mar Powerhouse, Community Room

Time: 13 sessions.
 Tuesdays & Thursdays
 9/7–10/19, 10–11 AM

Sign up for Free Sample Class Day
 Tuesday
 9/5, 10–11 AM

Fee: \$50. Early Bird Special \$36 (Register BEFORE 11/14)

Time: 9 sessions. Tuesdays & Thursdays
 11/14–12/14, 10–11 AM. *No class on 11/23.*

Fitness For Active Older Adults

Work out with energetic, active adults. The exercises are specific for improving and maintaining quality of life and injury prevention. All participants are encouraged to challenge their individual fitness level to maintain and improve overall health. This class is geared to the senior exerciser seeking improved strength, vitality and an active lifestyle.

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring hand-held weights, towel, thick exercise mat and water to class. Most yoga mats are too thin for the floor work.

Offered at multiple locations for your convenience

Fee: \$84

Instructor: Colleen Soto

Location: La Colonia Park, Recreation Room

Time: 21 sessions. Mondays, Wednesdays & Fridays
 9/6–10/27, 7:45–8:45 AM **OR** 9–10 AM
No class on 9/22, 10/23.

Fee: \$72

Time: 18 sessions. Mondays, Wednesdays & Fridays
 10/30–12/13, 7:45–8:45 AM **OR** 9–10 AM
No class on 11/10 & 11/24.

Fee: \$80. Early Bird Special \$60 (Register BEFORE 9/1 for this rate)

Instructor: Leslie Siegel

Location: Ocean Air, Gym

Time: 12 sessions. Wednesdays & Fridays
 9/6–10/13, 8:45–10 AM

Fee: \$85. Early Bird Special \$65 (Register BEFORE 10/19 for this rate)

Time: 13 sessions. Wednesdays & Fridays
 10/25–12/15, 8:45–10 AM
No class on 11/10, 11/22, & 11/24.

Fee: \$56

Instructor: Susan Bornhoft

Location: Del Mar Powerhouse, Community Room

Time: 14 sessions. Tuesdays & Thursdays
 9/5–10/19, 9–10 AM

Fee: \$24

Time: 6 sessions. Tuesdays & Thursdays
 11/28–12/14, 9–10 AM





Meditation for Everyone

All physical levels are welcome

Please join Christina Neumeyer and learn this simple, affordable, and ancient technique of focused relaxation, a perfect class for both new and experienced practitioners. Research has consistently shown that meditation can reduce symptoms related to chronic pain, insomnia, and anxiety. Breathing exercises, soft music, and quiet contemplation help to reduce stress hormones and improve well-being. Each class will offer skills to increase calmness, allowing you to self-soothe and engage more deeply in life's daily tasks. Christina offers a wealth of resources, book recommendations and handouts, keeping the class momentum interactive.

Fee: \$49. Early Bird Special \$39
(Register BEFORE 9/22 for this rate)

Supplies: Please bring a towel or a mat.

Instructor: Christina Neumeyer

Location: Del Mar Powerhouse, Community Room

Time: 3 Tuesdays, 10/3–10/17, 11 AM–12 PM

NEW Reiki Stress Relieving Technique

Reiki is a simple, natural and safe method of energetic healing and self-improvement that everyone can learn. One of the greatest Reiki health benefits is stress reduction and relaxation, which triggers the body's natural healing abilities (immune system), aids in better sleep and helps relieve anxiety. At the end of class, you will be able to give Reiki not only to yourself, but your family, friends, and even your pets.

Supplies: Please bring sack lunch, paper, pen, and wear comfortable clothing.

Fee: \$69. Early Bird Special \$49
(Register BEFORE 9/30 for this rate)

Instructor: Karl Johnson & Ani Evstice

Location: San Elijo Campus, Room 204

Time: 1 Saturday, 10/14, 10 AM–4 PM

Pilates Mat Class

Pilates Mat Class is a total body workout done on a mat with resistance exercises and no impact to the joints. The exercises challenge your core, as well as stretching and strengthening your entire body. This class is taught in a focused and fun environment for all to benefit and enjoy. You will leave this class feeling stronger, energized and ready to start your day!

Fee: \$69

Supplies: Please bring exercise mat to class.

Instructor: Geri Jones

Location: Fletcher Cove, Community Center

Time: 7 Thursdays, 9/7–10/26, 9:15–10:15 AM
No class on 10/5.

Fee: \$77

Time: 8 Mondays, 9/11–10/30, 9:15–10:15 AM



Superior Enrichment at a Low Cost!

Enjoy all that MiraCosta College has to offer to enrich your life!

Try our fitness classes, learn all about wine tasting, or spend a few months increasing your dance skills.





T'ai Chi by the Sea—Del Mar

Inhale a deep ocean-fresh breath and RELAX! Join our practice of T'ai chi ch'uan, the ancient, world-renowned Chinese fitness and martial arts exercise that stimulates and circulates your vital internal chi energy and conditions your whole body. Practicing a fluid set of yin/yang easy-to-learn movements promotes balance, harmony and coordination, while improving strength, flexibility and posture. Learn five elements and other T'ai chi forms.

Fee: \$75. Early Bird Special \$60 (Register BEFORE 9/2 for this rate)

Supplies: Wear comfortable clothes and shoes.

Instructor: Mary Ann Sowards

Location: Del Mar Powerhouse, Community Room

Time: 6 Mondays, 9/11–10/16, 9:15–10:15 AM

T'ai Chi by the Sea—Fletcher Cove

Achieve T'ai chi fitness at our cottage high above Solana Beach. Learn this ancient Chinese full body mind health exercise while practicing the harmonizing yin/yang principles—relaxation, deep breathing, movement—that stimulate and circulate vital internal energy. Improve your balance, flexibility, coordination, strength and posture.

Level 1 students will learn the Five Elements, Five Animals, Pat Down, along with the basic flowing steps and patterns.

Level 2 students will learn the world-famous 24-movement Yang-style form.

Fee: \$85. Early Bird Special \$75 (Register BEFORE 9/2 for this rate)

Supplies: Wear flat, non-skid shoes.

Instructor: Mary Ann Sowards

Location: Fletcher Cove, Community Room

T'ai Chi Level 1

Time: 8 Fridays, 9/8–10/27, 8:45 AM–9:45 AM

T'ai Chi Level 2

Time: 8 Fridays, 9/8–10/27, 10–11 AM

Therapeutic Massage for Couples—Health & Wellness

Just in time before the holidays!

After a long, stressful day at work or a strenuous athletic event, there is no better feeling than receiving a nourishing, therapeutic massage by your partner or loved one in your own home. Taught by a professional massage therapist with over 20 years of experience, Therapeutic Massage for Couples teaches a professional, quick 10, 15 or 20-minute quality massage session designed to reduce stress and some common ailments such as headaches, low back issues or tired achy feet. You can stay in your comfortable clothing and there is no expensive equipment required. Massage can be easily enjoyed in your everyday life and for a lifetime!

Fee: \$89 per couple. Early Bird Special \$79 per couple (Register BEFORE 10/7 for this rate)

Supplies: \$10 material fee will be collected in class for handouts and massage lotion. Please bring note paper, small hand towel, mats, two pillows, and wear loose, comfortable clothing.

Instructor: Keoni & Kasey Salgado

Location: San Elijo Campus, Room 204

Time: 1 Saturday, 10/21, 10 AM–2 PM





NEW Made with Love: Homemade Doggie Treats

Looking for healthy doggie treat options that won't break the bank? Join us for doggie treat making. Together we learn how to make healthy dog treats, adjust recipes for specialty diets, such as gluten free, and actually make the treats in class. You will leave with treats, recipe cards and, the confidence to make more treats.

Fee: \$59. Early Bird Special \$49
(Register BEFORE 9/30 for this rate).

Supplies: \$45 material fee will be collected in class for storage containers & supplies for making treats. Please bring apron (optional), pen and paper.

Instructor: Jami Rick

Location: San Elijo Campus, Room 406

Time: 1 Saturday, 10/14, 10 AM–12 PM

For the Love of France— Wine Tasting

Lover of France? Join sommelier Bridget Cheslock as she takes you on a virtual journey through France's wine regions, some famous and some up and coming. You'll sip your way through Champagne, Burgundy, Bordeaux and much more paired with classic eats and sweets from the regions. We'll end our six-week series with an off-site field trip to a local French restaurant to try out your new found knowledge, order from a classic French wine list and indulge in some delicious dishes!

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register. Transportation for field trip is not provided.

Fee: \$98. Early Bird Special \$80
(Register BEFORE 10/26 for this rate)

Supplies: \$60 material fee will be collected in class. Please bring 3 wine glasses, pen & paper to each class.

Instructor: Bridget Cheslock

Location: San Elijo Campus, Room 406

Time: 6 Wednesdays, 11/1–12/13, 6–8 PM
No class on 11/22.

Italian Wine, Food & Culture

**Instructor was picked by
Kristin Maccarrone**

If you love everything Italian, then this class is for you! Immerse yourself in Italian wine, food and culture as sommelier Bridget Cheslock guides you through the most well-known wine and food regions. You will discover some hidden gems as well. We'll also delve into some Italian music, art and fashion. If Sangiovese, truffles or Parmigiano-Reggiano are your passions, you won't want to miss this!

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$98. Early Bird Special \$80
(Register BEFORE 9/16 for this rate)

Supplies: \$60 material fee will be collected in class to cover wine, handouts, food, and utensils. Please bring 3 wine glasses, notebook, pen, and a bottle of drinking water.

Instructor: Bridget Cheslock

Location: San Elijo Campus, Room 406

Time: 5 Tuesdays, 9/26–11/14, 6–8:30 PM
No class on 10/10, 10/24 & 10/31.

Wine 101

New to wine? Have you been drinking wine for years but want a better understanding of what you are drinking? This class will help demystify the world of wine. Join sommelier Bridget Cheslock

as you learn the basics of wine, how to read a wine label, and taste from some of the most legendary wine regions in the world and their ideal pairings. We'll also discuss holiday wine traditions around the world and have you ready for the upcoming season!

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience. Must be 21 or older to register.

Fee: \$98. Early Bird Special \$80
(Register BEFORE 10/21 for this rate)

Supplies: \$60 material fee will be collected in class. Please bring 3 wine glasses, pen & paper to each class.

Instructor: Bridget Cheslock

Location: San Elijo Campus, Room 406

Time: 6 Mondays, 10/30–12/4, 6–8 PM



NEW **Traveling & Conversing in Italy for the Beginner****New Instructor**

Kristin Maccarrone (past Italian conversation instructor) has handpicked the best instructor to teach this class. Join this fun, easy-going, and energetic class that will motivate you to plan that trip to Italy you have been dreaming about! Taught by a native Italian from Milan who has spent extensive time in each area discussed in class; you will be immersed in Italian language, cultural tips & customs, and inside info that only a local would know so you will feel more like an "Italian" in Italy. You will be amazed at how quickly you become comfortable with the language and culture with a series of activities and typical Italian expressions designed to get you speaking as soon as possible.

Fee: \$98. Early Bird Special \$90 (Register BEFORE 8/26 for this rate)

Supplies: \$10 material fee will be collected in class. Please bring a folder and a pen or pencil.

Instructor: Ombretta D'Alfonso

Location: San Elijo Campus, Room 302

Time: 6 Tuesdays, 9/5–10/10, 6–8 PM

**Spanish 1B—for Mature Adults**

This is the next step after Spanish 1A. Practice, pronunciation and vocabulary are emphasized in this class. This course will promote conversation by activity dialogues that deal with daily life. Your vocabulary will improve and you will feel more confident speaking Spanish. You will learn many useful new verbs.



Fee: \$129. Early Bird Special \$120 (Register BEFORE 8/30 for this rate)

Supplies: Students must purchase "*Spanish is Fun*" Book 1(4th edition) by Heywood Wald ISBN: 978-1-56765-815-6. Available at amazon.com

Instructor: Gerda Snell

Location: La Colonia Park, Conference Room

Time: 8 Wednesdays, 9/13–11/1, 9:30–11:30 AM

NEW **Spanish 3A—for Mature Adults**

This course is designed for those with at least two years of Spanish. During classes, we will review grammar, increase vocabulary, improve pronunciation, and culture as well as reading, writing and conversation through dialogs, stories and role playing.

Fee: \$120. Early Bird Special \$111 (Register BEFORE 9/1 for this rate)

Supplies: Student must purchase "*The Ultimate Spanish Review and Practice*" 2nd Edition, with interactive CD-rom (ISBN-978-07174418-8), and "*Practice Makes Perfect Spanish Pronouns and Prepositions*" by Dorothy Richmond (ISBN-978-1-25958632-3). Available at amazon.com

Instructor: Alicia Meneses

Location: San Elijo Campus, Room 202

Time: 6 Fridays, 9/8–10/13, 10 AM–12 PM

NEW **Spanish 3B—for Mature Adults**

This class is designed for students with at least two years of Spanish. During classes, we will learn more grammar, increase vocabulary, improve pronunciation, and culture as well as reading, writing and conversation through dialogs, stories and role playing.

Fee: \$120. Early Bird Special \$111 (Register BEFORE 10/14 for this rate)

Supplies: Student must purchase "*The Ultimate Spanish Review and Practice*" 2nd Edition, with interactive CD-rom (ISBN-978-07174418-8), and "*Practice Makes Perfect Spanish Pronouns and Prepositions*" by Dorothy Richmond (ISBN-978-1-25958632-3). Available at amazon.com

Instructor: Alicia Meneses

Location: San Elijo Campus, Room 202

Time: 6 Fridays, 10/20–12/8, 10 AM–12 PM
No class on 11/10 & 11/24.

Write and Publish a Book

There is a writer in all of us. In this single workshop, this Carlsbad published author and screenplay writer helps you understand and apply the five basic steps of writing, the importance of branding and promotion, and the value of persistence. He has authored 23 published books (prescriptive, historical fiction, novels) and 10 screenplays.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 9/30 for this rate)

Supplies: \$12 material fee will be collected in class (includes handouts and 2 audio CDs)

Instructor: Antonio Vianna

Location: San Elijo Campus, Room 306

Time: 1 Saturday, 10/7, 9 AM–12 PM

American Heart Association BLS Health Care Provider

Required course for health care providers.

Provides a wide variety of health care professionals with the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe and effective manner. The course covers adults, children and infants, and is intended for certified or non-certified, licensed or non-licensed health care professionals.

Fee: \$65

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Time Options:

1 Saturday, 9/9, 10 AM–2 PM

1 Saturday, 10/7, 10 AM–2 PM

1 Saturday, 11/4, 10 AM–2 PM

1 Saturday, 12/2, 10 AM–2 PM

Heartsaver First Aid with CPR & AED

Students will receive a CPR/AED certification card and first aid card, valid for 2 years.

Teaches participants how to recognize and care for breathing and cardiac emergencies in adults, children and infants; how to perform one- and two-rescuer CPR; how to use a resuscitation mask (pocket mask); how to use an AED for victims of sudden cardiac arrest, and how to handle common first-aid emergencies.

Fee: \$99

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Time Options:

1 Saturday, 9/9, 10 AM–5 PM

1 Saturday, 10/7, 10 AM–5 PM

1 Saturday, 11/4, 10 AM–5 PM

1 Saturday, 12/2, 10 AM–5 PM

For health care provider and heartsaver courses: Call 626.755.3710 for more information. Registration is on site, day of class. Payments are by cash or check. For more information, email to jrdelvalle@mysafetyfirst.org.

Heartsaver Adult/Child CPR & AED

American Heart Association Adult/Child CPR and AED certification cards are valid for 2 years.

Participants learn CPR and care for breathing and cardiac emergencies in adults and children, in addition to learning how to use an automated external defibrillator (AED) on adult and child victims of cardiac arrest.



Fee: \$65

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Time: Same dates as BLS Health Care Provider

NEW Your Personal Safety: Natural Disasters & Emergency Events

This hands-on, skills-based practical workshop is designed to support the student (adult non first responder) in developing a survival mindset and basic survival skills to enhance personal safety. Students will practice personal safety guidelines and best practices outlined by the Federal Emergency Management Agency and Department of Homeland Security.

- Family Plan
- The Rule of Three; Shelter, Water & Food
- Awareness, Training, Practice
- Run, Hide, Fight

Note: Students need to wear closed-toe shoes and comfortable clothing, for mild physical exertion during indoor and outdoor class activities. Bring an empty used backpack and bring your personal packed "Go-Bag" if you want to share with the class! 1 hour lunch break.

Fee: \$57

Supplies: \$18 material fee will be collected in class for various emergency kit items used in class activities.

Instructor: Joel Javines

Location: San Elijo Campus, Room 302

Time Options:

1 Saturday, 9/23, 8 AM–3 PM

1 Saturday, 10/21, 8 AM–3 PM

1 Saturday, 11/18, 8 AM–3 PM

1 Saturday, 12/2, 8 AM–3 PM

Estate Administration Essentials

A trustee has an important job with serious legal consequences. Step-by-step instructions will be provided for the post-death administration of an estate. You will learn ways to minimize the stress on yourself and your family. This class will even help someone who is planning their estate, because knowing what actually happens after death helps prepare for it. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator. Bob Ayers has been a local attorney for over 25 years with an emphasis in real estate, business and estate planning and administration.

Fee: \$39. Early Bird Special \$35
(Register BEFORE 9/28 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 307

Time: 1 Thursday, 10/5, 6:30–8:30 PM



Estate Planning Essentials

The most essential part of your estate plan is the needs of your beneficiaries.

Understanding their needs will guide your plan. This class allows you to explore how the different planning tools will help you meet the needs of your beneficiaries. While trusts will be highlighted, you will learn why a trust is not always the best way to distribute

certain assets. You will learn about taxes, legal fees and how to preserve important family relationships. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator about planning for your estate, your health care and your finances.

Fee: \$39. Early Bird Special \$35
(Register BEFORE 9/23 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 307

Time: 1 Tuesday, 10/3, 6:30–8:30 PM



Financial Planning for Women

Statistics tell us that 8 out of 10 women will end up handling their own finances. This may be due to longevity, divorce or many other reasons. This class will prepare you to handle your finances and give you a deep knowledge of financial markets. We will cover budgeting and give you tools to create and run a budget. You will learn how to properly allocate assets.

We will spend a lot of time breaking down stocks/equities vs. bonds/fixed income. You will learn how to evaluate your portfolios against proper benchmarks and how to interpret your financial statements. Each class includes a packet of color worksheets. This class will give you peace of mind and knowledge that will last a lifetime. This is a fun, hands-on, interactive class and questions are welcomed.

Fee: \$45. Early Bird Special \$35
(Register BEFORE 10/14 for this rate)

Instructor: Michael Graney

Location: San Elijo Campus, Room 306

Time: 2 Tuesdays, 10/24–10/31, 6–9 PM

AVOID PARKING CITATIONS

PARKING PERMITS ARE NOW REQUIRED AT:

Community Learning Center • Oceanside Campus • San Elijo Campus

Exceptions:

- Students who have a current California disabled placard are not required to pay parking fees; however, they must register their vehicles with College Police.
- Second Saturday workshops. See page 47.

Students attending the Technology Career Institute do not need to pay for a parking permit.

Please see page 4 for parking information and where to purchase parking permits.

SECOND SATURDAY Divorce Workshop for Women

A parking pass is included with registration fee.



What women need to know about divorce!

A Community Education class open to women who want to learn more about the process of divorce.

- Explore the legal, financial, psychological, and social issues of divorce.
- Discover community resources available to help you.
- Talk with other women experiencing similar life changes.
- Learn from experts who have guided thousands of women through divorce.

Registration: 8–8:30 AM on the day of the class. For more information please call 858.792.0524 or 858.524.0955.

Fall dates: 9/9, 10/14, 11/11, 12/9

Held the second Saturday of each month, 8:30 AM–1:30 PM

Location: San Elijo Campus, Room 201

ONLY \$45 per session

WOMEN AND MONEY Saving, Investing & Managing Money Independently

A parking pass is included with registration fee.



What you need to know to empower your financial life forever!

The Money Club™ is a simple but powerful concept designed to teach women about finances in a collaborative, supportive environment... and have fun in the process! Class is open to all women, married or single.

You will learn to:

- Build a foundation of financial management skills.
- Save, earn, invest, and feel good about money.
- Uncover your own personal journey of financial empowerment.

Registration: 8:30–9 AM on the day of the class.

For more information, please call Candace Bahr at 760.431.9288.

Fall dates: 9/9, 10/14, 11/11, 12/9

Held the second Saturday of each month, 9–10:30 AM

Location: San Elijo Campus, Room 202

ONLY \$15 per session

Materials: All students issued Financial Plan Binder to assemble throughout the year (no charge).

DIVORCE WORKSHOP FOR MEN

A parking pass is included with registration fee.



Save time, money and added grief!

- Learn about the legal, financial, and psychological issues surrounding divorce.
- Find helpful community resources available to men.
- Learn from experts who have guided thousands of men through divorce.

Registration: 8–8:30 AM on the day of the class.

Pre-registration is available through the Community Education Office. For more information please call 760.795.6820.

Fall dates: 9/9, 10/14, 11/11, 12/9

Held the second Saturday of each month, 8:30–11 AM

Location: San Elijo Campus, Room 307

ONLY \$25 per session

Divorce
THE SURVIVAL GUIDE

Retirement Planning Today

It takes more than money to live a "rich life." This course blends financial education with life planning to help you build wealth, align your money with your values, and achieve your retirement lifestyle goals. In just two entertaining and informative sessions, you'll learn what they didn't teach you in school.

Fee: \$60—bring your spouse for **free!**

Supplies: This course includes a 235-page illustrated book.

Offered at multiple locations for your convenience

Instructor: Joe Anderson

Location: Oceanside Campus, Room T520

Time: 2 Thursdays, 9/7 & 9/14, 6:30–9:30 PM

Location: Oceanside Campus, Room 3102

Time: 2 Saturdays, 10/14 & 10/21, 9–12 PM

Location: San Elijo Campus, Room 306

Time Options:

2 Thursdays, 9/14 & 9/21, 6:30–9:30 PM

2 Thursdays, 9/28 & 10/5, 6:30–9:30 PM

2 Tuesdays, 10/3 & 10/10, 6:30–9:30 PM

Instructor: Brad Lineberger

Location: Carlsbad Senior Center, Art Studio

Time: 2 Saturdays, 9/30 & 10/7, 9 AM–12 PM

Location: La Costa Canyon High School, Room 1301

Time: 2 Thursdays, 9/28 & 10/5, 6–9 PM

NEW Drought Friendly Landscape Design

Make every drop count! Think outside the lawn and create a beautiful and safe landscape for your home and family with drought friendly, native plants while reducing your water bill.

Fee: \$50. Early Bird Special \$39
(Register **BEFORE 9/9** for this rate)

Supplies: \$25 material fee will be collected in class for landscaping packets, handouts and guidelines.

Instructor: Jami Rick

Location: San Elijo Campus, Room 302

Time: 1 Saturday, 9/16, 10:30 AM–12:30 PM

AFTER



BEFORE



Adult Horsemanship

English or Western style.

This is a wonderful opportunity for you to learn about horses, grooming, horsemanship, and to begin riding in a safe and beautiful environment. Horseback riding helps build confidence and responsibility, soothes and releases stress, provides exercise, and develops a strong bond between you and horses. All levels welcome, including the experienced rider who wants to get back in the saddle.

Note: Students must weigh under 200 lbs.

Fee: \$210

Supplies: Bring water and sunscreen. Wear closed-toe shoes and comfortable clothes that can get dirty. All students will have to sign a waiver. Students between the ages of 15–17 must be accompanied by an adult and will need to have a parent or guardian sign a waiver.

Instructor: Teri Cagle

Location: Hoof Haven Farms

4777 S. Mission Road, Fallbrook

Time: 6 Saturdays, 10/7–11/11, 11:30 AM–1 PM



NEW Golf—Long & Short Game Workshop

This class is designed for the golfer looking to improve their beginning golf skills and achieve more consistency in all areas of the game, while having fun and meeting new friends to play with. After reviewing the fundamentals, instruction will focus on using drills and simple training aids to start taking your game to the next level. There will be classes on putting, chipping, pitching, as well as the full swing with the driver and irons. Clubs will be provided for those that don't have them.

Fee: \$89. Early Bird Special \$79
(Register **BEFORE 9/2** for this rate)

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 7 Sundays, 9/10–10/22, 9–10 AM

Golf—Full Swing

Are you interested in learning the golf swing? Have you been playing a while and just can't find the consistency you are looking for? Come join me in the Full Swing Fundamental Class. We will go over the fundamentals of the golf swing, posture, grip, aim, swing plane, swing path. We will break the swing down and cover a different part every week including set up, back swing, transition, down swing and follow through. By the end of this class you will have a very good understanding of the golf swing and how to practice.

Fee: \$89. Early Bird Special \$79
(Register BEFORE 10/21 for this rate)

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 7 Sundays, 10/29–12/17, 9–10 AM

No class on 11/26.



Golf—FUNdamentals

Golf is a game that can be enjoyed for a lifetime. It's great for your social, business, and personal life, and can be learned at any age. Now is a great time to learn. This class will introduce you to the game and the shots and clubs used for each in a relaxed group atmosphere. We will cover the full swing, putting, chipping, pitching and the sand bunker shot, as well as cover basic rules and etiquette.

Fee: \$89. Early Bird Special \$79
(Register BEFORE 9/1 for this rate)

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 7 Fridays, 9/8–10/20, 9–10 AM

Golf—Women's Beginner

A class for ladies who are interested in learning about the game of golf in a relaxed group atmosphere. Golf is a game that can enhance your fitness, relationships and your resume. We will cover all the basics including the swing, etiquette and rules so you will feel comfortable going to the driving range or course to play with friends or for business. Enjoy the outdoors, fresh air, make new friends and learn a game that can be enjoyed for a lifetime.

Everything will be provided, just bring yourself and be ready to have some fun.

Fee: \$89. Early Bird Special \$79
(Register BEFORE 8/26 for class start date 9/5 and BEFORE 10/21 for class start date 10/31)

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time Options:

7 Tuesdays, 9/5–10/17, 9:30–10:30 AM

7 Tuesdays, 10/31–12/12, 9:30–10:30 AM

Golf—Women's Level 2

A class designed for the lady golfer looking to improve their beginning golf skills and achieve more consistency in all areas of the game while having fun and meeting new friends to play with. After reviewing the fundamentals, instruction will focus on using drills and simple training aids to start taking your game to the next level. There will be classes on putting, chipping, pitching as well as the full swing with the driver and irons

Fee: \$89. Early Bird Special \$79
(Register BEFORE 8/26 for class start date 9/5 and BEFORE 10/21 for class start date 10/31)

Supplies: \$50 material fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time Options:

7 Tuesdays, 9/5–10/17, 11 AM–12 PM

7 Tuesdays, 10/31–12/12, 11 AM–12 PM



EXCURSIONS



Fun in the Sun: Downtown Santa Monica 3rd Street Promenade & Venice Beach Boardwalk

Saturday, September 16

Join us as we visit Downtown Santa Monica's 3rd Street Promenade where you can eat, shop, and play in this laid-back beach city with world class shopping. Explore the 8.3 square miles worth of retail shops, restaurants, and attractions. Located just a half-mile walk from 3rd Street, you can get your feet wet on the sandy beach or take a stroll down the famous Santa Monica Pier to ride the Ferris wheel and historic Hippodrome carousel. Enjoy the interactive exhibits at the aquarium located below the carousel or, for the enthusiastic shopper, visit the many unique and well-known shops throughout the area. Afterwards, stroll the promenade or pull up a bench for some good-old-fashioned people watching. While shopping on 3rd Street Promenade be sure to catch a glimpse of the musical street performers. But the fun doesn't end here. Hop back on the bus for a quick stop at Venice Beach.

Venice Beach continues to be an important Los Angeles cultural center. Here, you will end the day with a unique shopping experience and a sophisticated afternoon of art and music.

Fee: Book Early for \$59. For booking made after 9/9, fee will increase to \$79.

Guide: Debi Hetherington (staff)

Activity Level: Easy (Moderate with a lot of walking if you plan to explore the surroundings)

Note:

- Wear very comfortable walking shoes. Dress casually and in layers of clothing or bring a jacket for cool weather.
- Sunscreen and/or hat is recommended if you plan to be outdoors the majority of the time.
- There will be a no-host lunch.

Depart: 8 AM. Return: approx 6 PM.

L.A. Fashion/Jewelry District & Farmer's Market Shopping Extravaganza

Saturday, October 7

Wouldn't it be wonderful to be chauffeured around L.A. spending the day shopping at all the best places with the best bargains? Well, now is your chance to enjoy a full day of "shop till you drop" while our luxury bus takes you everywhere. We will start our day (1-1/2 hours) at the Jewelry District where you can find some of the best deals on gold and diamonds in the world. Located a few miles away is the L.A. Fashion District (3 hours), where you can find the latest trends at 30-70% off the retail price. There are over 1,000 stores, from flowers to textiles, to apparel and accessories. You can also find amazing and inexpensive lunch foods at almost every corner to sustain you through the rest of the day. Because the Fashion District has so many areas, we will provide you with a detailed map so you can find your way to the exact shops you wish to visit.

Our last stop of the day will be at the L.A. Farmer's Market. This farmer's market is more like an international gourmet bazaar with lots of fun boutiques thrown in. So put your feet up and let us do the driving all the way home!

Fee: Book Early for \$69. For booking made after 9/23, fee will increase to \$89.

Guide: Linda Kurokawa (staff)

Activity Level: Easy

Note:

- Wear very comfortable walking shoes and bring a collapsible rolling cart that can lie flat.
- Quarters are needed for the bathrooms.
- Bring cash for the best deals and your holiday shopping list.
- Sunscreen and/or hat is recommended.
- There will be a no-host lunch.

Depart: 8 AM. Return: approx 7 PM.

Explore the Presidency: Ronald Reagan Museum

(Includes Special Exhibit: Interactive! The Exhibition)

Saturday, November 4

Plunge into our Nation's rich history at the Ronald Reagan Library. Our day begins at the Simi Valley town center where guests can enjoy a no-host lunch at one of the many restaurants available. After lunch we will visit the Ronald Reagan Library where guests can admire the magnificent structure overlooking the Pacific Ocean. The view is sure to please guests, so be sure to bring your camera! Once inside, guests can view exhibits, such as the Oval Office replica and a six-ton piece of the Berlin Wall.

The special Interactive Exhibition is a hands-on, immersive journey of innovation for the young-to the young-at-heart. Examine how popular culture has influenced modern technology and the ways we live, work, move, connect and play. Then, hop aboard the Air Force One—the aircraft that carried seven of our nation's presidents. We will spend 3 hours at the museum to give guests plenty of time to view all of the exciting exhibits and artifacts from our nation's 40th President. Rediscover the values and legacy that thrives at the Ronald Reagan Library.

Fee: Book Early for \$89 (Includes entrance fee to Ronald Reagan Museum). For booking made after 10/14, fee will increase to \$105.

Guide: Linda Kurokawa (staff)

Activity Level: Easy

Note:

- Includes entrance fee to the Ronald Reagan Library
- Wear very comfortable walking shoes. Dress casually and in layers of clothing for cool and/or warm weather.
- Cameras are great to bring along.

Depart: 9 AM. Return: approx 8 PM.

Spectacular Los Angeles: Visit Hollywood & Beverly Hills Rodeo Drive

Saturday, December 2

Explore the heart of Lost Angeles as we begin our tour with the most famous theatre in the world, the Chinese Theatre in Hollywood. You'll find the famous forecourt as you gaze down at the stars' footprints, handprints and autographs immortalized in the legendary cement. Be sure to watch out for Elvis, Michael Jackson or Marilyn Monroe while you visit the few nearby gift shops. Then, hop back on the bus as we head out to Beverly Hills Rodeo Drive.

Beverly Hills is known around the world as one of the most fashionable places to shop. With more than 100 world-renowned stores and hotels comprising its three magnificent blocks within the Golden Triangle, it's easy to become lost in the street's splendor and charm. Enjoy window shopping or bring your wallet to shop at the same stores as your favorite Hollywood stars.

Whether you just want to tour Los Angeles or get some holiday shopping done, this is a great trip that you won't want to miss!

Fee: Book Early for \$59. For booking made after 11/10, fee will increase to \$79.

Guide: Kristin Maccarrone (staff)

Activity Level: Easy

Note:

- Wear very comfortable walking shoes. Dress casually and in layers of clothing or bring a jacket for cool weather.
- Sunscreen and/or hat is recommended.
- There will be a no-host lunch.

Depart: 8 AM. Return: approx 6 PM.



Excursion Rules & Regulations

- Refunds will be granted no later than five business days before the excursion. There will be a \$25 cancellation fee if the excursion is full and a replacement can be found. No refunds will be granted after the excursion has taken place.
- Anyone missing the bus will not receive a refund.
- MiraCosta College reserves the right to make itinerary changes if necessary. Any excursion may be cancelled due to low enrollment.
- Seating arrangements on the bus will be on a first-come, first-served basis. Those who have difficulty sitting at the rear of the bus are advised to arrive early.
- No smoking is permitted on the bus.
- The bus will depart on time. **Pick up and drop off at MiraCosta College, Oceanside Campus, Parking Lot 1A.**

Parking

Day parking permits are required at MiraCosta College, Oceanside Campus except Sundays. Parking permit may be purchased from machine in Parking Lot 1A. Day parking fee is \$1.

Tropical Costa Rica

May 5, 2018 | 9 Days | 13 Meals

Lush forests and stunning waterfalls... rumbling volcanoes and endless coastlines... Costa Rica is a paradise teeming with exotic plants and incredible animals. Luxuriate at a resort for two nights in Tamarindo Beach, known for its breathtaking beauty and fine sandy beaches. Spend two nights in Monteverde's lush cloud forest. Travel Costa Rica and experience the forest canopy on your choice of a hanging bridges nature walk or an exhilarating zip lining tour. Explore part of the 20,000 acre nature preserve of Cano Negro on a river boat adventure. Relax in the mineral-rich waters of a hot springs with views of Arenal Volcano. You will find a slice of paradise and so much more.

- Climb high into the trees for your choice of a "Hanging Bridges" tour or Zip Lining in the cloud forest.
- Discover the charming town of Zarcero and its whimsical topiary garden.

Fee: \$2,799 pp double, \$3,349 single. Includes airfare.

(Book soon to get this group price! For bookings made after November 6, 2017 call for rates.)



EXCURSIONS INTERNATIONAL MULTI-DAY



Iceland: Land of Fire & Ice

July 22, 2018 | 9 Days | 13 Meals

An island of dramatic contrasts, Iceland is a landscape forged by fire and ice. Steaming lava fields and hot pools reflect its volcanic nature, while massive glaciers continue to sculpt the mountains and valleys, leaving thundering waterfalls and plunging fjords. Travel the "Golden Circle" where many natural scenic wonders are located. Enjoy an overnight stay in a local fishing village to enjoy a scenic bay cruise. Create your own adventure with your choice of exciting activities—soak in the Blue Lagoon, go on a whale watching cruise, take a volcanic cave hike, or stroll along coastal lava fields while admiring natural wildlife.

- Learn about the 400-year-old tradition of catching and preserving Greenland shark.
- Cruise on the ice-strewn Jökulsárlón Glacial Lagoon, gliding past icebergs.

Fee: \$4,999 pp double, \$5,899 single. Includes airfare.

(Book soon to get this group price! For bookings made after January 23, 2018 call for rates.)

2018

TRIPS MiraCosta College **Multi-Day**Join us for a fun **FREE** slide presentation of these trips**WHEN:**Thursday
September 7, 2017
5-6 PM**WHERE:**MiraCosta College
Technology Career Institute, Room 102
2075 Las Palmas Dr. Carlsbad, CA 92011**Imperial Cities featuring Prague, Vienna & Budapest****August 6, 2018 | 11 Days | 14-15 Meals**

In Prague, walk the Golden Lane, a delightful neighborhood of tiny, medieval houses; then visit a private castle for a tour, lunch and a concert. You choose your dining experience: dinner with a folklore show including a chance to meet the dancers and have a lesson, or dinner and a tour at one of Prague's most famous brewery restaurants. Delight in the Baroque marvels of Vienna's Schoenbrunn Palace, the summer retreat of the Habsburg dynasty for more than 200 years. Indulge in an unforgettable Classical music performance in Vienna. Visit a 14th-century Hungarian castle where knights recreate the days of chivalry. Spend time at a school in Budapest and meet the students. Soak up the culture of the region with included guided city excursions and through your own explorations on your days at leisure.

- Enjoy a stop in the fairy-tale town of Cesky Krumlov.
- Enjoy an unforgettable Classical music performance featuring the works of Mozart and Strauss.

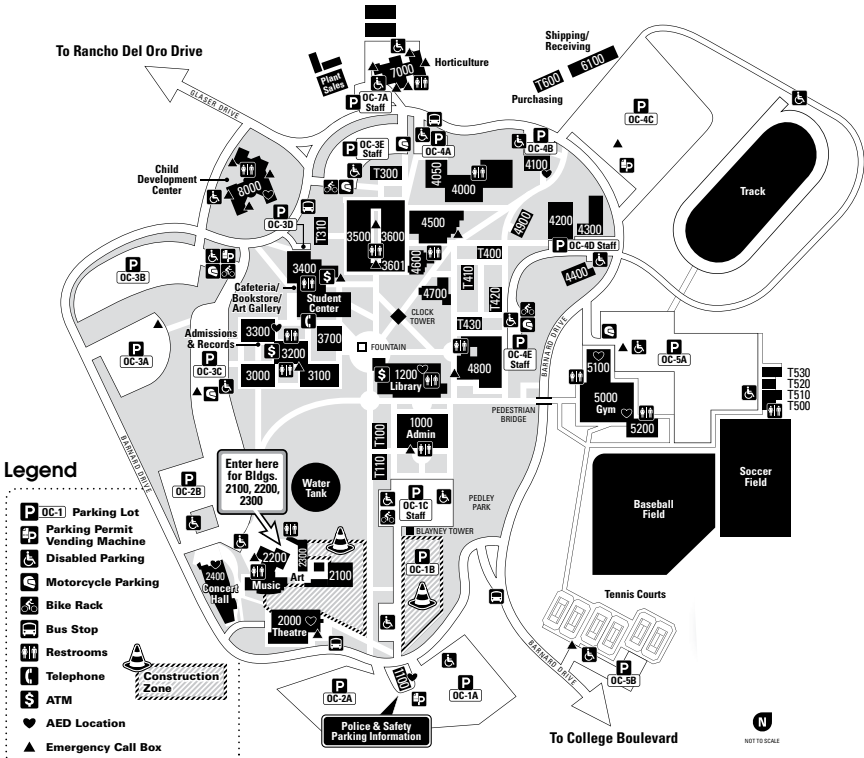
Fee: \$3,899 pp double, \$4,549 single. Includes airfare.**(Book soon to get this group price! For bookings made after February 6, 2018 call for rates.)**

If you prefer prices **WITHOUT** roundtrip air packages, come to our slide presentation for more information or call us at **760.795.6820**. Pick up location(s) depend on the number of participants that booked.

OCEANSIDE CAMPUS

1 BARNARD DRIVE | OCEANSIDE | CA 92056 | 760.757.2121 | MIRACOSTA.EDU

FALL 2017



Rev. 0617

Directory

	Bldg. #		Bldg. #		Bldg. #
Admissions & Records.....	3300	Disabled Students Services.....	3000	President, Office of the.....	1000
Art.....	2100, 2200, 2300	Drivers Education.....	T510	Printing Services.....	3400
Art Gallery.....	3400	English Language Institute.....	T510, T520	Proctoring Center.....	3300
Associate Faculty Office.....	4606	Enrollment Information.....	3300	Purchasing.....	T600
Associated Students.....	3400	EOPS.....	3000	School Relations/Diversity Recruit.....	3400
Athletics.....	5200	Facilities Department.....	4200	Service Learning.....	3300
Automotive Technology.....	4000	Financial Aid/Scholarships.....	3000	Shipping/Receiving.....	6100
Biotechnology.....	4050	Gymnasium.....	5000	Student Accounts.....	3200
Bookstore.....	3400	Health Services.....	3300	Student Activities.....	3400
Business Development.....	1000	Horticulture.....	7000	Student Center.....	3400
Business Services.....	1000	Human Resources.....	1000	Tech Prep.....	3700
Cafeteria.....	3400	Institutional Research.....	1000	Testing Office.....	3300
CalWORKS.....	3000	Instructional Services.....	1000	Theatre.....	2000
Career Center.....	4700	International Students.....	3400	Little Theatre.....	3601
Child Development Center.....	8000	Library & Information Hub.....	1200	Transfer Center.....	3700
College Police.....	1100	Lost & Found.....	1100	Tutoring.....	1200
Computer/Business Department.....	4800	Math Learning Center.....	1200	Veterans Education Office.....	3300
Concert Hall.....	2400	Music.....	2200, 2300	Veterans Information Center.....	T100
Counseling.....	3700	Nursing/Allied Health.....	T420, 4400	Wellness Center.....	4100
Dance Studio.....	5100	Parking Permits.....	1100	Writing Center.....	1200

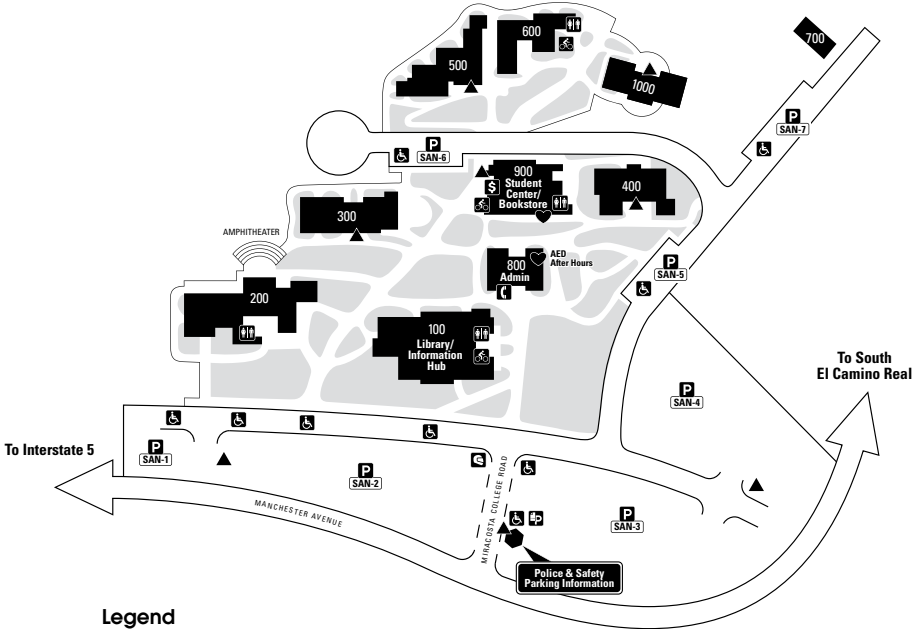


OCEANSIDE CAMPUS

Located just north of Highway 78 off College Boulevard; 121-acre hilltop campus with coastal and mountain views

SAN ELIJO CAMPUS

3333 MANCHESTER AVENUE | CARDIFF | CA 92007 | 760.944.4449 | MIRACOSTA.EDU



Legend

Parking Lot	AED Location
Parking Permit Vending Machine	Emergency Call Box
Disabled Parking	Telephone
Motorcycle Parking	ATM
Bike Rack	
Restrooms	

Rev. 0516

Directory

Building 100

Computer Labs
Library
Math Learning Center
Testing
Tutoring
Writing Center

Building 200

Amphitheater
Art Studios
Classrooms
Multipurpose Room

Building 300

Classrooms
Faculty Offices
Meeting Room

Building 400

Classrooms
Faculty Offices
Science Labs

Building 500

Classrooms
Faculty Offices
Language Lab

Building 600

Classrooms
Faculty Offices

Building 700

Facilities

Building 800

Administration
Admissions & Records
Counseling
Dean, San Elijo Campus
Faculty Workroom
Instructional Services
Student Accounts/Cashier
Student Information

Building 900

Associate Dean of
Student Services
Bookstore
Cafeteria
Health Services
Meeting Rooms
Student Activities

Building 1000

Science Labs

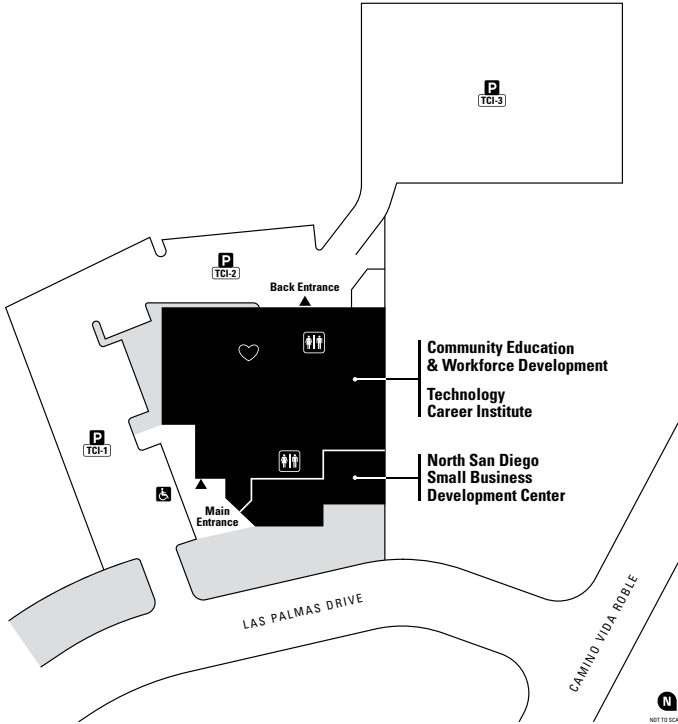


SAN ELIJO CAMPUS

Nestled below the bluffs and facing the San Elijo Lagoon; 42-acre campus just east of I-5

TECHNOLOGY CAREER INSTITUTE & SMALL BUSINESS DEVELOPMENT CENTER

2075 LAS PALMAS DRIVE | CARLSBAD | CA 92011 | 760.795.6820 | TCI.MIRACOSTA.EDU



Legend

- TCL-1** Parking Lot
- Disabled Parking
- Restrooms
- AED Location
- Emergency Call Box

NOT TO SCALE

Rev. 0116

Directory

Community Education & Workforce Development
760.795.6820
miracosta.edu/community

Technology Career Institute
760.795.6820
tci.miracosta.edu

North San Diego Small Business Development Center
760.795.8740
sandiegosmallbiz.com



TECHNOLOGY CAREER INSTITUTE & SMALL BUSINESS DEVELOPMENT CENTER

Located off Palomar Airport Road between El Camino Real & I-5

CLASS LOCATION GUIDE			
CCA	Canyon Crest Academy	5951 Village Center Loop Road	San Diego
CSC	Carlsbad Senior Center	799 Pine Avenue	Carlsbad
CVMS	Carmel Valley Middle School	3800 Mykonos Lane	San Diego
CSAS	Cathy Sparks Art Studio	1109 Cesar Chaves Parkway	San Diego
DMPC	Del Mar Powerhouse Community Center	1658 Coast Boulevard	Del Mar
DMSTDR	Del Mar Surf & Turf Driving Range	Jimmy Durante Boulevard	Del Mar
DMSG	Don Myers Stained Glass	1025 South Coast Highway	Oceanside
ECHS	El Camino High School	400 Rancho del Oro Drive	Oceanside
ERGC	Encinitas Ranch Golf Course	1275 Quail Gardens Drive	Encinitas
FC	Fletcher Cove Community Center	133 Pacific Avenue	Solana Beach
HHF	Hoof Haven Farms	4777 South Mission Road	Fallbrook
LCP	La Colonia Park	715 Valley Avenue	Solana Beach
LCCHS	La Costa Canyon High School	1 Maverick Way	Carlsbad
LRC	Landes Recreation Center	2855 Cedar Road	Oceanside
CLC	MiraCosta College, Community Learning Center	1831 Mission Avenue	Oceanside
OC	MiraCosta College, Oceanside Campus	1 Barnard Drive	Oceanside
SAN	MiraCosta College, San Elijo Campus	3333 Manchester Avenue	Cardiff
TCI	MiraCosta College, Technology Career Institute	2075 Las Palmas Drive	Carlsbad
OCMS	Oak Crest Middle School	Balour Drive & Oak Crest Park Drive	Encinitas
OARC	Ocean Air Recreation Center	4770 Fairport Way	San Diego
SDHSA	San Dieguito High School Academy	800 Santa Fe Drive	Encinitas
SHS	Sunset High School	684 Requeza Street	Encinitas
TPHS	Torrey Pines High School	3710 Del Mar Heights Road	San Diego

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