



2020

BULLETIN

COMMUNITY
EDUCATION

SPRING
tci.miracosta.edu

CREATE

Art • Crafts • Computers • Drivers Education & Training



YOUR

English Language Institute • Enrichment



FUTURE

Excursions • Teens & Young Adults • Career & Workforce Training

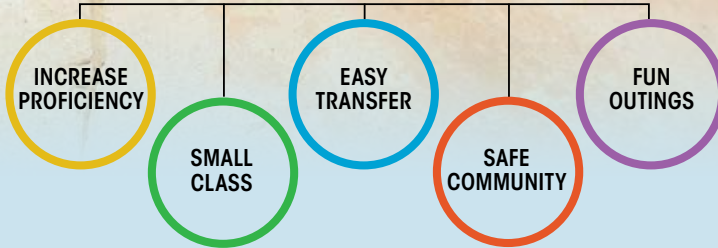


MiraCosta College English Language Institute

WHERE LANGUAGE + CULTURES + FUN COLLIDE



Why study with us?



The English Language Institute (ELI) offers international students the opportunity to increase their English language proficiency and develop the skills needed to succeed at a college or university in the United States. This eight-week intensive English as a second language (ELI) program provides individualized instruction in small class sizes. The program is designed for students with a minimum of one year of English language training at high school or college level. This class may not be appropriate for advanced ESL students or students with a TOEFL score greater than 500 paper-based or 46 IBT. Students must be at least 18 years old or meet our minor policy requirements. Our International Student Office will issue I-20's. We accept students with an F1 or B visitor visa or any visa where "enrichment" or "study" is permissible.

Instructional components include:

- TOEFL preparation
- Study of American culture
- Computer literacy development of study skills
- Integrated academic preparation in reading, writing, listening, speaking and grammar

Fee: \$1,915 (includes instruction, application fee, books and student services.) Health insurance is an optional fee of \$380 for 3 months. Students must purchase our insurance plan or purchase their own insurance plan that meets our requirements (Fees subject to change.)

Location: Oceanside Campus, Room T510

**Dates: 1/21–3/13/2020 and
3/23–5/15/2020**

For more information, write, telephone or email:

1 Barnard Drive, Oceanside, CA 92056

760.757.2121, x6590 | email: lcargile@miracosta.edu | miracosta.edu/eli



COMMUNITY EDUCATION
& WORKFORCE DEVELOPMENT

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Workshops, Classes & Excursions

In this bulletin you will find a variety of enrichment and workforce training. All of these courses are affordable, fee-based, not-for-credit offerings that are not supported by any state or local taxes. Your enrollment fees keep this program going.

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MiraCosta College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges, 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415.506.0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at: accjc.org. The college is also approved by the California Department of Education for the training of veterans under the provisions of the GI Bill® of Regulations.

HOW TO REGISTER

- 1 **Internet Registration**—Go to miracosta.augusoft.net to register online.
- 2 **By Phone: 760.795.6820**—Please have your Visa, MasterCard or Discover card in hand and your registration information ready when you call.
- 3 **In Person**—Community Education & Workforce Development Office, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011. **Hours: 9 AM–5 PM, Monday–Friday.**
- 4 **By Mail**—Complete the registration form on the next page using a separate form for each person (forms may be duplicated). Visa, MasterCard, Discover card or check (payable to MiraCosta College) can be used to pay registration fees. Mail checks and completed registration form(s) to: **Community Education & Workforce Development, MiraCosta College Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, CA 92011.**

Remember to mark your calendar with class date, time and location. Please include your email address on your registration form to receive an email confirmation of your enrollment.

PARKING INFORMATION

Parking permits are required at the Oceanside, San Elijo and Community Learning Center (CLC) campuses of MiraCosta College Monday–Saturday. Students may park in any lot marked Student or spaces marked Student on all campuses. Please avoid any spaces or lots marked Staff. Parking permits may be purchased from the parking permit vending machines as follows:

- **Oceanside Campus:** A day pass may be purchased for \$1. There are four parking permit vending machines located on the Oceanside Campus in Parking Lots 1A, 3C, 4C and 5A. In Parking Lot 3C and 4C, students may use debit and credit cards, a one dollar bill or exact change (no pennies). In Parking Lots 1A and 5A, students may use a one dollar bill or exact change (no pennies).
- **San Elijo Campus:** A day pass may be purchased for \$1. There is one parking permit vending machine located next to the College Police kiosk in the front of the campus. This machine takes a one dollar bill or exact change (no pennies).
- **Community Learning Center:** A day pass may be purchased for 50 cents. There is one parking permit vending machine located at the front of the parking lot across from the main building entrance. This machine takes exact change (no pennies).
- **Technology Career Institute:** A parking permit is not required. Parking is free.

REFUND AND TRANSFER POLICY

Check refunds may take 4–6 weeks to process.

Class/Workshop Refund Policy: Refunds will be made up to three business days prior to the class start date. No refunds will be given once a class has started. A \$15 cancellation fee will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Excursion Refund Policy: Refunds will be made up to five business days before the excursion only if the excursion is full and someone on the waiting list is available to take your place. There will be a \$25 cancellation fee if a replacement can be found.

Workforce Training Refund Policy: Refunds will be made up to five business days, depending on course, prior to the class start date. A \$25 cancellation fee for work skills programs will be retained for each refund. A full refund will be given if a class is cancelled due to low enrollment. Unused attendance is not transferable to another class session.

Class/Workshop Transfer Policy: Transfers will be approved up to three business days prior to the class start date. Students must receive a verbal approval from Community Education before a transfer can be made.

For more information, email us at: commservices@miracosta.edu



Job Training, Workshops, Classes and Excursions

All of these offerings are affordable, fee-based and not-for-credit offerings.

REGISTRATION FORM **SPRING 20** _____ **SUMMER 20** _____ **FALL 20** _____

MAIL TO:
**Community Education
& Workforce Development**

**MiraCosta College
Technology Career Institute
2075 Las Palmas Drive
Carlsbad, CA 92011**

**YOU WILL RECEIVE AN EMAIL
CONFIRMING YOUR ENROLLMENT.**

Have questions? Call 760.795.6820.
Parking permits are required on
some campuses—see page 4.

Last ()	First ()	Middle Initial
Phone: Day	Evening	
Mailing Address		
City	Zip Code	
Email Address	Date of Birth	

Please list the courses you wish to attend:

Name of Class	Start Date	Location	Fee
Name of Class	Start Date	Location	Fee
			Total \$

Register by phone or online at miracosta.augusoft.net 24 hours a day with your credit card (or complete this registration form if you prefer):

VISA MASTERCARD DISCOVER CARD

Card Number	
Signature of Cardholder	Expiration Date

MiraCosta College reserves the right to change class location, schedules, fees and instructors when necessary. Please, no tape recording during classes without prior permission from the instructor. MiraCosta is pleased to welcome and admit students 18 years of age and over of any race, color, religion or national and ethnic origin to all classes. Students under 18 will be permitted to attend classes only with prior consent of the instructor and staff member.



Stan Stevenson

How to Draw Caricatures

All experience levels are welcome.

Having fun drawing someone's face is the definition of caricaturing. It's the process of exaggerating the likeness of a person. But, a good caricature must capture more than just a likeness; it must also capture the personality and essence of the person. In many ways, a good caricature can be more recognizable than a plain, traditional portrait. You will be shown how to do this (many demos) in this class!

Fee: \$135. Early Bird Special \$125 (Register BEFORE 3/20 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be included with your student confirmation upon registration.

Instructor: Stan Stevenson

Location: San Elijo Campus, Room T102

Time: 6 Saturdays, 3/28–5/9, 1–4 PM
No class on 4/11.

How to Draw Portraits That SELL

All experience levels are welcome.

Whether you are a beginner or seasoned artist, this class will teach you secret tips and techniques to draw portraits that sell. Have fun learning basic portrait anatomy and expressions, how to photograph your model, and the business of portrait selling from a pro who has painted over 3,000 portraits. You will be drawing at every class session!

Fee: \$135. Early Bird Special \$125 (Register BEFORE 1/25 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be included with your student confirmation upon registration.

Instructor: Stan Stevenson

Location: San Elijo Campus, Room T101

Time: 6 Saturdays, 2/1–3/14, 9 AM–12 PM
No class on 2/15.

Drawing Animals

All experience levels are welcome, especially the enthusiastic beginner!

Let's draw animals—from decoratively filled silhouettes to realistic head studies and expressive gesture drawings. Learn to render eyes, fur and feathers using pencil media, watercolor pencils, pen and ink. Working from photos, lessons will include freehand methods and the realistic artist's use of tools, such as grids and proportional dividers.

Fee: \$146. Early Bird Special \$136 (Register BEFORE 1/25 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be included with your student confirmation upon registration.

Instructor: Drew Bandish, artist

Location: San Elijo Campus, Room 406

Time: 6 Saturdays, 2/1–3/14, 9 AM–12:30 PM
No class on 2/15.

Watercolor—An Elemental Approach

All experience levels are welcome, especially the enthusiastic beginner!

Do you find inspiration in representational subjects (trees, rocks, water, sky, people, animals, buildings, flowers, shadows and colors) but are confused about how to paint them? Learn a logical, elemental approach to artfully depict representational subjects in watercolor while developing control of shape, color, value and texture in a watercolor medium.

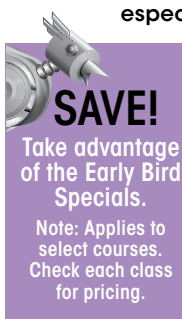
Fee: \$158. Early Bird Special \$148 (Register BEFORE 3/20 for this rate)

Supplies: A \$3 materials fee will be collected in class. A supplies list will be included with your student confirmation upon registration.

Instructor: Drew Bandish, artist

Location: San Elijo Campus, Room T101

Time: 7 Saturdays, 3/28–5/16, 9 AM–12:30 PM
No class on 4/11.



NEW Watercolor Journaling— A Page a Day

All experience levels welcome.

In this class, you will be creating a small journal to preserve your insights, memories, inspirations and interesting thoughts. You will learn skills focusing on proper picture placement, hand lettering, sketching, painting and color mixing techniques designed to produce the most interesting, unique and eye-catching journal pages. In a short time, you will have a record of your personal moments to either pass on to a loved one or keep for yourself.

Fee: \$99. Early Bird Special \$90
(Register BEFORE 2/5 for this rate)

Supplies: A \$3 materials fee will be collected in class for handouts. A supplies list will be sent prior to the start of class.

Instructor: Barbara Roth

Location: Fletcher Cove, Community Center

Time: 4 Tuesdays, 2/11–3/3, 10 AM–1 PM



Watercolor Practice Painting

All experience levels welcome.

Painting on the pages of a sketchbook is a low-stress way to improve your skills and develop the habit of painting on a regular basis. In this class, you'll practice painting a variety of subjects in your sketchbook. You will learn about fixing mistakes, mixing color, drawing, composition, creative thinking, adding dimension with values and more.

Fee: \$129. Early Bird Special \$119
(Register BEFORE 2/14 for this rate)

Supplies: A \$3 materials fee will be collected in class for pens, colored inks and handouts. A supplies list will be sent prior to the start of class.

Instructor: Barbara Roth

Location: Oceanside Campus, Room 2269

Time: 5 Saturdays, 2/22–3/28, 1–4 PM
No class on 3/21.

NEW Easy Watercolor Sketching and Painting on the Go

Have you always wanted to be able to sketch and paint in watercolors on the go? Then, this is the class for you! We will focus on drawing and painting techniques that lend themselves to quick sketching and painting. Learn to paint what you see—rustic doors, country landscapes, interesting windows, interior home scenes and more. You will be amazed at your newfound artistic skills and how organized your art supplies have become after taking this class.

Fee: \$99. Early Bird Special \$90
(Register BEFORE 3/10 for this rate)

Supplies: A \$3 materials fee will be collected in class for pens, colored inks and handouts. A supplies list will be sent prior to the start of class.

Instructor: Barbara Roth

Location: Fletcher Cove, Community Center

Time: 4 Tuesdays, 3/17–4/7, 10 AM–1 PM



Watercolor and More— Mature Adult

All skill levels are welcome, even first timers.

Would you like to paint with confidence by learning extremely fun and easy techniques to achieve quality results? Are you looking for a way to reduce stress and have a relaxing and creative experience in a supportive group? Then this is the class for you! Individual attention will be given to each student. You will be delighted with your successful paintings!

Fee: \$89. Early Bird Special \$78
(Register BEFORE 1/30 for class start date 2/4
and BEFORE 2/25 for class start date 3/31)

Supplies: A supplies list will be included with your student confirmation upon registration.

Instructor: Denise McMurtrie

Location: La Colonia Park, Conference Room

Time Options:

7 Tuesdays, 2/4–3/17, 1:30–3:30 PM

7 Tuesdays, 3/31–5/12, 1:30–3:30 PM

Painting at the Beach

This class is for all levels of painters from beginner to advanced. Paint in oil or acrylic. Class includes discussion, demonstrations and instruction. Topics covered include color mixing, brushstroke technique, values, perspective and composition. Each class ends with a critique designed to help evaluate how students are progressing in a friendly, nurturing atmosphere. Enjoy the ocean views and paint outside if you like!

Fee: : \$150. **Early Bird Special \$125** (Register **BEFORE 2/5** for class start date **2/12** and **BEFORE 3/25** for class start date **4/1**).

Supplies: A supplies list will be sent prior to the start of class.

Instructor: Amanda Parra-Settles

Location: Fletcher Cove, Community Center

Time Options:

6 Wednesdays, 2/12–3/18, 9 AM–12 PM

6 Wednesdays, 4/1–5/6, 9 AM–12 PM

Painting in Oil and Acrylics

All experience levels are welcome.

If you are interested in learning more about painting in oil and acrylic, this class is for you! New students, as well as seasoned painters, will benefit from learning about supplies, color mixing, composition, values and techniques, including brushstroke, dry brush, glazing and more through demonstrations and hands-on practice.

Fee: \$150. **Early Bird Special \$139** (Register **BEFORE 2/1** for class start date **2/6** and **BEFORE 3/19** for class start date **3/26**)

Supplies: A supplies list will be included with your student confirmation upon registration.

Instructor: Judy Sayer

Location: Fletcher Cove, Community Center

Time Options:

6 Thursdays, 2/6–3/12, 10:30 AM–1:30 PM

6 Thursdays, 3/26–5/7, 10:30 AM–1:30 PM

No class on 4/2.



INSTRUCTOR BIO:

Amanda Parra-Settles is a native San Diegan and has been painting and drawing all her life. She recently graduated from Cal Poly San Luis Obispo with a degree in Art and Design. Her work has been shown in numerous exhibits in the San Luis Obispo area. Her teaching style is one of mentoring and coaching with positive instruction and critiques.

Oil Painting for Pleasure

This is a class for new or experienced students with established drawing skills.

The goal is to better understand value, shape and color, and how to use them to create a harmonious painting. The class emphasis changes each semester, so there is continual learning of new skills. There will be a mix of painting with the class on a project and working independently. By the end of this course, you will have some finished paintings to proudly display in your home! Build the foundation you need to create great works of art.

Fee: \$129

Supplies: A \$5 materials fee will be collected in class. A supplies list will be sent by the instructor prior to the start of class.

Instructor: Anne von Benckendorff

Location: San Elijo Campus, Room T102

Time: 6 Saturdays, 2/1–3/14, 9 AM–12 PM
No class on 2/15.

Acting—Lights, Action and Sound

Monty Silverstone, father of actress Alicia Silverstone, will teach budding and experienced actors monologues, scene study, cold reading and improvisation.

Not only will you have fun, you might even be discovered. Class size limited. Enroll now!

Fee: \$165. **Early Bird Special \$155** (Register **BEFORE 2/12** for this rate)

Supplies: A \$15 materials fee will be collected in class.

Instructor: Monty Silverstone

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 2/19–3/25, 1:30–4:30 PM



Beginning Guitar

No experience necessary. If you know a minimal amount about the guitar, this is the class for you. This class covers guitar techniques, chords, strumming and some notation/theory. By the end of this class, you will have an understanding of chord structure and beginning strumming techniques. Most of the songs learned will be by The Beatles. No book required.

Fee: \$95. Early Bird Special \$85
(Register BEFORE 1/30 for this rate)

Supplies: Bring guitar, notebook and pen or pencil to class.

Instructor: Tony Lasley

Location: San Elijo Campus, Room 309

Time: 8 Mondays, 2/3–3/30, 6:30–7:30 PM
No class on 2/17.

Beginning Ukulele

Do you have a ukulele sitting in your house and would like to learn how to play it? Jam on the beach with friends and show off what you have learned. This course is open to those students who would like to learn to play the ukulele.

Fee: \$99. Early Bird Special \$90
(Register BEFORE 1/29 for this rate)

Supplies: A \$10 materials fee will be collected in class. Please bring your own ukulele, tuner, 3-ring binder, notebook and pencil with eraser to class.

Instructor: Zenia Panao

Location: San Elijo Campus, Room T121

Time: 8 Tuesdays, 2/4–3/24, 6:30–8 PM

Beginning Blues Harmonica

This class will get you quickly “jamming da blues” as you learn the many techniques to make the harmonica cry, moan and wail the blues! Through this fun, one-night workshop, you will learn proper breathing techniques, blues harmonica rhythms, improvisational techniques and how to effectively solo and practice.

Fee: \$49. Early Bird Special \$45
(Register BEFORE 2/29 for this rate)

Supplies: A \$15 materials fee will be collected in class. Please bring your own C major diatonic harmonica, or you can purchase one in class for \$13.

Instructor: Dave Broida

Location: Oceanside Campus, Room 3106

Time: 1 Monday, 3/9, 6–8 PM

NEW Campfire Songs for Guitar

This is the next step after you have taken “Beginning Guitar.”

Ever wanted to play some campfire songs for your family and friends? Learn how to play classic campfire songs on acoustic guitar. Sharpen your skills to play at the beach, park, or other group events. This class is for those who have taken beginning guitar or who have equivalent experience.

Fee: \$85. Early Bird Special \$70
(Register BEFORE 3/31 for this rate)

Supplies: Bring guitar, notebook and pen or pencil to class.

Instructor: Tony Lasley

Location: San Elijo Campus, Room 309

Time: 6 Mondays, 4/6–5/11, 6:30–7:45 PM



Coastal Communities Concert Band

Under the direction of Tom Cole, the 75-piece Coastal Communities Concert Band rehearses every Monday night at Oak Crest Middle School from 7–9:30 PM. Membership is based on experience and needed instrumentation. Call the personnel manager at 760.533.2333 to learn about joining. If your section is full, you may be put on a waiting list until a vacancy occurs. Our “Salute to Young Musicians” concert are as follows: 4/26 at 2 PM–San Dieguito Academy and 6/28 at 2 PM–Carlsbad Community Church. For more information, please visit cccband.com.

Fee: \$75

Instructor: Tom Cole

Location: Oak Crest Middle School, Crest Hall

Time: Mondays, 2/3–5/18, 7–9:30 PM





Getting Started with Your dSLR

In this workshop, you will learn how to set up your camera to optimize the quality of your photographs. We will cover important topics of white balance and ISO, allowing you to shoot under difficult conditions. Additionally, you will learn about the little icons on your shooting dial. After you have completed this class, you'll be able to take pictures right away!

Fee: \$57

Supplies: A \$3 materials fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Location: San Elijo Campus, Room 303

Time: 1 Tuesday, 2/11, 6:30–8:30 PM

Location: Oceanside Campus, Room 3103

Time: 1 Wednesday, 4/22, 6:30–8:30 PM

From Good to Great Photos: Understanding Aperture and Shutter Speed

Even if you didn't realize it, this is probably why you bought your dSLR in the first place. Aperture and shutter speed can be daunting concepts to understand on your own. Once you master these aspects of photography, it's what is going to separate your pictures from the rest. We will also take a look at some of the pictures you took after your first session for constructive evaluation. After this class, you'll be able to practice depth-of-field and capture motion and time.

Fee: \$57

Supplies: A \$3 materials fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Location: San Elijo Campus, Room 303

Time: 1 Tuesday, 2/18, 6:30–8:30 PM

Location: Oceanside Campus, Room 3103

Time: 1 Wednesday, 4/29, 6:30–8:30 PM

Digital SLR Photography Series



Introductory digital SLR photography series can be taken as individual courses for \$57, or together for only \$135!

The photography topics are interrelated and affect one another, so we recommend you take all three (Getting Started with Your dSLR, Aperture and Shutter Speed and Making Shooting Perfect Pictures Easy) to get a complete understanding of the camera and picture-taking.

Making Shooting Perfect Pictures Easy

The primary strategy for achieving great pictures is proper lighting, no matter what kind of camera you have. To make getting that perfect shot easy, we will cover lens focal length, exposure compensation, bracketing, auto focus points and flash. You will be surprised at how advanced you become after this class.

Fee: \$57

Supplies: A \$3 materials fee will be collected in class. Please bring your camera and manual to class.

Instructor: Terry Matsuoka

Location: San Elijo Campus, Room 303

Time: 1 Tuesday, 2/25, 6:30–8:30 PM

Location: Oceanside Campus, Room 3103

Time: 1 Wednesday, 5/6, 6:30–8:30 PM



NEW **Beginning Machine Quilting**

In this class, you will learn all the basics to create beautiful quilted designs. Class will cover accurate cutting techniques, piecing fabric together, how to properly attach binding and quilt assembly. All the techniques will show how to accomplish a quilt of any size. Come learn and express your creativity. A sewing machine is required to complete your quilt project.

Fee: \$65. Early Bird Special \$59 (Register BEFORE 2/29 for this rate)

Supplies: Bringing sewing machine to class is optional. Bring scissors, a rotary cutter and a ruler.

Instructor: Kimberley Freund

Location: Oceanside Campus, Room 4901

Time: 2 Tuesdays, 3/3–3/10, 5:30–8:30 PM

Knitting Basics and Beyond

All experience levels are welcome.

Learn the timeless art of knitting while unlocking your creativity in this no-stress class. Taught by a certified knitting instructor, each session will be divided into two parts. First, we will explore topics through lecture and hands-on practice. Then, knitters will have time to work on their own projects, consult with the instructor on specific issues and share in the relaxing experience of knitting as a part of a community.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 1/23 for this rate)

Supplies: A \$3 material fee will be collected in class for lesson handouts. A supplies list will be sent by the instructor prior to the start of class.

Instructor: Karen des Jardins

Location: San Elijo Campus, Room 302

Time: 6 Tuesdays (every other Tuesdays), 1/28–4/7 6–8:30 PM

Stained Glass for Beginners

Create your own beautiful stained glass art pieces and windows! Learn the art of stained glass from a master cutter, right in a stained glass studio. In this comprehensive workshop, you will learn the basics of design and assembly, as well as the use of the tools needed to develop beautiful stained glass artwork. By the end of the workshop, you will

have created as many as three projects suitable for display or sale (depending on your speed and ability).

Fee: \$125. Early Bird Special \$115 (Register BEFORE 2/27 for this rate)

Supplies: A \$45 per-project materials fee for glass, solder, lead and copper will be collected in class. On-site sales of tools available. Bring snacks.

Instructor: Don Myers

Location: Don Myers Stained Glass
1025 S. Coast Highway, Oceanside

Time: 3 Saturdays, 3/7–3/21, 11 AM–2 PM



Draping, Drafting and Fitting for Garment Design

All experience levels are welcome.

The art of fashion draping is the manipulation of fabric on a three-dimensional form to obtain perfect fit and harmony between the fabric, design of the garment and the silhouette of the model. It allows for more inspiration as you learn the draping method and see the proportion, balance and style lines of a design emerge.

Fee: \$120. Early Bird Special \$110 (Register BEFORE 2/29 for this rate)

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A materials list will be included with your student confirmation upon registration.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 3/7–4/4, 10 AM–3 PM
No class on 3/21.

Sewing High Fashion Clothing Design

All experience levels are welcome.

Learn how to make garments with style, proper fit and a high fashion look! Choose the correct size based on body frame, shape and measurements. Learn high quality clothing construction techniques in this class. Let your imagination soar and delight yourself while making garments you always wanted.

Fee: \$120. Early Bird Special \$110 (Register BEFORE 4/4 for this rate)

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A materials list will be included with your student confirmation upon registration.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 4/18–5/9, 10 AM–3 PM



Pattern Making and Sewing

All experience levels are welcome.

Make perfect fitting patterns for bodice, sleeves, skirt and pants! Learn the art of taking measurements, pattern drafting (using templates in your size provided by the instructor), fitting, grading, and sewing of the test garment. Enjoy learning how design can showcase your unique, beautiful body shape.

Fee: \$120. Early Bird Special \$110 (Register BEFORE 1/28 for this rate)

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A materials list will be included with your student confirmation upon registration.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 4 Saturdays, 2/1–2/29, 10 AM–3 PM
No class on 2/15.



Sewing Showcase

All experience levels are welcome.

A sewing class made for you, new students and returning students. Come to a class of show and tell, to model your masterpieces, to brainstorm new ideas and get advice from your instructor, Angela who has over 45 years of sewing experience. Ask a friend to join you in this fun class.

Fee: \$26

Supplies: Sewing machines are not required for this class nor are they available for use. Bring a sack lunch. A materials list will be included with your student confirmation upon registration.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 4529

Time: 1 Saturday, 5/16, 10 AM–3 PM

Beginning Upholstery

Learn the craft of upholstery in this interesting and informative hands-on class. This class will focus on the basic fundamentals, techniques and terminology of upholstery and how to properly plan and execute a project. This class is suitable for students new to the field as well as the DIYer. Bring your own projects to class to work on. First time project suggestions are: wing, side and dining chairs, stools, benches, ottomans, cushions and upholstered accessories are recommended. Those students entering the field will begin to prepare a professional portfolio. Upholstery of sofas and large items (no recliners) are reserved for advanced students. Topics include:

- Tools, terms and supplies
- Overview of sewing machines
- Measuring and estimating
- Pattern layout (charting)
- Selecting fabrics

Note: Please bring binder and paper for notes. Shopping resources for supplies will be given.

Fee: \$185. Early Bird Special \$175 (Register BEFORE 1/30 for this rate)

Supplies: A \$20 materials fee will be collected in class. Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road, Oceanside

Time: 8 Tuesdays, 2/4–3/24, 12–4 PM



Upholstery—All Levels

This class is suitable for beginner students, the DIYer, advanced students and those already in the field. Classes will focus on styling, identifying different types of fabrics and furniture styles and furniture building techniques and construction. Beginner students will learn basic fundamentals, techniques, terminology and how to plan and execute a project. Advanced students will build on their intermediate knowledge while learning additional, more difficult techniques. Both beginner and advanced students will gain a working knowledge of wood finishes and minor wood restoration. Those students already in the field will be adding to their current portfolio, as well as editing its content as skills improve. Upholstery of sofas and large items are scheduled one-item-at-a-time on a proven skills basis (no recliners).

Note: Please bring binder and paper for notes. Shopping resources for supplies will be given.

Fee: \$185. Early Bird Special \$175 (Register BEFORE 2/1 for this rate)

Supplies: A \$20 materials fee will be collected in class. Limited supplies included.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road Oceanside

Time: 8 Thursdays, 2/6–3/26, 5–9 PM



Upholstery and Wood Restoration—Furniture Re-Imagined

All experience levels are welcome.

Inspired by a popular DIY show, Furniture Re-Imagined is a class that explores different finishes, upholstery fabrics and the repurposing of traditional furniture. Bring your chairs, small dressers, side tables and headboards.

Topics include:

- How to prep wood
- Painting furniture
- Antiquing and distressing
- Re-styling
- Fabrics

Note: Please bring binder and paper for notes. Resources for your supplies will be given (no sofas or large items please).

Fee: \$220. Early Bird Special \$210 (Register BEFORE 2/1 for this rate)

Supplies: A \$20 materials fee will be collected in class. Students who are working on refinishing/painting wood furniture are not subject to a materials fee.

Instructor: Mary Cortmyer

Location: Landes Recreation Center
2855 Cedar Road Oceanside

Time: 8 Saturdays, 2/8–3/28, 9 AM–3 PM

**Microsoft Excel 2-Day Workshop
— One Step Above the Basics**

In this class, learn with easy-to-understand instructions focusing on how to create and edit basic worksheets and workbooks that will give you a solid understanding of the functionality of Excel. Learn how to make spreadsheets more professional, write basic mathematical formulas, sort and analyze data, create charts and graphs plus much more! **Students should know how to use the keyboard and mouse as well as how to open and save a file. For those students not using Excel on a regular basis, we encourage you to first take the Microsoft Office Suite Workshop.**

Fee: \$105. Early Bird Special \$95 (Register BEFORE 3/20 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring an empty USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 2 Saturdays, 3/28 & 4/4, 9 AM–1 PM



Microsoft Excel for the Business Professional—2-Day Workshop

Students must be familiar with the basics of Microsoft Excel.

In this workshop, you will move beyond opening a spreadsheet and typing in values. Topics include:

- Create user-friendly worksheets through the use of cell and table style galleries to quickly format your spreadsheet exactly the way you want
- Use Excel’s conditional formatting feature
- Create reports with interactive charts and Pivot tables
- Write powerful formulas that will help you perform complex math functions, make decisions and find values in a table

Fee: \$105. Early Bird Special \$95 (Register BEFORE 4/11 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring an empty USB flash drive and notebook.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 4/18 & 4/25, 10 AM–2 PM

ATTENTION COMPUTER STUDENTS

You are required to bring a backup medium for your files. We recommend at least an empty 2 GB USB flash drive.



Microsoft Office Suite Workshop

Essential training on Word, Excel and PowerPoint for businesses and working from home on a PC.

Day 1: MS Word. Students will use real-world examples to learn the core features and tools of this program. Learn how to orient yourself to MS Word interface, then delve into the functionality at the heart of Word: creating, editing and formatting documents.

Day 2: MS Excel. Learn tips and shortcuts to increase efficiency to get the full power out of Excel. Get more familiar with the ribbon and quick access toolbar, navigating workbooks and selecting cells, and learn tips for data entry and editing.

Day 3: PowerPoint. Learn to engage an audience with images, charts and diagrams by producing a professional presentation. This course covers how to start a presentation from scratch, apply slide layouts for consistency, rearrange slides and run a presentation for an audience.

Fee: \$155. Early Bird Special \$145 (Register BEFORE 2/14 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring an empty USB flash drive.

Instructor: Mary Ann Wallner

Location: Oceanside Campus, Room 4607

Time: 3 Saturdays, 2/22–3/7, 9 AM–1 PM

Certificate of Accomplishment available for \$20.

Beginning Photoshop Workshop

Are you a digital photographer? Would you like to know more about how to edit and improve your photos? If so, then this short two-day hands-on workshop is for you! The class begins with an overview of the Photoshop workspace including a discussion of the key photo-editing tools. The course content then expands to include more advanced topics, such as combining images, using filters and adjustments for interesting effects, as well as working with layers and brushes to create unique artistic works.

Note: Students should have basic computer and mouse skills. Bring a sack lunch.

Fee: \$105. Early Bird Special \$95 (Register BEFORE 2/22 for this rate)

Supplies: A \$5 materials fee will be collected in class. Students should bring a USB flash drive, notebook and pen.

Instructor: Gary Koop

Location: San Elijo Campus, Room 107

Time: 2 Saturdays, 2/29–3/7, 10 AM–2:30 PM (with 30 minute lunch)

Introduction to QuickBooks Workshop

You will receive hands-on experience using QuickBooks Pro software designed to help small and medium sized businesses maintain financial data with ease and accuracy. We will begin with an introduction to basic accounting fundamentals, then learn how to maneuver through the software easily, as well as delve into basic file management principles. Then, we focus on the basic skills needed to effectively deal with customers, vendors, banking transactions and what happens “behind the scenes,” as QuickBooks helps you manage financial data including balance sheets and profit and loss statements.

Fee: \$130. Early Bird Special \$120 (Register BEFORE 1/28 for this rate)

Supplies: A \$15 materials fee will be collected in class. Students should bring a USB flash drive and notebook. Bring a snack or sack lunch.

Instructor: Mary Ann Wallner

Location: San Elijo Campus, Room 108

Time: 2 Saturdays, 2/1–2/8, 10 AM–2 PM

NEW How to Design a Website Using Wix: A Beginner's Guide

If you're just getting started in web design or want to enhance your existing website, then this is the course for you. Learn how to design a professional looking website in Wix using current industry trends. This course will focus on the process of making a website step-by-step. We'll cover how to work with images, choose great fonts, and review design principles that'll help you create your own beautiful website. No coding required.

Note: Student must know how to navigate the internet and use a computer.

Fee: \$125. Early Bird Special \$99 (Register BEFORE 4/4 for this rate)

Supplies: Students may opt to purchase a Wix Premium Plan for a custom domain and additional features.

Instructor: Melissa Regina

Location: Oceanside Campus, Room 4607

Time: 4 Saturdays, 4/11-5/2, 9 AM–12:30 PM



INSTRUCTOR BIO:

Melissa Regina is a graphic and web designer who started a marketing career in 2000. In 2008, she launched her freelance design studio and, since then, has collaborated with agencies and in-house marketing teams on projects for a wide range of companies including Welk Resorts, UnitedHealth Group, Marriott Corporation, TaylorMade Golf Company, and Quiksilver. Melissa has extensive experience designing user-centric websites, building brands from the ground up, and creating custom designs for multichannel campaigns.



The Best Program in North County

There are two requirements in order to get a driver's license in the state of California before the age of 18. 1) **Classroom Drivers Education** and 2) **Behind-the-Wheel Drivers Training**. MiraCosta College offers both! Students must be at least 15 to take drivers education classes and 15 ½ to take behind-the-wheel training.

OUR PACKAGE DEAL*

Sign up for both programs at the same time and pay **\$380**. This is a **\$45** savings! Individually, Drivers Education is \$95 and Behind-the-Wheel is **\$330**.

Please call 760.795.6825 for more information.

CALIFORNIA DMV-APPROVED ONLINE DRIVERS EDUCATION

Fee: \$30. (Package deal does not apply to Online Drivers Education.)

You must register online:
miracostacollege.courseinstruction.com/course/register/1

Classroom Drivers Education Fee: \$95

Certified instructors interact with students using guest speakers, contemporary audio/visual aids and the most recent edition of *License to Drive*. Please call 760.795.6825.

MiraCosta College Oceanside Campus

1 Barnard Drive, Oceanside, Room 3201

Four Saturdays, 8 AM–3:15 PM

- 1/4–2/1/2020. *No class on 1/18.*
- 2/8–3/7/2020. *No class on 2/15.*
- 3/14–4/11/2020. *No class on 3/21.*
- 4/18–5/9/2020
- 5/16–6/13/2020. *No class on 5/23.*

MiraCosta College San Elijo Campus

3333 Manchester Avenue, Cardiff, Room 407

Four Saturdays, 8 AM–3:15 PM

- 2/8–3/7/2020. *No class on 2/15.*
- 4/18–5/9/2020

Adult Drivers Training

Fee: \$353

(18 years of age and older)

Lessons consist of three days of training, two hours per day. The instructor will pick you up at your home. You must have a valid California learner's permit to sign up. (Package deal does not apply.)

Call 760.231.1221 to register.



Behind-The-Wheel Training Fee: \$330

Six hours of one-on-one training

Students receive six hours of one-on-one instruction in our Behind-the-Wheel Drivers Training Program.



Convenient times after school, evenings, and weekends are available. Behind-the-Wheel Drivers Training pickup locations: Carlsbad High, El Camino High, Rancho Buena Vista High, La Costa Canyon High, Sage Creek High, MiraCosta College in Oceanside and MiraCosta College in Cardiff. All licensed instructors are professional and reliable. Our courses satisfy all DMV requirements.

To register for Behind-the-Wheel Training, please call 760.231.1221.

Pre-enrollment is required for both Classroom Drivers Education and Behind-the-Wheel Drivers Training programs. Please call 760.795.6825 or 760.795.6820 to register over the phone with a Visa, MasterCard or Discover Card or come in person to the MiraCosta College Oceanside Campus, Building T510, or TCI Campus in Carlsbad. You can also register online at miracosta.augusoft.net. To register for Behind-the-Wheel Training only, call 760.231.1221.

**You must complete the Behind-the-Wheel Drivers Training Program within one year of completing Classroom Drivers Education.*



NEW Introduction to Swing and Jitterbug

No experience required.

Swing dancing is lively, versatile, calorie blasting, super fun and happening all over town. Get in on the action with this beginner class. You will learn Swing and Jitterbug dance basics, fun combinations, how to hear and match a music beat, adjust to different types of music, proper lead and follow, and much more. Partners recommended but not required.

Fee: \$102. Early Bird Special \$95 (Register BEFORE 1/30 for this rate)

Supplies: Bring water bottle. Wear comfortable clothes and shoes with little or no traction. Leather-soled shoes recommended.

Instructor: Liz O'Grady

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 2/5–3/11, 7–8 PM

NEW Latin Dance—Cha-Cha and Rumba

No experience required.

Latin dancing is hot, hot, hot! Cha-Cha is great for upbeat pop and Latin music. Its slow romantic cousin, Rumba perfectly suits Latin jazz, smooth pop, and more. You will also find both of these dances at Salsa nightclubs. If you want to expand your repertoire, this class is for you. You will learn basic steps and combinations. Partners recommended but not required.

Fee: \$102. Early Bird Special \$95 (Register BEFORE 3/18 for this rate)

Supplies: Bring water bottle. Wear comfortable clothes and shoes with little or no traction. Leather-soled shoes recommended.

Instructor: Liz O'Grady

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 3/25–4/29, 6–7 PM

NEW Introduction to Ballroom Dance—Foxtrot and Waltz

No experience required.

Feel like you are “dancing with the stars!” Learn how to flow and glide around the floor with these elegant ballroom dances. In this class, you will learn basic steps, traveling combinations, secrets to graceful movements, partner dance fundamentals, proper lead and follow techniques, and more. Partners recommended but not required.

Fee: \$102. Early Bird Special \$95 (Register BEFORE 1/30 for this rate)

Supplies: Bring water bottle. Wear comfortable clothes and shoes with little or no traction. Leather-soled shoes recommended.

Instructor: Liz O'Grady

Location: Fletcher Cove, Community Room

Time: 6 Wednesdays, 2/5–3/11, 6–7 PM

INSTRUCTOR BIO:

Liz O'Grady is a popular ballroom dancer and instructor. She's been tapped to teach, choreograph and perform for national charities, local schools and arts programs (San Diegoito Academy, Dancing with the Local Stars). She's founded and/or performed in multiple dance companies and been interviewed for wedding dance advice by major wedding publications (*Brides*, *San Diego Style Weddings*). She's also helped launch thousands of marriages on the right foot by giving couples peace of mind and happy feet for their wedding dance. Her reputation for joy, patience and enthusiasm is legendary.

NEW Let's Salsa and Bachata Dance

**No partner necessary.
All levels are welcome.**

Whether your intention is for fun, fitness, or an event, learning to Salsa and Bachata dance is a great way to make new memories that will last a lifetime. You will work on footwork, turns, patterns, shines, as well as proper posture, weight transfer, frame and connection. Become more comfortable and confident in both leading and following, as well as timing. This class is available for couples and individuals alike.

**Fee: \$102. Early Bird Special \$95
(Register BEFORE 3/24 for this rate)**

Supplies: Bring water bottle and wear comfortable clothes and shoes with little or no traction. Leather-soled shoes recommended.

Instructor: Cindy de Groot

Location: Oceanside Campus, Room 5101

Time: 6 Thursdays, 3/26–4/30, 6–7 PM

NEW RELAXercise Techniques

No experience required.

In this you class, you will learn the fundamentals of stress theory and a variety of mind/body techniques to achieve relaxation. We will use yoga and Pilates inspired moves, stretching, breathing, grounding and cleansing exercises, as well as progressive relaxation techniques using imaginary travel as a part of the meditation.

**Fee: \$102. Early Bird Special \$95
(Register BEFORE 3/24 for this rate)**

Supplies: Bring water bottle and wear comfortable clothes and shoes with little or no traction. Leather-soled shoes recommended.

Instructor: Cindy de Groot

Location: Oceanside Campus, Room 5101

Time: 6 Thursdays, 3/26–4/30, 7–8 PM

INSTRUCTOR BIO: Originally from the Netherlands, **Cindy de Groot** began her career as a professional dancer in 2003 and has been internationally active in various theater and television productions. She expanded her skills in Salsa dance after becoming a certified teacher in Jazz dance and Zumba. Her dance style has been heavily influenced by her travel experiences, from Australia to South America and the Caribbean. Passionate about teaching, Cindy's goal as an instructor is to help people relax, have fun and create a connection with themselves and others through dance.

NEW Tap N Jazz

No experience required.

Learn Tap N Jazz dance steps in a fun and supportive environment. Dancing promotes improved muscle strength, mental acuity and cardiovascular health. Tap dance helps you develop both mental and physical confidence. This is a fun beginning Tap N Jazz dance class that explores the fundamentals of movement, rhythm and timing. You will gain coordination and muscle control while building stamina and endurance. Come start your week with some toe-tapping fun!

**Fee: \$110. Early Bird Special \$89
(Register BEFORE 2/14 for this rate)**

Supplies: Bring tap and jazz shoes to wear during class.

Instructor: Geri Jones

Location: Fletcher Cove, Community Room

Time: 7 Mondays, 2/24–4/13, 10:30–11:30 AM
No class on 4/6.

Country Line Dance:
Beginner/Low Intermediate

Come on out and kick up your heels!

This fun and energetic line dance class, set to country, pop and R&B, will teach you dances popular at local line dance clubs. Recommended for anyone who wants to learn to line dance: beginner to low intermediate levels welcome. Great for cardio fitness, improved muscle strength and memory retention.

**Fee: \$95. Early Bird Special \$85
(Register BEFORE 1/31 for class start date 2/5
and BEFORE 3/25 for class start date 4/1)**

Supplies: Wear soft, smooth-soled shoes.

Instructor: Vicki Deriso

Location: Oceanside Campus, Room 5101

Time Options:

7 Wednesdays, 2/5–3/18, 7–8 PM

7 Wednesdays, 4/1–5/13, 7–8 PM

Balance/Coordination for Active Older Adults

In this class, you will experience simple and safe, yet challenging exercises designed to improve balance and coordination. Included in this program are exercises that will improve "core" muscle strength, as well as overall muscular strength. Participants will move in some unfamiliar ways, such as backwards, tilting and turning. Fall prevention and recovery will be practiced throughout the class.

Fee: \$85

Instructor: Colleen Soto

Location: La Colonia Park, Main Hall

Time: 17 Fridays, 1/10–5/15, 10–11 AM
No class on 3/20 & 5/1.

NEW Energy Exchange for Active Older Adults

Are you craving more energy? Do you want to feel your very best each and every day? Then this is the class you have been looking for! Join the fun as you work out with cardio, resistance, balance, mental focus, stretch and flexibility! All exercises are done either standing or using a chair. This workout has been developed for active older adults with goals of maintaining and improving lifestyle fitness.

Note: Complimentary parking available until 11:15 AM at Jake's Del Mar Restaurant

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring towel and water.

Instructor: Leslie Siegel

Location: Del Mar Powerhouse, Community Room

Fee: \$60

Time Options:

12 sessions. Tuesdays & Thursdays 1/7–2/13
10–11 AM

12 sessions. Tuesdays & Thursdays 2/25–4/2
10–11 AM

Fee: \$70

Time: 14 sessions. Tuesdays & Thursdays
4/14–5/28, 10–11 AM



Fitness for Active Older Adults

Combine fun with fitness as you workout with energetic, active adults. The exercises presented in this class are specifically designed to prevent injuries and improve and maintain quality of life. All participants are encouraged to challenge their individual fitness level to maintain and improve overall health. This class is geared to the senior exerciser seeking improved strength, vitality and an active lifestyle.

Supplies: Students are encouraged to wear comfortable clothing and supportive exercise shoes. Please bring hand-held weights, towel, thick exercise mat and water to class. Most yoga mats are too thin for the floor work.

Instructor: Colleen Soto

Location: La Colonia Park, Main Hall

Fee: \$140

Time Options: 28 sessions. Mondays, Wednesdays & Fridays, 1/6–3/13, 7:45–8:45 AM **OR** 9–10 AM
No class on 1/20 & 2/17.

Fee: \$130

Time Options: 26 sessions. Mondays, Wednesdays & Fridays, 3/23–5/22, 7:45–8:45 AM **OR** 9–10 AM
No class on 5/4.

Instructor: Leslie Siegel

Location: Ocean Air, Gym

Fee: \$60

Time Options:

12 sessions. Wednesdays & Fridays, 1/8–2/14
8:45–10 AM

12 sessions. Wednesdays & Fridays 2/26–4/3
8:45–10 AM

Fee: \$70

Time: 14 sessions. Wednesdays & Fridays
4/15–5/29, 8:45–10 AM

Instructor: Susan Bornhof

Location: Del Mar Powerhouse, Community Room

Fee: \$60

Time Options:

12 sessions. Tuesdays & Thursdays, 1/7–2/13
8:45–9:45 AM

12 sessions. Tuesdays & Thursdays, 2/25–4/7
8:45–9:45 AM. *No class on 3/19.*

Fee: \$55

11 sessions. Tuesdays & Thursdays, 4/21–5/26
8:45–9:45 AM





T'ai Chi by the Sea

—Del Mar Powerhouse

Inhale a deep ocean-fresh breath and RELAX! Join our practice of T'ai Chi Ch'uan, the ancient, world-renowned Chinese fitness and martial arts exercise that stimulates and circulates your vital internal chi energy and conditions your whole body. Practicing a fluid set of yin/yang, easy-to-learn movements promotes balance, harmony and coordination, while improving strength, flexibility and posture. Learn Five Elements and other T'ai Chi forms.

Fee: \$89. Early Bird Special \$77
(Register BEFORE 1/31 for this rate)

Supplies: Wear comfortable clothes and shoes.

Instructor: Mary Ann Sowards

Location: Del Mar Powerhouse, Community Room

Time: 8 Mondays, 2/3–3/30, 9:15–10:15 AM
No class on 2/17.

Pilates Mat Class

Pilates Mat class is a total body workout done on a mat with resistance exercises that does not impact joints. The exercises challenge your core, as well as stretching and strengthening your entire body. This class is taught in a focused and fun environment for all to benefit and enjoy. You will leave this class feeling stronger, energized and ready to start your day!

Fee: \$79. Early Bird Special \$69
(Register BEFORE 2/1 for this rate)

Supplies: Please bring exercise mat to class.

Instructor: Geri Jones

Location: Fletcher Cove, Community Room

Time Options:

7 Mondays, 2/10–3/30, 9:15–10:15 AM
No class on 2/17.

7 Thursdays, 2/13–3/26, 9:15–10:15 AM

T'ai Chi by the Sea—Fletcher Cove



SAVE!
Take advantage
of the Early Bird
Specials.

Note: Applies to
select courses.
Check each class
for pricing.

Achieve t'ai chi fitness at our cottage high above Solana Beach. Learn this ancient Chinese full body-mind-health exercise while practicing the harmonizing yin/yang principles—relaxation, deep breathing, movement that stimulate and circulate vital internal energy. Improve your balance, flexibility, coordination, strength and posture.

Fee: \$89. Early Bird Special \$77
(Register BEFORE 2/1 for this rate)

Supplies: Wear flat, non-skid shoes.

Instructor: Mary Ann Sowards

Location: Fletcher Cove, Community Room

T'ai Chi Level 1

Students will learn the Five Elements, Five Animals, Pat Down, along with the basic flowing steps and patterns.

Time: 8 Fridays, 2/7–4/10, 8:45–9:45 AM
No class on 2/14 & 3/20.

T'ai Chi Level 2

Students will learn the world famous 24-movement Yang-style form.

Time: 8 Fridays, 2/7–4/10, 10–11 AM
No class on 2/14 & 3/20.

{ For additional class dates check
online or call us! }



NEW **Function and Flow, Postural Alignment**

All adults are welcome. Function and Flow is a postural alignment class in which students are instructed in exercises designed to reduce rotation and other postural dysfunctions. Students will develop a greater range of motion and learn how to live pain free. The instructor Jill Sommer is a certified Postural Alignment Specialist through Egoscue University.

Note: Ability to lie down on the floor, be on hands and knees, as well as stand during exercises is required.

Fee: \$85. Early Bird Special \$80 (Register BEFORE 2/11 for this rate)

Supplies: Students are encouraged to wear comfortable clothing and exercise shoes with support. Please bring yoga mat, 2 yoga blocks and a yoga strap.

Instructor: Jill Sommer

Location: La Colonia Park, Main Hall

Time: 8 sessions Tuesdays & Thursdays, 2/18–3/17 12–1 PM. *No class on 3/3.*



HAVE A PASSION FOR TEACHING?

Do you have an idea for a class that you would like to propose? Please visit the website below to access a course proposal form or contact our office for additional information!

For more information go to miracosta.augusoft.net to submit a course proposal

Meal Prep “Make and Take” Cooking Class

Chef Vallie Gilley of O’side Kitchen Collaborative demonstrates a Sunday supper with quick and easy meal prep ideas for a healthy, waste-free week. Learn how to create a well prepared meal plan in a hands-on style at the Green Oceanside Kitchen. Focused on healthy, zero-waste cooking, you’ll be ready for your busy week.

Fee: 49. Early Bird Special \$59 (Register BEFORE 4/30 for this rate)

Instructor: Chef Vallie Gilley

Location: Green Oceanside Kitchen 300 North Coast Highway, Oceanside, CA 92054

Time: 1 Saturday, 5/9, 12–2:30 PM





NEW **Vive La France!**

Certified Sommelier Dane Kuta leads a tasting of wines from all the major wine regions of France—six wines per session. Try various styles of classic French wine, such as Chardonnay from Chablis, Pinot Noir from Burgundy, Syrah from the Rhône Valley, beautiful blends from Bordeaux and of course bubbles from Champagne. We'll also take a short detour and sample some offerings from the neighboring Old World countries of Germany and Spain. Vive La France! Must be 21 years or older to register.

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience.

Fee: \$110. Early Bird Special \$89 (Register BEFORE 3/18 for this rate)

Supplies: A \$70 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Dane Kuta

Location: San Elijo Campus, Room 406

Time: 6 Wednesdays, 3/25–5/6, 7:15–9:15 PM
No class on 4/8.

Italian Wine, Food and Culture

If you love everything Italian, then this class is for you! Immerse yourself in Italian wine, food and culture as Sommelier Dane Kuta guides you through the most well-known wine and food regions of Italy. You will discover some hidden gems as well. We'll also delve into some Italian music, art and fashion. If Sangiovese, truffles or Parmigiano-Reggiano are your passions, you won't want to miss this! Must be 21 years or older to register.

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience.

Fee: \$110. Early Bird Special \$89 (Register BEFORE 1/31 for this rate)

Supplies: A \$70 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Dane Kuta

Location: San Elijo Campus, Room 406

Time: 6 Wednesdays, 2/5–3/18, 7:15–9:15 PM
No class on 2/19.

“Phenomenal class, informative, fun, well prepared, great wine selections, and entertaining!”

– Peter Reipert, Student –

Explore California!

Enjoy affordable costs and wonderful tours

Call 760.795.6820 to sign up now!



HAMILTON

The Broadway Musical at Pantages Theatre

SATURDAY MAY 9

Book early for \$225. See details on page 33.

NEW Wine, Chocolate and Cheese Pairing

Who doesn't love wine, chocolate and cheese? Join Sommelier Bridget West for five fun weeks exploring cheeses and chocolates from all over the world and wines that pair with them! We will be tasting everything from Champagne to Port and Sherry. We will even make our own cheese! Just in time for Valentine's Day—sign up now! Must be 21 years or older to register.

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience.

Fee: \$105. Early Bird Special \$85 (Register BEFORE 1/30 for this rate)

Supplies: A \$60 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Bridget West

Location: San Elijo Campus, Room 406

Time: 5 Tuesdays, 2/4–3/3, 7:15–9:15 PM



Taste Wine Like a Pro

Join Sommelier Bridget West and learn how to drink and purchase wine like a pro! Throughout this interactive class, you will learn about wine production from vineyard to bottle. Learn to swirl, sniff and sip as you experience wines from some of the most famous wine producing regions of the world using the sommelier's blind tasting method. Must be 21 years or older to register.

Note: Please refrain from wearing strong fragrances or colognes, as they will interfere with your learning experience.

Fee: \$110. Early Bird Special \$89 (Register BEFORE 1/30 for this rate)

Supplies: A \$70 materials fee will be collected in class. Please bring three wine glasses, pen and paper to each class.

Instructor: Bridget West

Location: San Elijo Campus, Room 406

Time: 6 Mondays, 2/3–3/23, 7:15–9:15 PM
No class on 2/17 & 3/9.

NEW Simple, Easy, Every Day Meditation™ (SEED™) Workshop

Do you want to get serious about learning to meditate—then you must take this class!

Meditation and mindfulness can lead to inner peace, creativity, inspiration, harmonious relationships, better health and increased self-awareness. This class is ideal for the beginner or the practicing meditator. Taking this workshop will provide you with the tools and knowledge required to start a mediation routine in the comfort and privacy of your own home.

Fee: \$55. Early Bird Special \$49 (Register BEFORE 2/22 for class start date 2/29 and BEFORE 3/7 for class start date 3/14)

Supplies: An optional \$5 materials fee will be collected in class if you would like to purchase a SEED™ booklet.

Instructor: Laurie Keig-Morrell

Location: San Elijo Campus, Room 303

Time: 1 Saturday, 2/29, 9 AM–12 PM

Location: Oceanside Campus, Room 3106

Time: 1 Saturday, 3/14, 9 AM–12 PM

INSTRUCTOR BIO:

Laurie Keig-Morrell is a McLean Meditation Institute® Certified Meditation & Mindfulness Instructor (CMMI) and Certified MMI Mindfulness@Work Trainer. She dedicates time daily to her meditation practice and truly believes meditation significantly changed her personal and professional life.



NEW Counter Assault Tactics for Women™ (CAT Women™)

Sadly, women are oftentimes faced with threats of serious violence in their everyday lives. A woman must possess the proper mindset and self-defense skills in order to defend herself against a violent perpetrator. The CAT Woman™ course was developed to provide women with security, safety awareness and personal protection skills in order to avoid becoming a victim.

Fee: \$79. Early Bird Special \$69 (Register BEFORE 4/11 for this rate)

Supplies: A \$5 materials fee will be collected in class for handouts. Wear comfortable workout-type clothes and shoes. You will be practicing personal defensive tactics.

Instructor: Duke Speed

Location: Technology Career Institute, Student Center

Time: 4 Saturdays, 4/18–5/9, 9:15–10:15 AM

INSTRUCTOR BIO:

Duke Speed's professional career includes 30 years of U.S. federal government service divided between the Federal Law Enforcement Training Center (FLETC), U.S. Federal Air Marshal Service, Federal Aviation Administration, and the U.S. Marine Corps reconnaissance and special operations community. Currently, Duke is the President of Trener International, a service-disabled veteran-owned small business focused on providing learning and development, exercise and role player support, logistical support, and staffing solutions for government, defense, public safety, academia and private sector organizations.



Classes and excursions sell out quickly!

Call or register online to reserve your space—bring a friend or relative to make it more fun: 760.795.6820 or miracosta.augusoff.net.

Earn CPR and First Aid Certification Today

We offer certification courses for workplace employees, healthcare providers, phlebotomy students and the community each month. Visit our website at miracosta.augusoff.net to view each course description. Registration is on site, the day of class. Payments are made by cash or check only. For questions about the class, email the instructor at jrdelvalle@mysafetyfirst.org or call 626.755.3710.

Instructor: Roberto Del Valle, Senior Safety Consultant from My Safety First

Location: Oceanside Campus, Room 3205

Three courses offered:

- American Heart Association BLS Healthcare Provider**
- Heartsaver Adult/Child CPR and AED**
- Heartsaver First Aid with CPR and AED**

Fee: \$65

Time Options: 2/8 OR 3/14 OR 4/18 OR 5/16
10 AM–2 PM

3. Heartsaver First Aid with CPR and AED

Fee: \$99

Time Options: 2/8 OR 3/14 OR 4/18 OR 5/16
10 AM–5 PM



AVOID PARKING CITATIONS

PARKING PERMITS ARE NOW REQUIRED AT:
Community Learning Center
Oceanside Campus
San Elijo Campus

Exceptions:

- Students who have a current California disabled placard are not required to pay parking fees; however, they must register their vehicles with College Police.
- Second Saturday workshops. See page 29.

Students attending the Technology Career Institute do not need to pay for a parking permit.

Please see page 4 for parking information and where to purchase parking permits.

Be Your Own Handyman—DIY

Packed with hands-on lessons, this course will teach you the basics of carpentry, plumbing, electrical, wall patch and tile repair and installation. You will learn how to replace toilets, install faucets and deal with those pesky leaks. You will also learn how to replace electrical outlets, install light fixtures, patch drywall, install ceramic tile and troubleshoot your electrical wiring. Save time and money by completing your own home repairs.

Supplies: A \$3 materials fee will be collected in each class for handouts.

Instructor: Kenneth Martinez

Location: Oceanside Campus, Room 3102

DIY—Carpentry, Plumbing and Electrical

Fee: \$89. **Early Bird Special \$79 (Register BEFORE 2/22 for this rate)**

Time: 3 Saturdays, 2/29–3/14, 9 AM–12 PM

DIY—Wall Patch and Tile

Fee: \$69. **Early Bird Special \$59 (Register BEFORE 3/20 for this rate)**

Time: 1 Saturday, 3/28, 9 AM–1 PM



Italian for Travelers

If you have always wanted to learn Italian, now is the time. Your instructor, Angela Fesi-Pouliot, was born, raised and educated in Italy and often spends her summers there. This six week course will empower you with the fundamentals to communicate well in Italian. The basic language skills learned during this course will help you build your vocabulary and make speaking the Italian language extremely enjoyable!

Fee: \$120. **Early Bird Special \$90 (Register BEFORE 1/30 for this rate)**

Supplies: Please bring notebook with pen or pencil.

Instructor: Angela Fesi-Pouliot

Location: Oceanside Campus, Room 3516

Time: 6 Tuesdays, 2/4–3/10, 6:15–8:15 PM

NEW French Conversation

Parlez-vous français? Oui, Oui! Come experience this fun and dynamic class guaranteed to provide you with the opportunity to gain confidence, learn vocabulary, perfect pronunciation and increase fluency in the French language. Topics will change weekly and cover a wide variety of subjects. Come enjoy this unique experience.

Fee: \$120. **Early Bird Special \$90 (Register BEFORE 2/1 for this rate)**

Supplies: A \$10 materials fee will be collected in class for handouts. Please bring a notebook with pen or pencil.

Instructor: Lisa Michelle Porfirio

Location: San Elijo Campus, Room 303

Time: 6 Wednesdays, 2/5–3/11, 6–8 PM

Getting Started—American Sign Language (ASL)



Have you always wanted to learn ASL in a fun and interactive environment? Now is your chance! This six-week interactive course will introduce you to basic conversational signs and skills that will enable you to communicate with the Deaf community.

Fee: \$120. **Early Bird Special \$90 (Register BEFORE 2/14 for this rate)**

Supplies: Students must purchase *Learn to Sign the Fun Way* by Penny Warner (ISBN: 978-0761532637) prior to the start of class.

Instructor: Lisa Alcantara

Location: Oceanside Campus, Room 3504

Time: 6 Saturdays, 2/22–4/4, 10 AM–12 PM
No class on 3/21.



Spanish 1A—for Mature Adults

This is a beginning Spanish class.

Spanish 1A is designed for students with limited or no knowledge of Spanish or for those who have previously taken a Spanish language class and want to refresh what they once learned. This is also a great class for students who would like to learn the basics of the Spanish language for traveling purposes. Class will include instruction in grammar, vocabulary, pronunciation through reading, writing and conversation.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 2/6 for this rate)

Supplies: Students must purchase *Spanish is Fun Book 1–5th edition* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com.

Instructor: Gerda Snell

Location: San Elijo Campus, Room T111

Time: 8 Wednesdays, 2/12–4/1, 2–4 PM

Spanish 1B—for Mature Adults

This is the next step after 1A.

Designed for those with some knowledge of Spanish or have taken Spanish 1A. Conversation will be promoted by doing dialogs that deal with daily life. Your vocabulary will improve and you will feel more confident speaking Spanish. Guaranteed to be lots of fun!

Fee: \$129. Early Bird Special \$120 (Register BEFORE 2/6 for this rate)

Supplies: Students must purchase *Spanish is Fun Book 4th or 5th edition* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com.

Instructor: Gerda Snell

Location: San Elijo Campus, Room T111

Time: 8 Wednesdays, 2/12–4/1, 9:30–11:30 AM

Spanish 1C—for Mature Adults

This is the next class after Spanish 1B. This course is designed for those students with some knowledge of Spanish. During this class, we will review grammar, increase vocabulary, improve pronunciation and study culture through writing and conversation exercises using dialogs, stories and role playing.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 2/6 for this rate)

Supplies: Students must purchase *Spanish is Fun Book 1–5th edition* by Heywood Wald (ISBN: 978-1634199285). Available at amazon.com.

Instructor: Gerda Snell

Location: San Elijo Campus, Room T111

Time: 8 Wednesdays, 2/12–4/1, 11:45–1:45 PM

Spanish 2B—for Mature Adults

This is the next step after 2A.

This course is designed for those with knowledge of Spanish or have acquired knowledge from Spanish 2A. Classes will include grammar, vocabulary, pronunciation and culture. Reading, writing and conversation through dialogs, stories and role playing will be the focus of the class.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 2/14 for this rate)

Supplies: Students must purchase *Spanish is Fun Book 2* by Heywood Wald (ISBN-13: 978-1629746708), *Practice Makes Perfect Spanish Verb Tenses* by Dorothy Richmond (ISBN-13: 978-0071841856), *Short Stories in Spanish for Beginners Volume One* by Olly Richards (ISBN: 978-1473683259). Bring notebook or binder-paper with pen or pencil. Available at amazon.com.

Instructor: Alicia Flores Meneses

Location: San Elijo Campus, Room 303

Time: 8 Fridays, 2/28–4/24, 12–2 PM

No class on 3/20.



Spanish 3D—for Mature Adults

This is the continuation of Spanish 3C

This course is designed for those with at least two years of Spanish or have taken Spanish 3C. During classes, we will continue to learn Spanish idiomatic expressions, practice reading, grammar, vocabulary, writing, culture and conversation through dialogs and stories.

Fee: \$129. Early Bird Special \$120 (Register BEFORE 2/14 for this rate)

Supplies: Students must purchase *Practice Makes Perfect Spanish Pronouns and Prepositions* by Dorothy Richmond, (ISBN 978-1259586323), *Practice Makes Perfect Spanish Conversation* by Jean Yates, (ISBN 978-1259586361), *Short Stories in Spanish for beginners Volume 2* by Olly Richards, (ISBN-978-1522741008) and bring notebook or binder-paper with pen or pencil. Available at amazon.com.

Instructor: Alicia Flores Meneses

Location: San Elijo Campus, Room 303

Time: 8 Fridays, 2/28–4/24, 9:45–11:45 AM

No class on 3/20.

Write and Publish a Book

There is a writer in all of us. In this single workshop, a Carlsbad published author and screenplay writer helps you understand and apply the five basic steps of writing, the importance of branding and promotion and the value of persistence. Mr. Vianna, your instructor, has authored 24 published books (prescriptive, historical fiction, novels) and 11 screenplays.

Fee: \$59. Early Bird Special \$49 (Register BEFORE 3/28 for this rate)

Supplies: A \$9 materials fee will be collected in class (includes handouts and 2 audio CDs).

Instructor: Antonio Vianna

Location: San Elijo Campus, Room 306

Time: 1 Saturday, 4/4, 9 AM–12 PM



Estate Administration Essentials

A trustee has an important job with serious legal consequences. Step-by-step instructions will be provided for the post-death administration of an estate. You will learn ways to minimize the stress on yourself and family. This class will even help someone who is planning their estate because knowing what actually happens after death helps you prepare adequately. Gain insights, methods and techniques from a friendly, approachable and experienced attorney and educator. Bob Ayers has been a local attorney for over 25 years with an emphasis in real estate, business and estate planning and administration.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 2/7 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 305

Time: 1 Thursday, 2/13, 6:30–8:30 PM

Estate Planning Essentials

The most essential part of your estate plan is the needs of your beneficiaries. Understanding their needs will guide your plan. This class allows you to explore how the different planning tools will help you meet the needs of your beneficiaries. While trusts will be highlighted, you will learn why a trust is not always the best way to distribute certain assets. You will learn about taxes, legal fees and how to preserve important family relationships. Gain insights, methods and techniques from a friendly, approachable and experienced, attorney and educator about planning for your estate, your healthcare and your finances.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 2/5 for this rate)

Instructor: Bob Ayers

Location: San Elijo Campus, Room 305

Time: 1 Tuesday, 2/11, 6:30–8:30 PM

Retirement Planning Today

It takes more than money to live a "rich life." This course blends financial education with life planning to help you build wealth, align your money with your values and achieve your retirement lifestyle goals. In just two entertaining and informative sessions, you'll learn what they didn't teach you in school.

Fee: \$60—bring your spouse for **free!**

Supplies: This course includes 235-page illustrated books.

Instructor: Brad Lineberger

Location: La Costa Canyon High School

Time: 2 Wednesdays, 2/5 & 2/12, 6–9 PM

Location: Carlsbad Senior Center

Time: 2 Thursdays, 2/20–2/27, 6:30–9:30 PM

A, B, C, Ds of Medicare

This class covers the essentials of the Medicare Health System, its structure, existing restrictions, cost and coverage details, as well as who can become a beneficiary. Other topics include: supplemental plans, Part C and drug plans, how they are structured, timelines, limitations and missing coverage areas.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 3/14 for this rate)

Supplies: Please bring pen and paper to take notes.

Instructor: Joseph Pospichal

Location: San Elijo Campus, Room 305

Time: 1 Saturday, 3/21, 10 AM–12 PM



NEW **How to Successfully Navigate Your Finances**

In this comprehensive class, you will learn to successfully navigate your personal finances. Topics include how to save and borrow money, pay off debt, budget like a pro and understand your account statements and agreements. By the end of this class, you'll gain financial control and confidence which will ultimately lead to personal financial security.

Fee: \$49. Early Bird Special \$45 (Register BEFORE 2/26 for this rate)

Instructor: Sandra Speed

Location: Oceanside Campus, Room 3102

Time: 2 Thursdays, 3/5–3/12, 6–9 PM



INSTRUCTOR BIO:

Sandra Speed is the President of Business Development for Perfection Development. The company assists nonprofit organizations and faith based organizations in the development of affordable housing. Prior to this role she was the Regional Diverse Segments Manager for Wells Fargo Home Mortgage. In her previous position she was a National Vice President for the Multicultural Sales Division of Bank of America. She is an instructor, speaker and published author, articles have appeared in *Business Life Magazine*; *Pasadena Star News* and the *Orange County Register*.



See Money Management for Young Adults on page 35

NEW **Financial Literacy for Spanish Speakers**

This course will help equip you with essential tools to effectively budget, save money, build credit, manage taxes and understand retirement plans and insurance coverage. Everyone has different goals, so it's important to have a unique plan that works for you and your financial situation, both now and in the future. Nikki will help bring clarity to your finances and help you develop a strategy, so it's easier to make financial decisions, set long and short-term goals, and stay on track. Class will be taught in Spanish and some English.

Este curso lo ayudará a aprender todo lo que necesita saber para mantener presupuestos, ahorro de dinero, mantenimiento de crédito, diferencias en los planes de jubilación, administración de impuestos y cobertura de seguro. Nikki ayudará a contestar las preguntas de dinero y ella te ayudará a comprender las implicaciones de cada decisión financiera que toma. Todos tenemos objetivos diferentes, y es importante tener un plan personalizado que funcione para usted y su situación financiera. Este curso ayudará a dar claridad a sus finanzas para ayudarle escoger una estrategia específica para ser más fácil las decisiones financieras.

Fee: \$49. Early Bird Special \$45 (Register BEFORE 2/26 for this rate)

Instructor: Nikki Simpson

Location: Oceanside Campus, Room 3512

Time: 2 Mondays, 3/2–3/9, 6–9 PM

INSTRUCTOR BIO:

As a Certified Financial Planner™ Professional, **Nicole (Nikki) Simpson** is well versed in investment strategy, estate and tax planning, savings strategies, risk and portfolio management. She is also of Mexican decent and fluent in Spanish. After working at large financial institutions for over a decade, she launched her own investment advisory firm and is looking forward to serving the community through her unique approach to money management.



Financial Planning for Women



Statistics tell us that eight out of ten women will end up handling their own finances. This may be due to longevity, divorce or other reasons. This class will prepare you to handle your finances and give you a deep knowledge of financial markets. We will cover budgeting and give you tools to create and run a budget. You will learn how to properly allocate assets. We will spend a lot of time breaking down stocks/equities vs. bonds/fixed income. You will learn how to evaluate your portfolio against proper benchmarks and how to interpret your financial statements. Each class includes a packet of color worksheets. This class will give you peace of mind and knowledge that will last a lifetime. This is a fun, hands-on, interactive class where questions are welcomed.

Fee: \$49. Early Bird Special \$39 (Register BEFORE 2/26 for this rate)

Instructor: Michael Graney

Location: San Elijo Campus, Room 306

Time: 2 Mondays, 3/2-3/9, 6-9 PM

Divorce Workshop for Men

A parking pass is included with registration fee.



- Learn about the legal, financial, and psychological issues surrounding divorce
- Find helpful community resources available to men
- Learn from experts who have guided thousands of men through divorce

Registration: 8-8:30 AM on the day of the class. Pre-registration is available through the Community Education Office. For more information, please call 760.795.6820.

Location: San Elijo Campus, Room 306

Spring Dates: 1/11, 2/8, 3/14, 4/11 & 5/9

Held the second Saturday of each month, 8:30-11:30 AM

ONLY \$25 per session

Save time, money and added grief!



SECOND SATURDAY Divorce Workshop for Women

A parking pass is included with registration fee.



A Community Education class open to women who want to learn more about the process of divorce.

- Explore the legal, financial, psychological and social issues of divorce
- Discover community resources available to help you
- Talk with other women experiencing similar life changes
- Learn from experts who have guided thousands of women through divorce

Registration: 8-8:30 AM on the day of the class. For more information, please call 858.792.0524 or 858.524.0955.

Location: San Elijo Campus, Room 307

Spring Dates: 1/11, 2/8, 3/14, 4/11 & 5/9

Held the second Saturday of each month, 8:30 AM-1:30 PM Q & A 1:30-3 PM

ONLY \$45 per session

What women need to know about divorce!



Golf FUNDamentals—Beginner

Golf is a game that can be enjoyed for a lifetime and learned at any age.

It's great for your social, business and personal life. This class will introduce you to all aspects of the game in a relaxed group atmosphere. We will cover the full swing, putting, chipping, pitching and the sand bunker shot, as well as basic rules and etiquette.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 3/27 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee. Clubs will be provided for those that don't have their own.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Fridays, 4/3–5/22, 9–10 AM

Golf—Short Game FUNDamentals

Have you heard the golf adage, "drive for show, putt for dough?" It's the truth. Although it's fun to step up to a golf ball and hit it as hard and as far as you can, to shoot good scores, you have to have a good short game. This class will focus on all aspects of the short game, such as putting, chipping, pitching and the sand shot. Each week we will work on new shots to hit to help you lower your scores.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 3/20 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Sundays, 3/29–5/17, 9–10 AM

Golf—Full Swing FUNDamental

Are you interested in learning the golf swing? Have you been playing a while and just can't find the consistency you are looking for? Come join the Full Swing Fundamental class. This class will focus on the full swing only. We will go over the fundamentals of the golf swing, posture, grip, aim, swing plane and swing path. We will break the swing down and cover a different part every week including set up, back swing, transition, down swing and follow through. By the end of this class you will have a very good understanding of the golf swing and how to practice.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 1/29 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee. Clubs will be provided for those that don't have their own.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Sundays, 2/2–3/22, 9–10 AM



Superior Enrichment at a Low Cost!

Enjoy all that MiraCosta College has to offer to enrich your life!

Try our fitness classes, learn all about wine tasting, or spend a few months increasing your dance skills.



Golf—Women’s Beginner

This class is for ladies who are interested in learning about the game of golf in a relaxed group atmosphere. We will cover all the basics including the swing, etiquette and rules so you will feel comfortable going to the driving range or course to play with friends or colleagues. Enjoy the outdoors, fresh air, make new friends and learn a game that can be enjoyed for a lifetime. Everything will be provided; just bring yourself and be ready to have some fun.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 1/30 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Tuesdays, 2/4–3/24, 9:30–10:30 AM

Golf—Women’s Level 2

This class is designed for the lady golfer looking to improve her existing golf skills and achieve more consistency in all areas of the game. Through drills and simple training aids, classes will focus on putting, chipping, pitching and the full swing with a driver and irons.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 3/24 for this rate)

Supplies: A \$55 materials fee will be collected in class for weekly range balls and golf course fee.

Instructor: Scott Newman

Location: Encinitas Ranch Golf Course

Time: 8 Tuesdays, 3/31–5/19, 9:30–10:30 AM



Adult Horsemanship

English or Western style.

This is a wonderful opportunity for you to learn about horses, grooming, horsemanship and to begin riding in a safe and beautiful environment. Horseback riding helps build confidence and responsibility, soothes and releases stress, provides exercise, and develops a strong bond between you and horses. All levels welcome,

including the experienced rider who wants to get back in the saddle.

Note: Students must weigh under 200 lbs.

Fee: \$210

Supplies: Bring water and sunscreen. Wear closed-toe shoes and comfortable clothes that can get dirty. All students will have to sign a waiver. Students between the ages of 15–17 must be accompanied by an adult and will need to have a parent or guardian sign a waiver.

Instructor: Teri Cagle

Location: Hoof Haven Farms
4777 S. Mission Road, Fallbrook

Time: 6 Saturdays, 2/8–3/14, 11:30 AM–1 PM




SAVE!
Take advantage of the Early Bird Specials.

Note: Applies to select courses. Check each class for pricing.



BORREGO
SPRINGTIME WILDFLOWERS,
DESERT SCULPTURES AND JULIAN
SATURDAY • March 28, 2020



Book early for \$99. See details on page 32.

Getty Villa Museum

Saturday, February 29, 2020

A visit to the Getty Villa offers an exceptional experience enjoying ancient Greek and Roman art in a setting that recreates a first century Roman villa. Tranquil gardens, serene fountains, arbors, reflecting ponds, plant species from the ancient Mediterranean and 3,000 square feet of expanded exhibition space awaits you. Just north of the city of Malibu, the Getty Villa exhibitions include antiquities that span 7,000 years from the end of the Stone Age to the fall of the Roman empire. You will see items from the J. Paul Getty collection that are now out of the vault thanks to the luxury of a newly constructed gallery. We recommend that you bring a snack to eat on the bus. You are welcome to bring lunch to eat on site or grab a bite at the Café which serves casual Mediterranean-inspired fare and has indoor and outdoor seating.

Fee: Book Early for \$69. For booking made after 2/20, fee will increase to \$79.

Guide: Staff

Activity Level: Easy

Note:

- Includes transportation and admission to the Villa.
- We recommend that you bring a snack to eat on the bus. No-host lunch at the Villa (serves casual Mediterranean fare), or you may bring your own lunch to eat at the site.
- Wear very comfortable walking shoes. Sunscreen and/or hat is recommended.

Depart: Oceanside Campus, 8:30 AM. Return: approx 6:30 PM.



EXCURSIONS

Borrego Springtime Wildflowers, Desert Sculptures and Julian

Saturday, March 28, 2020

Explore the allure and wonder of the "uncommon and unspoiled" Anza-Borrego Desert. Come with us on an inspiring day trip where we will be greeted by the vibrant oranges, blues, reds, pinks and yellows of the monkey flower, sand verbena, desert pincushion, desert dandelions and blooming barrel cacti, just to name a few. Let out your inner artist and bring your camera or colored pencils and sketch book to capture the desert's beauty. Along the way, be on the lookout for massive, freestanding sculptures. Once at the reserve, plan to take a walk for glimpses of local flora and fauna up close. A stop at the Borrego Springs Visitor Center and Museum is on our agenda where you will find some interesting and informative exhibits, as well as a fully stocked bookstore. On our way back to Oceanside, we will be visiting the historic mining town and mountain getaway of Julian. Here you can step back in time to the days of Julian's beginnings rooted in the 1870s gold rush. In this charming and rustic town, there will be an opportunity to have a well-deserved, delicious meal and famous apple pie at one of the local eateries (a no host lunch).

Fee: Book Early for \$89. For booking made after 3/3, fee will increase to \$99.

Guide: Staff

Activity Level: Easy (There will be a lot of walking in Borrego Springs.)

Note:

- Includes transportation.
- Don't forget your hat, comfortable walking shoes and sunscreen.
- Dress casually in layers suitable for cool and/or warm weather

Depart: Oceanside Campus, 8 AM. Return by approximately 7 PM



Hamilton—The Broadway Musical at Pantages Theatre

Saturday, May 9, 2020

Come see one of the most talked about Broadway Musicals, Hamilton, at Hollywood's Pantages Theatre! With nine Tony Award Nominations and 9.68 critic rating, it's no wonder it's been so hard to procure tickets for this show. Pure ambition and the political personal maneuverings of a social climber make Hamilton's story ripe for exploitation on the stage. Lin-Manuel Miranda, creator, uses rap music, lyrics and fun theatrical dance numbers to recreate the ambitious leanings of an intelligent administrative genius. From orphan to George Washington's right-hand man, rebel to war hero, to our nation's first Secretary of the Treasury, Hamilton brings the incredible story of Alexander Hamilton to the stage in an ingenious way. We will head to Hollywood & Highland Center so you can see some sights, shop and purchase snacks or lunch. The show is at 2 PM and it is two hours and 50 minutes (including intermission). **Tickets are expected to sell out quickly, so purchase your tickets soon!**

Fee: \$225

Guide: Rose Khon

Activity Level: Easy

Note:

- Includes transportation and tickets in the front Mezzanine D sections. There are no elevators to Mezzanine seats.
- This musical includes actors rapping their lines in a hip-hop style, some of which may include explicit language.

Depart: San Elijo Campus, 9 AM. Return: approx 8 PM.

For more information about each excursion, visit our website at miracosta.augusoft.net and click on Excursions.

Excursion Rules and Regulations

- Refunds will be granted no later than five business days before the excursion. There will be a \$25 cancellation fee if the excursion is full and a replacement can be found. No refunds will be granted after the excursion has taken place.
- Anyone missing the bus will not receive a refund.
- MiraCosta College reserves the right to make itinerary changes if necessary. Any excursion may be cancelled due to low enrollment.
- Seating arrangements on the bus will be on a first-come, first-served basis. Those who have difficulty sitting at the rear of the bus are advised to arrive early.
- No smoking is permitted on the bus.
- The bus will depart on time.

Parking

Day parking permits are required at MiraCosta College except Sundays. Parking permit may be purchased from machine. Day parking fee is \$1.

{ NEW LOOK }

SAME

HOT PROGRAM

Where cool kids go for summer



Watch for our College for Kids Summer 2020 Schedule!

— An exciting selection of classes posted online February 24 —

- Cake Boss
- Drone Pilots
- First Responders Academy
- Grill Master
- Hogwarts School of Wizardry
- Jr. Vet Tech / Vet Tech
- LEGO® Engineers
- Science Funked-N-Debunked
- Summer Yoga Fun
- Survivor Camp
- You Be the Chemist
- Totally Irresponsible, Potentially Catastrophic Science
And more...



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**COLLEGE
FOR KIDS**
AT MIRACOSTA COLLEGE

Call 760.795.6820
for more information



NEW ACT Prep

Does your teenager have big college dreams and needs a competitive edge in order to be considered by the best universities? If their ACT scores aren't where they should be, they get anxiety on timed tests, or you simply want them to have the highest scores possible for college admission, then this ACT prep class is the one you want for your child.

Note: Students are required to take one test from the first book before class starts.

Fee: \$199. **Early Bird Special \$139**
(Register **BEFORE 2/22** for this rate)

Supplies: ACCUSPLIT Pro Survivor–A601X Stopwatch, Clock, Extra Large Display, *Cracking the ACT* Premium Edition with 8 Practice Tests, 2019: 8 Practice Tests + Content Review + Strategies (College Test Preparation) Premium Edition 978-0525567646. *The Official ACT Prep Pack 2019-2020 with 7 Full Practice Tests*, (5 in Official ACT Prep Guide + 2 Online) 978-1119580522.

Instructor: Sterling Davenport

Location: Oceanside Campus, Room 3501

Time: 4 Saturdays, 2/29–3/28, 9 AM–12 PM
No class on 3/21.

NEW Money Management for Young Adults

Students today often lack a knowledge of basic money management and investment skills or even the ability to write a check and manage a checking account. This class will help provide young people with the tools to effectively budget, save and invest money, understand debt and obtain and manage credit. Topics discussed in class will include insurance coverage issues, differences in retirement plans and how to develop long and short-term investment strategies and goals. Taking the guesswork out of managing money leads to long and healthy financial life.

Fee: \$49. **Early Bird Special \$45**
(Register **BEFORE 2/22** for this rate)

Instructor: Nikki Simpson

Location: Oceanside Campus, Room 3106

Time: 2 Saturdays, 2/29–3/7, 10 AM–1 PM

See Nikki's bio on page 28

INSTRUCTOR BIO:

As a College Instructor and an Internationally Certified Tutor, **Sterling Davenport** has spent the last ten years as a dedicated educator teaching college level classes, administering tutorial service companies, and coaching ACT/SAT students across the United States. He is an enthusiastic educator committed to fostering developmental and remedial skills that center on enriching, empowering, and providing a relevant application to his students' lives and the community he serves.



Classes and excursions sell out quickly!

Call or register online to reserve your space—bring a friend or relative to make it more fun: 760.795.6820 or miracosta.augusoft.net.

Become a Notary Public the Smart Way in One Day!

Making more money is always a great idea and shows your amazing initiative! Establish yourself as a notary public, earn additional income and provide a service to your community. Notary skills are valuable in almost any industry: real estate, legal, medical and banking to name just a few. This six-hour state-approved seminar gives you the knowledge to pass the notary exam and practice as an effective notary. The class will focus on new legislation, passing the test (must be taken every four years), how to identify document signers, keeping a journal, completing certificates properly and how to avoid lawsuits. After becoming a notary, train to become a loan signing agent and make \$200 to \$400 per signing. You will be a part of a rewarding and lasting career. Must be at least 18 years old and have a clean criminal record.

Note: You are automatically registered for the official state exam directly following the seminar. See box to the right regarding the notary test. Due to state regulations, no one will be admitted to the classroom after 8:30 AM. In addition, you must be on time when returning to the classroom from all breaks. Refunds will not be issued.

Fee: \$99

Supplies: A \$35 materials fee (cash or check*) will be collected in class.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3101

Time: 1 Saturday, 3/7, 8 AM–6 PM

Renewing Notaries

Need to renew your notary commission?

We'll feature the new state laws and give you a brush-up on general law to make sure you haven't fallen into any bad habits. Your commission must be current to be eligible for the three-hour seminar. Renewing notaries must take the exam and submit Live Scan fingerprints again. Option: the six-hour notary public education course satisfies the requirement for a three-hour refresher course.

Note: You are automatically registered for the official state exam directly following the seminar. See box to the right regarding the notary test.

Fee: \$50

Supplies: A \$35 materials fee (cash or check*) will be collected in class.

Location: Oceanside Campus, Room 3101

Time: 1 Saturday, 3/7, 12:45–6 PM

Notary Testing

Need only the notary exam? Preregister with MiraCosta College Community Education or pay at the door. A six-hour approved course must be completed before you are eligible to take the notary exam (see information below regarding the notary test).

Fee: \$30

Location: Oceanside Campus, Room 3101

Time: 1 Saturday, 3/7, 3:45–6 PM

For regular notaries, renewing notaries and those taking just the test, Cooperative Personnel Service will register you for the exam from 3:45–4:45 PM. The exam will be from 4:45–5:45 PM. If you are taking the exam, you will need to bring the following with you: **\$40 check made payable to "Secretary of State,"** current CA driver's license with photo or state-issued ID card, a 2"x2" color passport photo of yourself and two #2 pencils. **If you took your notary class online, you MUST have your certificate of completion with you.** Live Scan fingerprints are required after you pass the exam. Serious convictions may disqualify applicants.

Become a Loan-Signing Agent —Certificate Awarded

In this one day workshop, the expert instructors at Notary Public Seminars will teach you how to brand yourself as a professional in the market and provide you with a simple strategy to launch your new business. Loan signing agencies are hiring and many require that you have a certificate. Additionally, you will learn how to notarize a loan package from any bank, negotiate your signing fee, get repeat business, what you should and should not discuss with your clients and how to get signed up with busy signing agencies.

Prerequisite: Must be a notary public or have taken a notary class.

Fee: \$99

Supplies: A \$40 materials fee and a \$20 certificate fee (optional) will be collected in class by cash or check*.

Instructor: Notary Public Seminars, Inc.

Location: Oceanside Campus, Room 3101

Time: 1 Saturday, 3/14, 10 AM–4 PM

*Please make check payable to Notary Public Seminar



Human Resources Certificate Program—3 Fridays!

Our HR Certificate Program is appropriate for individuals who are not yet HR professionals and for HR veterans who wish to update their skills. This program was developed to enable participants to complete their studies in just three days and has been approved for 23 general recertification credit hours toward PHR, SPHR and GPHR recertification through the Human Resource Certification Institute (HRCI). All content is designed to address core HR competencies:

- History and role of human resources in today's workplace
- Creating and administering an effective HR department
- Compensation, benefits and retirement programs
- Staffing (recruiting and retention) strategies
- Employment law and compliance hot topics
- Effective employee relations and termination

Fee: \$98/class or \$530 for all six sessions

Instructor: Nadia Ardebili

Location: Technology Career Institute, SBDC Training Room

Time: 3 Mondays, 3/2–3/16, 8:30 AM–12:30 PM & 1:30–5:30 PM

Make Extra Income—DMV Auto Wholesale Business from Home

Learn how to make extra income buying and selling wholesale cars as a home-based business. You will learn six techniques that can earn you \$3,000 selling just one to three cars a month.

Learn how to get your auto dealer license and how to operate a profitable used car business. You'll get a FREE list of the 300+ dealer-only auctions in the USA where automobiles are sold below wholesale prices. This class is DMV approved and you will receive a DMV certificate of completion at the end of the class.



SAVE!
Take advantage of the Early Bird Specials.
Note: Applies to select courses. Check each class for pricing.

Fee: \$110. Early Bird Special \$99 (Register BEFORE 3/11 for this rate)

Supplies: A \$25 materials fee will be collected in class. Please bring a notebook and pen to class.

Instructor: Wayne Williams

Location: Oceanside Campus, Room 3101

Time: 1 Wednesday & 1 Thursday, 3/18 & 3/19, 6–9:30 PM



MIRACOSTA COMMUNITY EDUCATION

MiraCosta Community Education classes, trips and programs make GREAT gifts for the hard-to-shop-for friend and/or loved one.

Call 760.795.6820 to get your gift certificate for a specific class or let them choose their own.

“I will use Nadia for consulting for my company. I can't stress how she made having topics fun and interesting. She is a powerhouse of knowledge all presented with huge amounts enthusiasm and humor. I would highly recommend this class to anyone that will listen to me. I would entertain the thought of taking the class again in a year as a refresher.”

– Marcia McKee, Student –

WORKFORCE TRAINING

SPRING 2020

39	Free Information Sessions	48	◊ Welding I Program
40	Certificate Programs	48	◊ Welding and Metal Fabrication
42	◊ Basic Electronics	49	Child Visitation Monitor
42	◊ Biomedical Equipment Technician Program	49	Dental Front Office Assistant Training
42	◊ Blueprint Reading with GD&T	50	◊ Massage Therapy Program
43	◊ BrewTech Program	50	◊ Phlebotomy Technician Program
43	◊ Computer Numerical Control (CNC) Operation	51	◊ Veterinary Assistant Program
44	◊ CNC Programming—Introduction and Intermediate	51	Scuba Diving Instructor Program
44	◊ Digital Precision Measuring	52	Event and Wedding Planning
44	◊ Electronic Assembly	52	◊ Real Estate License Program
44	Introduction of Electromechanics	53	Online Electronics/Robotics—George Brown
45	◊ Engineering Technician Program		Automation Technician
45	◊ Introduction to the Internet of Things (IoT)		Electronics Technician
45	LEAN Six Sigma		Electromechanical Technician
46	◊ Machinist/Technology Program		Robotics Technician
46	OSHA-10 and 30		Programmable Logic Controllers (PLC) Technician
46	◊ PLC Design Logic		Programmable Logic Controllers II (PLC) Technician
47	◊ Quality Assurance Basics for Manufacturing		
47	◊ Unmanned Systems (ROV/Drone) Operator Technician Program		

HOW TO APPLY FOR WORKFORCE TRAINING

The majority of our Workforce training classes require that a Student Interest Form and Student Application are completed in our online database “Apricot” prior to enrolling.

A Medical Form is also required for Machinist, CNC Operations and Welding classes.

Start here www.tinyurl.com/TCIinterest by creating a Student Interest form (profile). Keep your password handy as you will need to log back into the system. Then follow the steps below:

1. Sign on using your username (email) and password at ctk.apricot.info
2. Click “MENU” in upper left corner of form
3. Click “Search Records”
4. Click “Student Interest Form”
5. Your name should appear in the middle of the page
6. Click your name
7. An “Additional Documents” box will appear below your profile information
8. Drag your mouse to the right of the Application and click “Create New”
9. Don’t forget to “Save Record” on the right side of page
10. Repeat steps for the Medical Form ONLY if you are taking Welding, Machinist Technology, or CNC Operations
11. Lastly, submit a photo ID in person or via email to rcf@miracosta.edu.

Note: For our longer Workforce training programs and/or outside funding sources, there may be additional forms and documents that are required.

Our programs under 50 hours will typically accept students ages 15 years or older.

Please contact our office at 760.795.6820 prior to applying.

CERTIFICATE INFORMATION

For any program over 50 hours, students will have the opportunity to earn a Certificate of Accomplishment. If you are enrolled and successfully complete a program under 50 hours, we can issue a certificate for \$20.

REFUND POLICY

Refunds will be made up to five working days prior to your class start date. A \$25 cancellation fee will be retained for each refund. There are no refunds given once the class has begun, unless special permission has been granted by the program coordinator.

FREE INFORMATION SESSIONS

▶ Child Visitation Monitor

- Tuesday, 3/17 at 5 PM • Oceanside Campus, Room 3201

▶ Dental Front Office Assistant

- Wednesday, January 29, 2020, 6–7 PM
Technology Career Institute, Room 100 • 2075 Las Palmas Drive, Carlsbad

▶ Biomedical Equipment Technician

- Tuesday, June 16 at 6 PM (information session with testing)
- Tuesday, June 30 at 3–6 PM (interviews by invite only)
Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

▶ BrewTech

- Tuesday, July 21 at 6 PM (information session with testing)
- Tuesday, August 4 at 3–6 PM (interviews by invite only)
Landes Recreation Center • 2855 Cedar Road, Oceanside

▶ Engineering Technician

- Tuesday, February 4 at 6 PM
- Tuesday, March 3 at 9 AM (information session with testing and interviews following)
- Thursday, April 16 at 4 PM (testing and interviews only)
Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

▶ Machinist Technology

- Thursday, April 9 at 6 PM
- Tuesday, May 19 at 9 AM (information session with testing and interviews following)
- Thursday, June 25 at 4 PM (testing and interviews only)
Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

▶ Massage Therapy

- Tuesday, January 21, 6–7 PM • Oceanside Campus, Room T520

▶ Phlebotomy Technician

- Wednesday, February 5 at 5:30 PM
Technology Career Institute • 2075 Las Palmas Drive, Carlsbad
Note: Mandatory math and reading comprehension assessment will be given immediately following the information session at 6:45 PM.

▶ Unmanned Systems (ROV/Drone) Operator Technician

- Tuesday, June 9 at 6 PM (information session with testing)
- Tuesday, June 23 at 3–6 PM (interviews by invite only)
Technology Career Institute • 2075 Las Palmas Drive, Carlsbad

▶ Veterinary Assistant

- Thursday, 1/23 at 6 PM • Technology Career Institute, Room 100
Note: Mandatory math and reading comprehension assessment will be given immediately following the information session at 7 PM.



▶ Tours at TCI on Fridays at 9 AM | Email us at tc@miracosta.edu

Tuition free courses received \$3,600,000 (60% of total) awarded under the America's Promise Grant program as implemented by the U.S. Department of Labor. This project is an equip opportunity employer/program with auxiliary aids and services that are available upon request for individuals with disabilities.

MiraCosta College's Technology Career Institute is an equal opportunity employer (EOE). Auxiliary aids and services are available upon request to individuals with disabilities.

Note: If you have a verifiable disability, you will need to call 760.795.6820 at least one week prior to the assessment so to ensure proper accommodations can be made.



CERTIFICATE

Advanced Manufacturing Leadership Certificate

Bundle these classes for \$725 \$625
(GI Bill® funding approved)

- Blueprint Reading with GD&T
- LEAN Six Sigma
- OSHA-30
- Quality Assurance Basics for Manufacturing

CNC Programming Certificate

Bundle these classes for \$1,150 \$550 (GI Bill® funding approved)

- AutoCAD for Manufacturing—Resumes in Summer 2020
- Blueprint Reading with GD&T
- Digital Precision Measuring
- CNC Programming—Introduction and Intermediate

Biomedical Equipment Technician Certificate

(GI Bill® funding approved)

- Fundamental Electronics
- Human Anatomy
- Advanced Troubleshooting
- BMET Career Readiness
- OSHA-10
- 486-hour course

Child Visitation Monitor Certificate

Make a difference in the lives of children's and families.

- Satisfies the State Requirements
- Covers State Policies and Procedures
- Safety and Responsibilities
- 24-hour course

BrewTech Certificate

(GI Bill® funding approved)

- Techniques and Technology of Brewing
- Equipment Troubleshooting and Repair
- Brewing Formulas
- History and Nature of Brewing
- OSHA-10 and LEAN Training
- 280-hour course

Electronics Certificate

Bundle these classes for \$2,985 \$1,405 (GI Bill® and WIOA funding approved)

- Basic Electronics
- Introduction to Electromechanics
- Electronic Assembly
- OSHA-10
- Quality Assurance Basics for Manufacturing

CNC Operator Certificate

Bundle these classes for \$2,645 \$495 (GI Bill® funding approved)

- AutoCAD for Manufacturing—Resumes in Summer 2020
- Blueprint Reading with GD&T
- Computer Numerical Control (CNC) Operation
- OSHA-10

Engineering Technician Certificate

(GI Bill® and WIOA funding approved)

- Electrical
- Mechanical
- Robotics
- Automation
- OSHA-10 and LEAN Training
- 600-hour course

For individual course details, please see pages 42–52.

PROGRAMS

Machinist Technology Certificate

(GI Bill® and WIOA funding approved)

- Blueprint Reading with GD&T
- OSHA-10
- Manual Lathe, Mill and CNC training
- CNC Programming
- LEAN Six Sigma
- 487-hour course



Unmanned Systems (ROV/Drone) Operator Technician Certificate

with FAA Licensing Test Prep

(GI Bill® funding approved)

- Introduction to ROV/Drone Operation and Piloting
- FAA Licensing Requirements
- Electrical and Mechanical Repair
- OSHA-10
- 468-hour course

Massage Therapy Certificate

CAMTC Approved

- Anatomy and Physiology
- Body Mechanics and Chair Massage
- Advanced Massage Theory and Methods
- Shiatsu, Tai Chi and Acupressure
- Massage for Athletes

Scuba Diving Instructor Certificate

(GI Bill® funding approved)

Offering the only GI Bill® Approved Program in California

- PADI Instructor Certification
- Self-Paced
- Includes coursework, boat dives and gear
- 1033-hour course

Call 760.795.6820 for details

Phlebotomy Technician Certificate

(GI Bill® and WIOA funding approved)

- CPT1 Phlebotomy Technician Certificate
- Basic Phlebotomy
- Advanced Phlebotomy
- Hands-on and Post Course Externship
- 80-hour course

Veterinary Assistant Certificate

(GI Bill® and WIOA funding approved)

Entry-level training for the veterinary assistant profession.

- Basic Animal Care
- Safety Procedures
- State/federal guidelines
- Veterinary Medical Terminology
- 65-hour course

Real Estate License Certificate

(GI Bill® and Sallie Mae funding approved)

- Real Estate Principles
- Real Estate Practice
- Real Estate Finance and Economics
- 150-hour course

Welding I Certificate

(GI Bill®, WIOA and Sallie Mae funding approved)

Explore basic welding processes and procedures.

- Shielding Metal Arc Welding (SMAW)
- Interpretations of Blueprints/shop Drawings
- Gas Metal Arc Welding (GMAW)
- Flux Core Arc Welding (FCAW)

For individual course details, please see pages 42–52.

◇ **Basic Electronics**

An introductory, 50-hour course that teaches students the basics of electronic technology. Students experiment with direct current, series-parallel circuits and transistors/semiconductors. Additional topics include: study of Ohm’s law, Watt’s law, use of electronic components, basic soldering, oscilloscopes, digital volt meters, bread-boarding electronic circuits, basic computer troubleshooting and basic AC circuitry.

Reduced Fee: \$450

Location: Technology Career Institute

Time: 10 Mondays & Wednesdays, 2/10–4/20
6– 8:30 PM. *No class on 2/17.*

◇ **Blueprint Reading with GD&T**

In this 30-hour hands-on class students learn to read and correctly interpret blueprints used in the manufacturing trades. They will get an opportunity to draw and edit simple blueprints through step-by-step development of multi-view drawings. In addition, students will learn the basics of geometric dimensioning and tolerancing (GD&T). This course is the perfect introduction to GD&T, symbols, applications and methods of inspection.

Fee: \$250 Admin Fee: \$150*

Location: Technology Career Institute

Time: 6 Tuesdays & Thursdays, 1/28–3/5
6–8:30 PM



◇ **Biomedical Equipment Technician Program (BMET)**

Biomedical Equipment Technology plays a vital role in patient care through the inspection, maintenance and repair of medical devices. MiraCosta’s 486-hour BMET Program will train students to troubleshoot, repair monitor and maintain electronics-based biomedical instruments and equipment. The program was developed as a result of increasing demand for biomedical equipment technicians (BMETs) in the San Diego County region. Courses build on lecture topics through extensive hands-on application in the areas of:

- Fundamental electronics
- Advanced troubleshooting
- Human anatomy
- BMET career readiness

Fee: \$6,000 Admin fee \$350* GI Bill® funding approved.

► **Register for the FREE information session (details on page 39).**

Location: Technology Career Institute

Time: Monday–Thursday, 7/27–12/17, 8 AM–2:30 PM. *No class on 9/7, 11/11 & 11/26.*
6 hours each day.



◊ BrewTech Program

San Diego is well known as the craft beer brewing capital of the United States with over 150 active breweries and more scheduled to open soon. MiraCosta's 280-hour BrewTech Program is designed to train students to become productive brewers while gaining confidence in the brewhouse, cellar or packaging line. As one of the premiere craft beer programs in the San Diego area with an on-site brewery, this class will focus on 'grain-to-glass' hands-on experience. The curriculum, including recipe development, wort production, cellar practices and packaging, is designed to train students to become a turnkey brewery technician. Classroom material covers the chemistry and biology of beer production and will introduce students to brewery equipment. Industry tours around San Diego will expose students to multiple brewing applications that will serve to enhance their knowledge of craft beer production. Students will also gain workplace skills training that will further add to their employability.

Fee: \$4,000 Admin fee \$350* GI Bill® funding approved.

► Register for the **FREE information session (details on page 39)**.

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time: Tuesday–Thursday, 8/25–12/5, 4–10 PM, 8 Saturdays, 8/29, 9/12, 9/26, 10/10, 10/24, 11/7, 11/21 & 12/5. 8 AM–2:30 PM. *No class on 11/24–11/26.* 280 hours.

"I drove over an hour to get to and from class each day and it was extremely worthwhile. Fantastic program! The instructor was great! He was very friendly, approachable and straight forward."

– Carrigan Henkel, Student –

◊ Computer Numerical Control (CNC) Operation

Computer numerical control (CNC) is the automated control of manufacturing machining tools (drills, boring tools, lathes) by means of a computer. In this 112-hour course, students will learn safety, terminology, and basic blueprint reading, as well as interpretation of G&M codes, and operation of both a HAAS CNC mill and lathe. Students will also get exposure to CAD/CAM software. Course material and activities are provided via demonstrations and hands-on instruction.

Fee: \$2,100 Admin Fee: \$175*

Location: Technology Career Institute

Time: 14 Saturdays, 1/25–5/9, 8 AM–4:30 PM. *No class on 2/15 & 4/11.*



*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

◇ **CNC Programming—
Introduction**

Using MasterCam Mill

In this 30-hour introductory course, students learn how to design basic CNC programs for a three-axis CNC milling machine. Students will be instructed on G&M codes, Boolean logic and machine and control definitions. In addition, the class will cover basic aspects of post configuration, variable definitions, formatting, post lines, post text, modality and control definitions.

Fee: \$250 Admin Fee: \$125*

Location: Technology Career Institute

Time: 6 Sundays, 2/2–3/15, 9 AM–2:30 PM
No class on 2/16.

◇ **CNC Programming—
Intermediate**

Using MasterCam Mill

MasterCam is the most widely used CAM software in the industry and this intermediate, 30-hour course will provide students with trade-specific tips and tricks, whether they are in the production or the programming. This course also teaches additional topics for more intricate programs and designs. HAAS simulators will be used to test run the programs.

Fee: \$250 Admin Fee: \$125*

Location: Technology Career Institute

Time: 6 Sundays, 3/29–5/10, 9 AM–2:30 PM.
No class on 4/12.

◇ **Digital Precision Measuring**

Using a Portable CMM

An introduction to metrology using a portable CMM and Verisurf CAD software. Students will learn the basics of inspection, measurement, analysis and reverse engineering. This course is for individuals working within the advanced manufacturing environment.

Fee: \$200 Admin Fee: \$75*

Location: Technology Career Institute

Time: 5 Tuesdays & Thursdays, 3/31–4/30, 6–9 PM



◇ **Electronic Assembly**

Learn the necessary training to become an electronic assembler at an advanced manufacturing company:

- Soldering through-hole and surface mount single-lead/multi-lead components
- Soldering multi-pin IC chips
- Measuring and cutting wire
- Trimming insulation, crimping, connectorizing, molding and insulating connector ends
- Wrapping, bundling, shielding, insulating and security cable harnesses
- Mounting modules, components, connectors, cables and harnesses into chassis

In this 80-hour course students will work toward IPC certification. In addition, students will learn the role of production in the manufacturing system and how certain skill sets, such as reading and analyzing acceptance criteria, testing, documentation and soldering are integral to the job.

Fee: \$1,800 Admin Fee: \$220*

Certification: A \$65 certification fee will be collected.

Location: Technology Career Institute

Time: 10 Sundays, 2/2–4/19, 8:30 AM–5 PM
No class on 2/16 & 4/12.

◇ **Introduction to
Electromechanics**

Electromechanical technicians combine knowledge of mechanical technology with knowledge of electrical and electronic circuits. They install, troubleshoot, repair and upgrade electronic and computer-controlled mechanical systems. In this 60-hour course, students will learn about mechanical systems: solder small electrical boards build, program and operate a 3D printer, troubleshoot a copier and more.

Reduced Fee: \$500

Location: Technology Career Institute

Time: 10 Mondays & Wednesdays, 2/3–4/13, 6–9 PM
No class on 2/17.



◇ Engineering Technician Program

Whether you want to work in electronics, aerospace, biotechnology or breweries, this program can provide you with the necessary training.

Engineering technology integrates theory and application in mechanical, electrical and electronic systems, fluid power, automation, robotics and computer software.

Our 600-hour program is 75% hands-on, gets students in front of industry leaders and trains students in the areas that companies have requested. Students will receive:

- OSHA certification
- National Career Readiness certification
- 2 days of job shadow experience
- Industry tours and guest speakers
- Career Readiness Bootcamp

Students will experience an accelerated program designed to prepare them with the skill sets to qualify for immediate entry into positions with local industry. Or, if a student has a college degree in this subject area or is interested in pursuing one in the future, this is the perfect supplement to enhance their current or future education.

Fee: \$6,750 Admin fee \$350* GI Bill® and WIOA funding approved.

▶ Register for the **FREE** information session (details on page 39).

Location: Technology Career Institute

Time: Monday–Friday, 5/4–8/17, 8 AM–4:30 PM. No class on 5/25.



◇ Introduction to the Internet of Things (IoT)

Remote Monitoring for Equipment and Facilities

In this 15-hour course, students will learn to:

- Develop a complete IoT monitoring application using “Drag n Drop” graphical IDE
- Program Arduino sensor modules to monitor machine vibration
- Store sensor data in a password protected online database
- Access/display data from remote sensors in an online “Dashboard”

Facility management and security are two major focus areas for companies deploying IoT technology. The ability to monitor and maintain equipment located at remote sites without traveling to perform maintenance, as well as the capability to monitor and manage physical facilities using internet technology, speaks to IoT’s vast appeal.—2018 Report from ZDNet and TechRepublic

Fee: \$100 Admin Fee: \$30*

Location: Technology Career Institute

Time: 5 Thursdays, 2/20–3/19, 6–9 PM

LEAN Six Sigma

LEAN Six Sigma improves business performance by removing waste through Lean manufacturing methods and reducing variation in processes that cause defects by applying Six Sigma Statistical Process Control tools.

In this LEAN Six Sigma Yellow Belt course you will learn how to minimize waste with A3 Problem Solving, Value Stream Mapping, Kaizen and 5S Organization. You will also learn practical Six Sigma tools including DMAIC (Design, Measure, Analyze, Implement and Control), Project Charters, Statistical Process Control with Performance Boards and Pareto Charts, and Failure Modes Effects Analysis.

This LEAN Six Sigma Yellow Belt course will provide you with an understanding of LEAN Six Sigma methodology so that you can perform LEAN process improvement to minimize waste and participate in Six Sigma projects to reduce variation in processes.

Fee: \$150

Location: Technology Career Institute

Time: Saturday, 3/14 & Sunday, 3/15, 9 AM–4 PM

*Tuition is FREE through the DOL funded America’s Promise Grant.

Note: The listed administrative fees will be collected upon registration.

◆ Machinist Technology Program

Want to work in the aerospace industry, make medical device parts and accessories or design a new golf club?

Gone are the days of the grease-covered, conventional machinist. Today's machinist must be highly trained with specific skills, working in high-tech manufacturing plants that are clean and innovative. Our nation has a huge shortage of skilled workers. As 77% of skilled Baby Boomers leave the workforce, San Diego County will need to fill thousands of positions over the next 15 years.

To meet this need, we offer a fast-paced, high-level training program. Students will be able to complete this program in 21-weeks (487 hours), with training in shop math, metal properties, reading blueprints, precision measuring, tooling, G&M codes, and manual and CNC machining. In addition, students will receive:

- OSHA certification
- National Career Readiness certification
- Opportunities to attend local industry meetings
- 2 days of job shadow experience
- Industry tours and guest speakers
- Career Readiness Bootcamp
- Apprenticeship pipeline available



Fee: \$6,500. GI Bill® and WIOA funding approved.

▶ Register for the FREE information session (details on page 39).

Location: Technology Career Institute

Time: Monday–Thursday, 7/20–12/15, 3–9:30 PM. No class on 9/7, 11/11 & 11/25–26. 6 hours each day.

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.

OSHA-10

Standard OSHA-10 safety course.

Fee: \$95

Location: Technology Career Institute

Time: Saturday, 2/22, 9 AM–5 PM & Sunday 2/23, 9 AM–1 PM

OSHA-30

The 30-hour general industry outreach training course is a comprehensive safety training program designed for anyone involved in general industry. The course provides extensive information on OSHA compliance, safety and health hazards in the workplace, employer responsibilities, workers' rights, hazard recognition, avoidance, abatement and prevention. Successful completion of this course results in a Department of Labor 30-hour OSHA General Industry safety card that is federally recognized in all 50 states and never expires.

Fee: \$250

Location: Technology Career Institute

Time: 2 Saturdays & Sundays, 2/22–2/23 & 2/29–3/1, 9 AM–5 PM

◆ PLC Design Logic

A hands-on study of PLC programming and logic design using Siemens TIA S7-1200 hardware/software, as well as ladder logic based on a RS Logix 500 emulator. Topics covered during this 30-hour course are hardware components and software interfacing with the PLC, ladder logic using switches, timers and counters, arithmetic operations, MOV operators, logic functions, shift registers and subroutines. Three simulated design projects will be assigned throughout the course. By the end of the course students will be familiar with ladder logic programming and interfacing with PLC controllers, as well as design methodologies for PLC programming.

Note: A basic understanding of electrical circuitry is strongly recommended.

Fee: \$300

Location: Technology Career Institute

Time: 5 Saturdays, 3/7–4/4, 9 AM–3 PM

UPCOMING CLASSES

- Introduction to Python-xy—Fall 2020
- AutoCAD for Manufacturing—Summer 2020

◊ Quality Assurance Basics for Manufacturing

Manufacturing companies are thriving in San Diego County. That means thousands of products must be inspected to ensure that quality meets or exceeds customer expectations. Whether it's a screw that goes into your body or a solar array on a satellite, it's critical that the part is made or assembled correctly. This 15-hour workshop provides students with an overview of quality assurance concepts within the manufacturing industry.

Course topics include:

- Day-to-day job functions
- Inspection and testing topics
- Material certificates, MIL standards and verification
- AS9100 overview
- Auditing overview
- Manufacturing processes
- Documentation

Fee: \$75

Location: Technology Career Institute

Time: 3 Mondays & Wednesdays, 2/3–2/24
5:30–8 PM. *No class on 2/17.*



◊ Unmanned Systems (ROV/Drone) Operator Technician Program with FAA Licensing Test Prep

San Diego is a center for innovation and remote operated vehicles (ROV) are becoming the technology of choice for overwater, underwater, aerospace, retail delivery and agriculture industries. Our new 468-hour program will employ hands-on training using state-of-the-art technology. Upon course completion, students will be ready to take the FAA Unmanned Aircraft Systems (UAS) Drone Knowledge Test—the required exam needed to pass to get a Remote Pilot Certificate.

Course includes:

- Industrial safety
- Electrical and specialty wiring
- Programmable controllers
- Machine design
- PC base data acquisition and control
- Geographic Information Systems (GIS)
- Electrical and mechanical repair
- Introduction to submersible robotics
- Introduction to ROV/drone careers
- ROV piloting
- Introduction to drones (UAVs)
- Drone piloting
- FAA licensing requirements and regulations
- FAA exam prep

Fee: \$6,000 Admin fee \$350* GI Bill® funding approved.

► **Register for the FREE information session (details on page 39).**

Location: Technology Career Institute

Time: Monday–Thursday, 7/20–12/16, 2:30–8:30 PM. *No class on 9/7, 11/11 & 11/23–11/26.* 6 hours each day.

*Tuition is FREE through the DOL funded America's Promise Grant.

Note: The listed administrative fees will be collected upon registration.



◊Welding I Program

Designed to train students to qualify for an American Welding Society (AWS) code, this 132-hour course will explore basic welding processes and procedures, safety, interpretations of blueprints/shop drawings, metallurgy, fabrication tools, welding qualifications and procedure qualification. In addition, students will receive a significant amount of hands-on training in:

- Shielded Metal Arc Welding (SMAW)
- Gas Metal Arc Welding (GMAW)
- Flux Core Arc Welding (FCAW)

Fee: \$2,400. GI Bill®, WIOA and Sallie Mae funding approved.

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time Options:

11 Tuesdays, Wednesdays & Thursdays, 1/8–3/19, 5–9 PM

11 Tuesdays, Wednesdays & Thursdays, 4/7–6/18, 5–9 PM

19 Saturdays, 1/25–6/20, 8 AM–3:30 PM. *No class on 2/15, 4/11 & 5/23.*

◊Welding and Metal Fabrication

Interested in welding and other authentic manufacturing processes? If so, this 60-hour class is a great introduction or opportunity to practice existing skills. Topics include:

- Oxy-acetylene welding, cutting, brazing and soldering
- SMAW: electrodes and positions
- GMAW: hardwire, short and spray arc, gas coverage
- FCAW: inner and dual shield
- GTAW: aluminum, magnesium, stainless steel, carbon steel, brass and gas coverage
- Plasma arc cutting

Students will also learn fabrication math, specialty certifications, fabrication skills, job steps from start to finish, tacking, squaring and order of welding and basic critical thinking.

Fee: \$985

Location: Landes Recreation Center, 2855 Cedar Road, Oceanside

Time: 15 Mondays, 1/6–4/27, 5–9 PM. *No class on 1/20 & 2/17.*



**ADVANCED MANUFACTURING AND ENGINEERING
TECHNICIAN APPRENTICESHIPS AVAILABLE**

For more information please call 760.757.2121, x6528

◇ Child Visitation Monitor

Are you looking for a career opportunity in which you can work within the community, gain valuable experience and make a difference in the lives of children and families? Consider becoming a Professional Child Visitation Monitor; a position that is always in demand. Average pay for monitors is \$30–\$60 per hour, depending on the case. Sometimes, based on issues of protection and safety, a judge will order that a child only have contact with a parent when a neutral third person is present during the visit. The monitor's responsibility is to ensure the safety and well-being of the children involved. This comprehensive course satisfies the state's 24-hour training requirement. You will learn California policies and procedures, as well as your role as a monitor. Upon completion, you will also receive a Certificate of Accomplishment and forms necessary to register with San Diego Superior Court.

Note: Must be at least 21 years old and have a clean record. A small business license is required if you want to work independently as a child visitation monitor. Participants will eventually get fingerprinted upon registering name with the superior court and apply for a business license. This comprehensive course satisfies the state's 24-hour training requirement.

Fee: \$315

► Register for the FREE information session now: Tuesday, 3/17 at 5 PM (details on page 39).

Supplies: A \$55 materials fee will be collected in class for training manual. Bring sack lunch or snacks.

Instructor: Jazmin Mundo

Location: Oceanside Campus, Room 3102

Time: 3 Saturdays, 4/11–4/25, 8 AM–4 PM



LOOKING FOR HUMAN RESOURCES PROGRAM? Go to page 37.

NEW Dental Front Office Assistant Certificate Program

This 9-week, 144 hour course will provide you with the training needed to work in a dental office as a highly skilled administrator with potential for growth! Walk away with the training to land a great job in San Diego County. All students will learn how to run a dental front office and gain the knowledge that is necessary to work with patients. We will cover:

- Patient treatment phases
- Basic insurance billing with dental coding
- Accurate scheduling of patients
- Dental patient enrollment and scheduling software program
- Dental terminology
- Customer service and etiquette techniques
- HIPAA regulations

This course will ready students to begin their careers with confidence and gain success

in the exciting field of Dental Administration. You will be issued a Certificate of Accomplishment upon successful completion of the course, demonstrating your commitment to provide the highest standard of effective service!

Fee: \$1,495

► Register for the FREE information session now: Wednesday, 1/29 at 6–7 PM (details on page 39).

Instructor: Gina Hirata

Location: MiraCosta College Technology Career Institute, Room 100, 2075 Las Palmas Drive, Carlsbad, CA

Time: Wednesdays and Fridays, 2/26–4/29, 9 AM–5 PM (one hour provided for lunch)
No class session on 3/20.



NEW ♦ Massage Therapy Program (CAMTC Approved in Process)

500 hours completed in just ONE semester

Whether you are a beginner looking for a first-rate training and professional qualification or a qualified therapist wishing to further your knowledge and skills, MiraCosta College's Massage Therapy training program is just right for you. Our newly revised Massage Therapy program is held over evenings, Fridays and some Saturdays so that you can complete your training around work or family commitments. This 500 hour program has a maximum student number, ensuring close supervision for each learner. Massage therapists can specialize in many different types of massage or modalities. Swedish, deep-tissue and sports massages are just a few of the many modalities of massage therapy. This program is designed for anyone who meets the prerequisites and is interested in becoming a massage therapist, sports massage or starting their own massage business.



Fee: \$6,500 due at time of registration. GI Bill® and WIOA approved. Students are required to purchase and wear white or black short/cap sleeve shirt (polo/athletic style), dark/khaki knee/ankle length pants and closed toed shoes while working with the public. Students will also bring personal sanitizer, a clean sheet and massage lotions.

► Register for the **FREE** information session now: **Tuesday, 1/21, 6–7 PM** (details on page 39).

Instructor: Kevin Whitfield

Associate Instructors: Keoni Salgado, Tania Yager

Location: Oceanside Campus, Room T520

Time: Tuesday, Wednesdays & Thursdays, 2/11–7/11, 3–9 PM, Fridays, 6/26–7/10, 3–8 PM and Saturdays 6/27–7/11, 9 AM–3:30 PM. *No class on 7/4.*

♦ Phlebotomy Technician Program with NCCT Exam

MiraCosta College Community Education & Workforce Development, in partnership with PhlebotomyU, is proud to offer this excellent opportunity for those seeking to enter the medical field as a CPT1 phlebotomy technician.

Students are required to complete:

- A minimum of 20-hours in basic phlebotomy
- A minimum of 20-hours in advanced phlebotomy
- A minimum of 40-hours in a laboratory course in applied phlebotomy
- 40–120 hours of clinical externship in a healthcare setting

Students who pass the course will also be eligible to take the certification examination offered by the National Center for Competency Testing (NCCT) in class at the conclusion of the course. Upon successful completion of the course, participants will be issued a state-approved training certificate.

Note: A \$100 California CPT 1 License Application fee, BLS Certification and all immunization are not included in the tuition fee and must be paid by the student. High school diploma or GED required.

Fee: \$2,750. GI Bill® and WIOA funding approved.

Additional Fees: A \$90 National Examination Fee and a \$100 Background Check and Drug Screen Fee will be collected at the time of registration with the tuition fee.

► Register for the **FREE** information session now: **Wednesday, 2/5 at 5:30 PM** (details on page 39).

Location: Technology Career Institute, 2075 Las Palmas Drive, Carlsbad, Room 100

Time: Mondays, Wednesdays & Fridays, 3/2–5/1, 5–8:30 PM

Externship: Clinical externships will be provided and supervised by our phlebotomy program staff.



◇ Veterinary Assistant Program

Become a veterinary assistant in just a few months! This 65-hour program will provide students with an overview and entry-level training. Learn basic animal care principles and techniques, safety procedures and state/federal guidelines.

Topics include:

- Basic anatomy and physiology
- Basic radiology
- Small animal breeds
- Animal nutrition
- Parasite control
- Record-keeping and veterinary office procedures
- Client relations and communications
- Veterinary medical terminology, hospital patient care and reception skills

Students will learn lab skills and surgical assisting appropriate to the veterinary assistant level. This class is entry level and specifically NOT veterinary technician training, which requires a two-year degree program.

Fee: \$990. GI Bill® and WIOA funding approved.

► Register for the **FREE** information session now: Thursday, 1/23 at 6 PM (details on page 39).

Additional Fees: A \$15 lab fee will be collected at the time of registration with the tuition fee.

Supplies: Students will need to purchase the book, *Veterinary Assisting Fundamentals & Applications* by Beth Vanhorn & Robert Clark and *Animal Restraint for Veterinary Professionals* by C.C. Sheldon, James Topel and Teresa Sonstagen (available on amazon.com) PRIOR to the first class session.

Location: Technology Career Institute
2075 Las Palmas Drive, Carlsbad, Room 100

Time: 10 Saturdays, 2/22–5/16, 9 AM–4:30 PM
No class on 4/4, 4/11 & 5/9.

Externship: We strongly recommended a minimum of 80 externship hours at the conclusion of the training (this is required for anyone receiving funding from an outside organization).



Scuba Diving Instructor Program

GI Bill® funding approved

MiraCosta College Community Education & Workforce Development now offers a rigorous GI Bill® funded Professional Scuba Diving Instructor Program. We have created a 1033-hour course that prepares students for Professional Association of Diving Instructor (PADI) membership and certification.

The program includes the following courses:

- Open water
- Advanced open water
- Emergency first response
- Rescue diver
- Dive master
- Assistant instructor
- Emergency first response instructor
- Cylinder inspector and technician
- HAS instructor
- Open water SCUBA instructor and MSDT prep

This program is self-paced. To receive certificates, students must complete all classes and dives.

For VA funding, payments and enrollment questions, call MiraCosta College Community Education & Workforce Development at TCI: 760.795.6820.

Fee: \$21,594.30 (includes all coursework, boat dives, materials and scuba gear)

Additional fees for PADI application, membership and certification will be required. These fees are the responsibility of the student and are to be paid directly to PADI or the certifying agency.

Start Dates: Ongoing

Location: Various diving locations



NEW Event and Wedding Planning Course

The number and type of events conducted in Southern California has grown exponentially over the past decade. As the number of events have grown, so too has the need for trained professionals capable of planning and delivering events of various types. This 6-week informative program is specifically designed to both enhance the skill and knowledge base of those already employed to plan and deliver events and to serve as a sound platform for those seeking to launch a part time or full time business in the exciting and varied field of event management.



Designed for those needing the skills to run effective events such as weddings, private parties, product launches, community events, business functions and more, participants are provided with easy to use skills and guidelines for delivering events. The course is full of best practices from one of North County’s premier wedding and event planners. Our instructor brings her many years of professional event planning experience to cover principles of event concept development, planning, design, budget setting, customer relationships, vendor relationships, venue selection, risk management, evaluation and your small business success plan.

Fee: \$159

Instructor: Colleen Claypool

Location: Oceanside Campus, room 3104

Time: 6 Thursdays, 2/20–3/26, 7–9 PM

Real Estate License Program

An accelerated 4-month program that includes licensing exam preparation.

The Real Estate License Program provides the perfect training for those students planning to enter the real estate profession, as well as opportunities for those currently working in real estate and related areas to increase knowledge in this field. MiraCosta’s Real Estate Program has moved to Community Education & Workforce Development and will no longer offer college credit. However, the duration of the course has been shortened to four months/150-hours and includes testing preparation and the opportunity to take the real estate exam at the end of class.



Course includes: Real Estate Principles, Real Estate Practice, Legal Aspects of Real Estate, Mastering Real Estate Math and Exam Preparation.

CERTIFICATIONS: If students attend all classes, complete the necessary coursework and pass the required tests, students will receive a MiraCosta College Certificate of Accomplishment. Licensing to become a real estate salesperson is conducted by the California Department of Consumer Affairs Bureau of Real Estate (BRE). To obtain a California Real Estate Salesperson license, candidates must first qualify for and pass a written examination. For information about state licensing, go to bre.ca.gov.

Fee: \$350 per course, or save and sign up for all three courses for \$900

GI Bill® and Sallie Mae funding approved.

Required Textbooks: *California Real Estate Principles* by Walt Huber 15th edition ISBN-10: 1626842175, *California Real Estate Practice* by Walt Huber, Arlette Lyons, 8th edition ISBN-10: 1626842523 and *Essentials of Real Estate Economics* by Mckenzie, Betts & Jensen, 6th edition ISBN-10: 053873969X (available on amazon.com)

Location: Oceanside Campus, Room T413 (Tuesday & Thursday) & 3507 (Saturday)

Time:

Real Estate Principles: Tuesdays and Thursdays 1/9–2/18, 6:30–9:30 PM, Room T413 and 2 Saturdays, 1/25 & 2/1, 8:30 AM–4:30 PM, Room 3507

Real Estate Practice: Tuesdays and Thursdays, 2/20–3/31, 6:30–9:30 PM, Room T413 and 2 Saturdays, 3/7 & 3/14, 8:30 AM–4:30 PM, Room 3507

Real Estate Finance & Economics: Tuesdays and Thursdays, 4/2–5/12, 6:30–9:30 PM, Room T413 and 2 Saturdays, 4/18 & 5/2, 8:30 AM–4:30 PM, Room 3507

Online Electronics/Robotics

MiraCosta Community Education & Workforce Development, in partnership with George Brown College, is proud to offer six interactive and highly innovative distance education programs that combine state-of-the-art lab simulation with award-winning curriculum. The program content is delivered on CD, DVD or USB drive and is supported through the online virtual campus.

Automation Technician

The AT program provides an introduction to industrial automation, including digital electronics, process control, and programming of PLCs, robotic and SCADA systems.

Fee: \$1,850

Or pay as you go (cost per module available at miracosta-gbc.com).

Electronics Technician

The ET program covers the fundamentals of electronics and prepares students for further on-the-job training as a consumer, commercial or industrial electronics service technician.

Fee: \$1,750

Or pay as you go: initial registration **\$430** and **\$60** for each of the remaining 22 modules.

Electromechanical Technician

The ET program is designed to provide students with a foundation in electromechanical technology, such as industrial maintenance, design and installation, technical services, technical sales and industrial research.

Fee: \$1,800

Or pay as you go: initial registration **\$430** and **\$60** for each of the remaining 23 modules.

Robotics Technician

An introduction to industrial robotics, this course explains how they are used in plants or manufacturing systems.

Fee: \$1,650

Or pay as you go: initial registration **\$570** and **\$90** for each of the remaining 12 modules.

Programmable Logic Controllers (PLC) Technician

The basic introduction to PLCs, this program is designed for people with little or no background in the area. Visit the website listed below for more information.

Fee: \$1,800

Or pay as you go: initial registration **\$450** and **\$75** for each of the remaining 18 modules.

Programmable Logic Controllers II (PLC) Technician

The PLC Technician II Certificate provides a more advanced study of PLCs, introducing tag-based addressing, DCS and SCADA systems.

Fee: \$1,800

Or pay as you go: initial registration **\$450** and **\$75** for each of the remaining 18 modules.

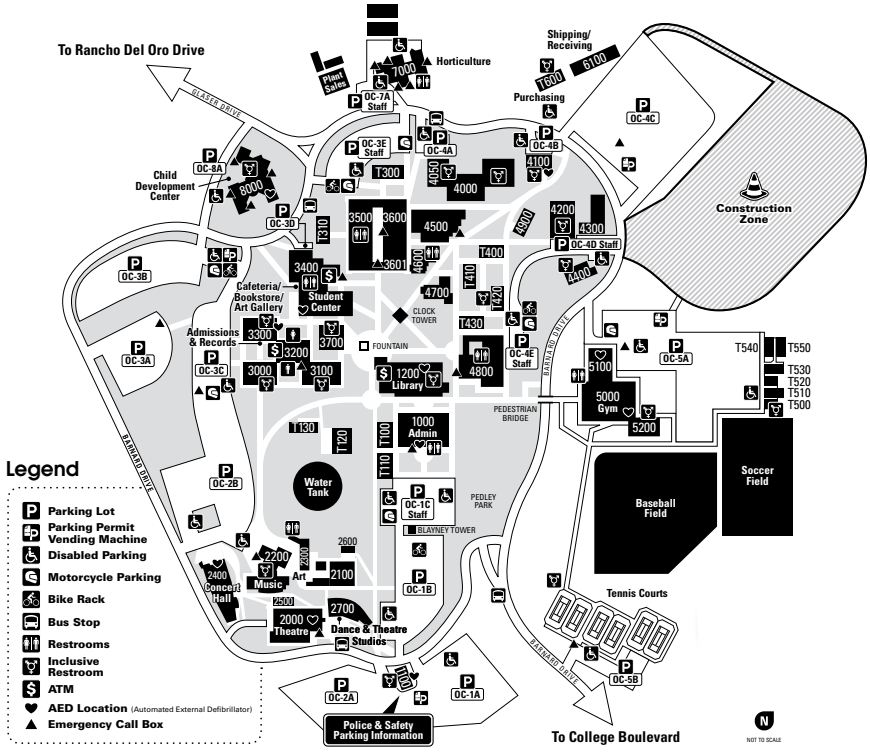


In partnership with George Brown College, MiraCosta Community Education & Workforce Development provides more information at miracosta-gbc.com or call 866.277.0881.

OCEANSIDE CAMPUS

1 BARNARD DRIVE | OCEANSIDE | CA 92056 | 760.757.2121 | MIRACOSTA.EDU

SPRING 2020



Rev. 1019

Directory

	Bldg. #		Bldg. #		Bldg. #
Admissions & Records.....	3300	Drivers Education.....	T510	Printing Services.....	3400
Art.....	2100, 2200, 2300	English Language Institute.....	T510, T520	Proctoring Center.....	3300
Art Gallery.....	3400	Enrollment Information.....	3300	Purchasing.....	T600
Associate Faculty Office.....	4606	EOPS.....	3000	School Relations/Diversity Outreach.....	3400
Associated Students.....	3400	Facilities Department.....	4200	Service Learning.....	3300
Athletics.....	5200	Financial Aid/Scholarships.....	3000	Shipping/Receiving.....	6100
Automotive Technology.....	4000	Gymnasium.....	5000	Student Accounts/Cashier.....	3200
Biotechnology.....	4050	Health Services.....	3300	Student Center.....	3400
Bookstore.....	3400	Horticulture.....	7000	Student Life & Leadership.....	3400
Business Services.....	1000	Human Resources.....	1000	Testing Office.....	3300
Cafeteria.....	3400	Institutional Advancement.....	1000	Theatre.....	2000
CalWORKs.....	3000	Institutional Research.....	1000	Theatre Studio.....	2700
Career Center.....	4700	Instructional Services.....	1000	Little Theatre.....	3601
Child Development Center.....	8000	International Students.....	3400	Transfer Center.....	3700
College Police.....	1100	Library & Information Hub.....	1200	Tutoring.....	1200
Computer/Business Department.....	4800	Lost & Found.....	1100	Veterans Services.....	T100
Concert Hall.....	2400	Math Learning Center.....	1200	Wellness Center.....	4100
Counseling.....	3700	Music.....	2200, 2300	Writing Center.....	1200
Dance Studio.....	2700	Nursing/Allied Health.....	T420, 4400		
Development & Foundation.....	1000	Parking Permits.....	1100		
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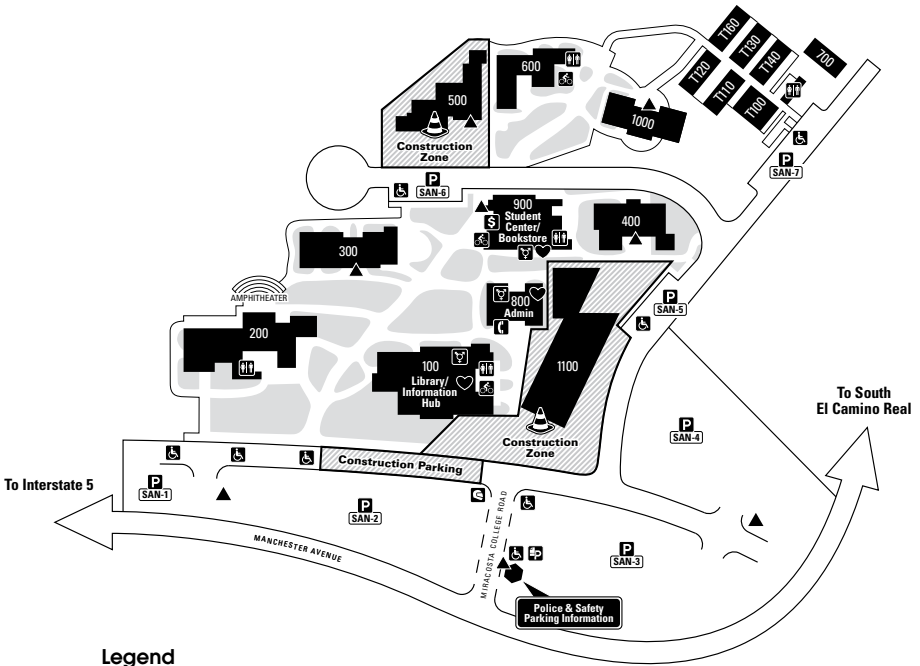


OCEANSIDE CAMPUS

Located just north of Highway 78 off College Boulevard; 121-acre hilltop campus with coastal and mountain views

SAN ELIJO CAMPUS

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Legend

Parking Lot	Emergency Call Box
Parking Permit Vending Machine	AED Location (Automated External Defibrillator)
Disabled Parking	Telephone
Motorcycle Parking	ATM
Bike Rack	
Restrooms	
Inclusive Restroom	

Rev. 0519

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Faculty Offices

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Math Learning Center
Testing
Tutoring
Writing Center

Building 200

Amphitheater
Art Studios
Classrooms
Multipurpose Room

Building 300

Classrooms
Faculty Offices
Meeting Room

Building 400

Classrooms
Faculty Offices
Science Labs

Building 500

Classrooms
Faculty Offices
Language Lab

Building 600

Classrooms
Faculty Offices

Building 700

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Building 800

Administration
Admissions & Records
Counseling
Dean, San Elijo Campus
Faculty Workroom
Instructional Services
Student Accounts/Cashier
Student Information

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Director of Student Services
Bookstore
Cafeteria
Health Services
Meeting Rooms
Student Life & Leadership

Building 1000

Science Labs



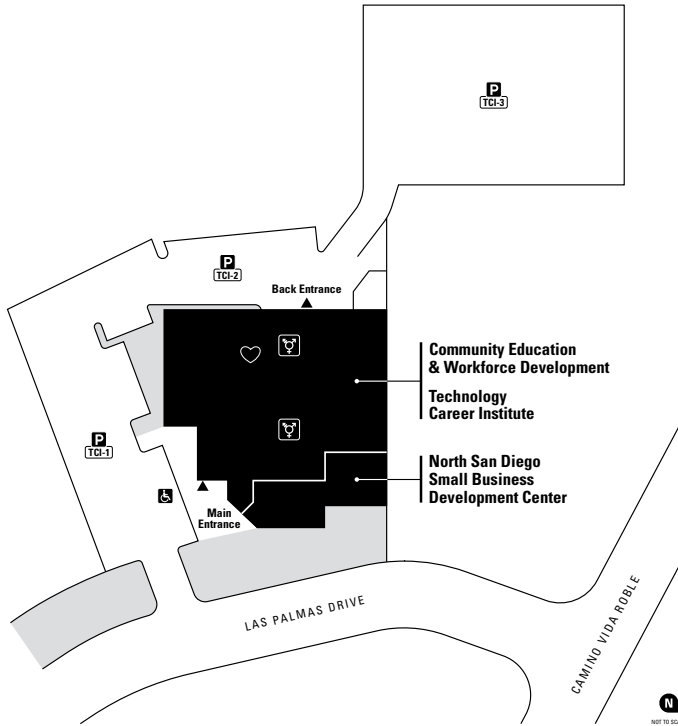
SAN ELIJO CAMPUS

Nestled below the bluffs and facing the San Elijo Lagoon; 42-acre campus just east of I-5

TECHNOLOGY CAREER INSTITUTE & NORTH SAN DIEGO SMALL BUSINESS DEVELOPMENT CENTER

2075 LAS PALMAS DRIVE | CARLSBAD | CA 92011 | 760.795.6820 | TCI.MIRACOSTA.EDU

SPRING 2020



Legend

- Parking Lot
- Disabled Parking
- Inclusive Restroom
- AED Location (Automated External Defibrillator)
- Emergency Call Box

Rev. 0817

Directory

Community Education & Workforce Development
760.795.6820
miracosta.edu/community

Technology Career Institute
760.795.6820
tci.miracosta.edu

North San Diego Small Business Development Center
760.795.8740
sandiegosmallbiz.com



TECHNOLOGY CAREER INSTITUTE & NORTH SAN DIEGO SMALL BUSINESS DEVELOPMENT CENTER

Located off Palomar Airport Road between El Camino Real & I-5 in Carlsbad

CLASS LOCATION GUIDE			
CCA	Canyon Crest Academy	5951 Village Center Loop Road	San Diego
CSC	Carlsbad Senior Center	799 Pine Avenue	Carlsbad
DMPC	Del Mar Powerhouse Community Center	1658 Coast Boulevard	Del Mar
DMSTDR	Del Mar Surf & Turf Driving Range	Jimmy Durante Boulevard	Del Mar
DMSG	Don Myers Stained Glass	1025 South Coast Highway	Oceanside
ECHS	El Camino High School	400 Rancho del Oro Drive	Oceanside
ERGC	Encinitas Ranch Golf Course	1275 Quail Gardens Drive	Encinitas
FC	Fletcher Cove Community Center	133 Pacific Avenue	Solana Beach
HHF	Hoof Haven Farms	4777 South Mission Road	Fallbrook
LCP	La Colonia Park	715 Valley Avenue	Solana Beach
LCCHS	La Costa Canyon High School	1 Maverick Way	Carlsbad
LRC	Landes Recreation Center	2855 Cedar Road	Oceanside
CLC	MiraCosta College, Community Learning Center	1831 Mission Avenue	Oceanside
OC	MiraCosta College, Oceanside Campus	1 Barnard Drive	Oceanside
SAN	MiraCosta College, San Elijo Campus	3333 Manchester Avenue	Cardiff
TCI	MiraCosta College, Technology Career Institute	2075 Las Palmas Drive	Carlsbad
OARC	Ocean Air Recreation Center	4770 Fairport Way	San Diego



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miracosta.edu/noncredit



Begin your journey with us through adult high school, short-term vocational, noncredit courses and English as a second language.

EARN A COLLEGE A DEGREE
miracosta.edu/credit



In our credit program, you can earn a degree or certificate, complete your first two years of college and transfer to a four-year university, or take classes to advance your career. Scholarships and financial aid are available! With MiraCosta Promise, all first time, full-time students receive tuition free for two years.

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MiraCosta Community Education & Workforce Development Online Education in Partnership with Ed2Go



Online Learning

Anytime, anywhere... Your new career is just a click away!

CAREER TRAINING

- Arts and Design
- Business/Legal Programs
- Computer Applications
- Computer Programming
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language/Writing

In partnership with Ed2go, MiraCosta Community Education & Workforce Development provides detailed certificated program outlines, descriptions and demos at careertraining.ed2go.com/MiraCosta.

For more information call **760.795.6820**.



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- Language and Arts
- Personal Development
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- Technology



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**COMMUNITY EDUCATION
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