

NURSING & ALLIED HEALTH

Join the in-demand rewarding field of Operating Room Nursing!



If you are a practicing RN or a an RN student who has successfully completed 2 semesters of an RN program and has a strong interest in this field, MiraCosta College has an exciting new 8 week summer 2017 course to prepare you for entry into the OR.

Classes are one day a week for both lecture and simulation, June 12 – August 4, 2017.

This grant funded course pays for tuition and the AORN online portion of perioperative fundamentals.



Apply by May 11, 2017

For more information contact Mallory Fore at 760-757-2121 X 6466

MIRACOSTA COLLEGE PERIOPERATIVE NURSING						
NAMELAST FIRST MIDDL		TUDENT ID NO.	·			
LAST FIRST MIDDL	E					
ADDRESSNUMBER AND STREET						
NUMBER AND STREET	CITY/	STATE	ZIP			
PHONE EMAIL						
EMERG. PHONENAM	NAME/RELATIONSHIP					
NURSING SCHOOL	GRADUATION DATE					
CURRENT POSITION	AT					
U.S. CITIZEN: ☐ Yes ☐ No If you are NOT a U.S. Citizen, are you in the U.S. under an F1-Visa? ☐ Yes ☐ No						
Country of Citizenship: Alien# or Visa#:						
Application Packet Check Off List: Transcripts of completed nursing courses with a passing grade of "C" or better OR current RN license OR documentation of clearance by Director of Nursing. One page written statement explaining why you want to be an operating room Nurse. CPR card – American Heart Association BLS Provider CPR Card. Annual TB Clearance or a negative Chest X-Ray with annual review of symptoms form completed thereafter MCC Nursing Physical Examination Form completed within one year. Proof of the Following Immunizations: Tetanus/diphtheria – TDAP (every 10 years) Mumps – 2 doses or titer Measles (Rubeola) - 2 doses or titer German Measles (Rubella) – 2 doses or titer Chicken Pox (Varicella zoster) - 2 doses or titer Hepatitus B – 3 doses or titer Flu vaccine for current season						
p						
Requirement AHA BLS Provider CPR Card	Date	Renew/Exp I	Jate			
TB or ChestXRay (renew annually)						
Physical (completed within 1 year prio to enrollment into the program)	ysical (completed within 1 year prior					
The requirements listed above <i>must</i> be kept <u>current</u> in or Nursing course to remain active. Failure to do so will represent the present	esult in being					
REC'D BY:	Date		Time			
Applicants Signature:						

MiraCosta College Nursing Program Physical Evaluation

Student's/Patient's Name:		Date of Birth:			
Date of this physical examination:					
Medical History Do you have or have had in the past:					
Condition	Yes	No	If yes, please explain		
Seizures or neurological	105	110	11 yes, preuse explain		
disorder(s)					
Eye, ear, nose or throat disorder(s)					
Diabetes, thyroid or other					
endocrine disorder(s)					
Muscle, bone or joint disorder(s)					
Asthma or respiratory disorder(s)					
Heart or circulation disorder(s)					
Skin disorder					
Gastrointestinal disorder(s)					
Psychiatric disorder(s)					
Duaniana II amitalizationa an Consi	aal III:a4aa	(Ja4a	on d magazin).		
Previous Hospitalizations or Surgio	cai Histoi	ry (date	and reason):		
Current Medications:					
T.B. clearance is required. Please submit lab results.					
Is patient currently pregnant? ☐ Yes ☐ No					
Allergies:					
Physical Examination This is a phys	ical evalua	ation for	occupational ability and is not to be interpreted as a diagnostic		
			Nursing Students (page 2) must accompany this form.		
1 10 200 10 10 200 10 10 10 10 10 10 10 10 10 10 10 10 1		101100 01	Training statement (page 2) must accompany and form		
Height: Weight:	B	/P	P		
Neck: Lymph Nodes:					
Skin:					
Heart:		Lı	ungs:		
Abdomen:					
Extremities:					
Neurological:					
Can this student perform the essentia	l motor ar	nd senso	ory functions (see reverse side of form) required of		
nursing students? Yes					
		, p			
Physician's Signature:					
Name typed or printed:					
Address:					

ESSENTIAL FUNCTIONS REQUIRED OF NURSING STUDENTS

MOTOR CAPABILITY:

- 1. Move from room to room and maneuver in small places.
- 2. Transfer patients who may require physical assistance.
- 3. Guard and assist patients with ambulation.
- 4. Lift and carry up to 35 pounds.
- 5. Squat, bend/stoop, reach above shoulder level, kneel, use standing balance, and climb stairs.
- 6. Use hands repetitively; use manual dexterity.
- 7. Adjust, apply, and clean therapeutic equipment.
- 8. Perform CPR
- 9. Travel to and from academic and clinical sites.
- 10. In the average clinical day, students sit 1-2 hours; stand 6-7 hours, travel 1-2 hours.

SENSORY CAPABILITY:

- 1. Coordinate verbal and manual instruction.
- 2. Assess a patient 10 feet away to observe patients posture and response to treatment.
- 3. Respond to a timer, alarm, or cries for help.
- 4. Monitor vital signs.
- 5. Auditory, visual, and tactile ability sufficient to assess patient status and perform treatments (Example: color changes in skin, hear heart and lung sounds).

COMMUNICATION ABILITY:

- 1. Communicate effectively in English with patients, families, and other health care providers, both verbally and in writing (Example: explain treatment procedures, teach patient and families, document in charts).
- 2. Effectively adapt communication for intended audience.
- 3. Interact and establish rapport with individuals, families, and groups from a variety of social, emotional, cultural and intellectual backgrounds.
- 4. Assume the role of a health care team member.
- 5. Function effectively under supervision.

PROBLEM SOLVING ABILITY:

- 1. Function effectively under stress.
- 2. Respond effectively to emergencies.
- 3. Adhere to infection control procedures.
- 4. Demonstrate problem-solving skill in patient care (measure, calculate, reason, prioritize, synthesize data).
- 5. Use sound judgment and safety precautions.
- 6. Address problems or questions to the appropriate person at the appropriate time.
- 7. Organize and prioritize tasks.
- 8. Follow policies and procedures required by clinical and academic settings.