

NURSING & ALLIED HEALTH PROGRAMS

The health care field offers many opportunities to apply life skills and experience to help people. As a health care professional, you will enjoy great challenges—and great fulfillment. Plus, the need for health care professionals has never been greater.

The health care field is exciting! You never know what's going to happen from one day to the next—who you will meet, or what situation you may face. It is also a field with both job security and almost endless opportunities for advancement.

At MiraCosta College, we offer several programs to help you get started or advance in the health care profession.

For more information, go to miracosta.edu/nurs



MIRACOSTA COLLEGE

Licensed Vocational Nursing,
Registered Nursing,
Certified Nursing Assistant,
Home Health Aide,
Surgical Technology:

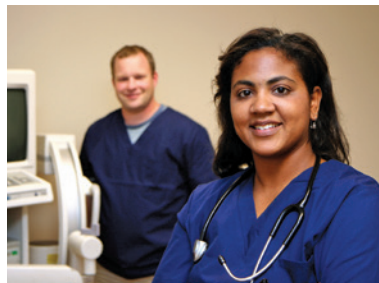
- ▶ 760.757.2121, x6466
- ▶ miracosta.edu/nurs

All information in this brochure, including program inserts, is subject to change. Please see the current catalog catalog.miracosta.edu/disciplines/nursing for up-to-date information.

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Shaping Minds for Success.



ABOUT MIRACOSTA COLLEGE

MiraCosta College is an accredited public community college serving the North San Diego County coastal communities of Oceanside, Carlsbad, Encinitas, Cardiff, Rancho Santa Fe, Solana Beach, Del Mar and Carmel Valley. Founded in 1934 as Oceanside-Carlsbad Junior College on the campus of Oceanside High School, the college moved to its current location in 1965 and the name was changed to MiraCosta College shortly thereafter.

MIRACOSTA COLLEGE HIGHLIGHTS

- Reasonable tuition*
- Highly qualified faculty members
- Small classes and personal attention from instructors
- Beautiful campuses with new and recently remodeled buildings
- State-of-the-art technology
- Honors program for students seeking academic challenges
- Free tutoring in most subjects
- Diverse student organizations and activities
- Concerts, lectures, theatre performances, art exhibits
- Services for disabled students
- Financial aid and scholarships for eligible students
- Plenty of parking and close to the beach

*Non-residents and international students pay fees in addition to the resident enrollment fee. For more information about residency and non-resident fees, contact the Admissions & Records Office at 760.795.6620. Students planning to study in the U.S. on an F-1 visa should contact the International Students Office at 760.795.6897.

HOUSING & TRANSPORTATION

Although MiraCosta College does not provide on-campus housing, rentals are available nearby each campus. Students can view the classified section from the local newspaper at nctimes.com. The Student Activities Office maintains a list of housing options for students; call 760.795.6890.

The North County Transit District (NCTD) serves MiraCosta College. NCTD BREEZE buses and the SPRINTER service the Oceanside Campus. For current bus schedule, call 800.266.6833.

WHAT MAKES MIRACOSTA COLLEGE SPECIAL?

Small class size and personal attention. The average class size at MiraCosta College is 30 students, with many classes even smaller. Faculty know their students and take an interest in their success.

Learning outside the classroom. More than 1,500 students volunteer in schools and community nonprofit agencies through MiraCosta College's award-winning Service Learning Program. MiraCosta College also offers study abroad, internship and work-experience opportunities.

Transfer success. MiraCosta College is known for its high transfer rate to the University of California. Each year, MiraCosta College students transfer to every undergraduate campus in the UC system—including Berkeley and UCLA, two of the most selective universities in the nation. Also, California State University assigns high priority to California community college transfer students who have completed the first two years of a baccalaureate program. MiraCosta College's graduates have also transferred to such schools as the University of Southern California (USC), Cornell University and the University of San Diego (USD).

Financial Aid. MiraCosta College offers a number of financial aid programs and scholarships for qualifying applicants. For additional information, contact the Financial Aid Office at 760.795.6711.

WHAT DO YOU WANT?

If your goal is to earn a bachelor's degree, you can take freshman- and sophomore-level courses at MiraCosta College and then transfer to a four-year university. MiraCosta College has transfer admission guarantee (TAG) or priority programs with seven University of California (UC) campuses. MiraCosta College also has transfer course agreements with all California State University campuses. The University Transfer Center is a great resource for transfer students, offering academic advisement, application assistance, field trips to local universities and more!

If your goal is to start a career or advance in your present career, consider enrolling in one of MiraCosta College's certificate programs. You'll gain marketable entry-level skills by earning a Certificate of Proficiency (18 units or fewer) or Certificate of Achievement (18 units or more). Most course work can also be applied to an associate degree or toward transfer for a bachelor's degree.

SURGICAL TECHNOLOGY

Surgical Technology Program

The program prepares individuals to work primarily in the operating room and to sit for the National Certifying Exam given by the Liaison Council of Certification for Surgical Technology (LCC-ST).

Admission & Eligibility Requirements

Prior to applying to the program, students must complete the following prerequisite courses with a grade of "C" or better:

- ★ Body Systems Survey for Health Professions (NURS 151)
- ★ Basic Medical Terminology (NURS 155)
- ★ Basic Pharmacology (PHAR 100)

Applicants must also submit a completed Surgical Technician Application Packet.

Course Work

The Surgical Technology Program is a full-time, one-year program that meets in the spring, summer and fall semesters.

Certificate of Achievement & Associate Degree

Upon completion of the program, students will earn a 38-unit Certificate of Achievement in Surgical Technology. Students may receive a 60-unit associate degree upon completion of additional course work and other requirements as listed in the college catalog, available at catalog.miracosta.edu/disciplines/nursing.

Tuition & Expenses

Students spend approximately \$2,000 for tuition, fees, supplies, uniforms, books, a background screening test and test fees.

Careers

Employment opportunities are available in surgical centers, labor and delivery rooms, emergency departments and central sterile processing departments. Surgical technologists can also obtain employment as medical sales representatives, laser/endoscopic technicians, transplant technicians, surgical technology instructors and organ procurement technicians.

The starting yearly salary in California is approximately \$40,000.

Contact Information

Detailed information can be found in the application packet available on the MiraCosta website at miracosta.edu/surg or at the Admission & Records Office. Or, call the Nursing & Allied Health Office at 760.757.2121, x6466.

Courses listed are subject to change. Please check requirements with the Nursing Program's department chair or a MiraCosta College counselor.

CERTIFIED NURSING ASSISTANT & HOME HEALTH AIDE

Certified Nursing Assistant Program

The Certified Nursing Assistant (CNA) Program qualifies students for certification by the California Department of Health Services. This program is also a prerequisite for MiraCosta College's Licensed Vocational Nursing Program.

Admission & Eligibility Requirements

The CNA Program admittance is on a first-enrolled, first-admitted basis. Participants must enroll as students of MiraCosta College in order to be admitted. Prior to admission, students must submit a current American Heart Association Healthcare Provider CPR card to Admissions and Records. After admission, students must submit additional requirements on the first day of class. Please contact the Nursing Department for current requirements.

Course Work

Intro to College Writing II (ENGL 50) or Intro to College Writing II for Non-Native Speakers (ESL 50) is the program prerequisite. CNA Program course work (Nursing 160) is completed during an eight-week class that meets 23 hours each week. This course is offered twice a semester and once during the summer in a six-week session.

Certificate of Proficiency

MiraCosta College offers a Certified Nursing Assistant Certificate of Proficiency.

Tuition & Expenses

On the average, a student in the CNA Program spends about \$600 for tuition and expenses. Livescan fingerprints are required and are provided by the college.

Careers

Program graduates have found employment in acute and long-term care facilities, in-home care and in clinics. Many graduates increase their career potential by enrolling in MiraCosta's Home Health Aide, Licensed Vocational Nursing or Registered Nursing programs.

HOME HEALTH AIDE

Home Health Aide Program

The Home Health Aide Program is an opportunity for CNAs to expand their employability.

Admission & Eligibility Requirements

The prerequisite for the Home Health Aide Program is a valid California CNA license or successful completion of a California CNA course within the last six months.

Course Work

This class meets six hours once a week for eight weeks. The program includes a review of personal care services, nutritional needs of home care patients, and medical and social needs of clients. The program also provides experience in an assisted-living facility.

Tuition & Expenses

On the average, a student in the Home Health Aide Program spends about \$100 for tuition and expenses.

Certificate of Proficiency

MiraCosta College offers a Home Health Aide Certificate of Proficiency.

Careers

Graduates pursue careers in private-duty nursing, hospice work or employment at home-health agencies.

Contact Information

MiraCosta College's Nursing & Allied Health Office can be reached at 760.757.2121, x6466. Additional information is also available at miracosta.edu/nurs.

Courses listed are subject to change. Please check requirements with the Nursing Program's department chair or a MiraCosta College counselor.

Licensed Vocational Nursing Program

MiraCosta College's Licensed Vocational Nursing Program is accredited by the California Board of Vocational Nurse and Psychiatric Technicians. Upon satisfactory completion of the program, graduates are eligible to take the National Council of State Boards of Nursing Licensing Exam for licensure as a licensed vocational nurse.

Admission & Eligibility Requirements

In order to be eligible for the program, students must:

- ★ Be 17 years of age or older.
- ★ Submit a high school transcript or GED or High School Proficiency Examination or a transcript of a bachelor's or associate degree from an accredited college (foreign transcripts must be evaluated to show U.S. equivalency).
- ★ Submit transcripts of prerequisite courses (Nursing 151, Pharmacology 100, and Nursing 160 or current California CNA license) showing a grade of "C" or better and taken within the last five years.
- ★ A passing score on the TEAS or remediation plan.

Course Work

During this part-time, two year program, students receive intensive training in the classroom and clinical practice in direct patient care. Clinical practice at local hospitals, skilled nursing facilities and clinics is supervised by registered nurse specialists who guide and teach students.

Certificate of Achievement & Associate Degree

MiraCosta College offers a Licensed Vocational Nursing Certificate of Achievement and an Associate Degree in Licensed Vocational Nursing. For additional details, consult the MiraCosta College Catalog, available at catalog.miracosta.edu/disciplines/nursing.

Tuition & Expenses

Students spend approximately \$2,800 for tuition, uniforms, books, and the required physical examination and immunizations. Since the clinical portion of the program is taught at local hospitals, students must have reliable transportation and should budget for these expenses. Background checks are required prior to entering health care facilities.

Careers

Graduates of this program have found employment in various healthcare settings with an approximate starting yearly salary of \$42,000.

Contact Information

Detailed information can be found in the LVN application packet available on the MiraCosta College website at **miracosta.edu/LVN**. Or, call the Nursing & Allied Health Office at 760.757.2121, x6466.

Courses listed are subject to change. Please check requirements with the Nursing Program's department chair or a MiraCosta College counselor.

LVN-TO-RN

LVN-to-RN Career Ladder Nursing Program

MiraCosta College's LVN-to-RN Career Ladder Nursing Program prepares students to take the NCLEX licensing examination to become registered nurses.

Admission & Eligibility Requirements

All of the following must be completed in order to be eligible to apply to the program:

- * California Vocational Nursing License in good standing.
- * At least six months of work experience as an LVN.
- * Overall cumulative G.P.A. of 2.5 for all college course work.
- * Completion of the following prerequisites with a combined G.P.A. of 2.5 with no grade less than "C" for each course and no more than one repetition for a substandard grade or withdrawal in any one of the courses:
 - Human Anatomy (BIO 210)—4 semester units or equivalent
 - Human Physiology (BIO 220)—4 semester units or equivalent
 - Microbiology (BIO 230)—4-5 semester units or equivalent

Note: Anatomy must be completed within 10 years and Human Physiology and Microbiology must be completed within seven years preceding qualifying date of eligibility.

- * Completion of the following prerequisites with a grade of no less than "C":
 - Composition and Reading (ENGL 100)—4 semester units or equivalent
 - Intermediate Algebra (Math 64) or equivalent or math placement score that meets graduation requirements
 - Pharmacology Review & Update (PHAR 201)—2 semester units or equivalent
- * A passing score on the TEAS.
- * Applicants selected for enrollment must have a physical examination, laboratory tests and immunizations just prior to starting the program. Students must be free from communicable diseases and infections and must be able to perform the essential requirements of the program.

Course Work

The following courses are required and must be completed with a “C” or better prior to program completion to be eligible for the state licensing examination:

- ★ Nursing 280, 281, 282, 283, 284 and 284L
- ★ Psychology 101, 103 or 121; or Gerontology 101; or Sociology 101, 102 or 110
- ★ Communication 101
- ★ American Institutions—3 units

13–16 units of natural, behavioral and social sciences are required for an associate degree. Biology 210, 220 and 230 may be used as 13 of these units.

Associate Degrees

MiraCosta College offers an A.A. and an A.S. in registered nursing.

Tuition & Expenses

Students spend approximately \$2,500 for tuition, uniforms, books, and the required physical examination and immunizations. Since the clinical portion of the program is taught at local hospitals, students must have reliable transportation and should budget for these expenses. Background checks are required prior to entering health care facilities.

Careers

Registered nurses are projected to create the second largest number of new jobs among all occupations. The approximate starting yearly salary for RNs is \$72,000.

Contact Information

Detailed information can be found on the MiraCosta College website at miracosta.edu/LVNtoRN. Or, call the Nursing & Allied Health Office at 760.757.2121, x6466.

Courses listed are subject to change. Please check requirements with the Nursing Program's department chair or a MiraCosta College counselor.

REGISTERED NURSING

Registered Nursing Program

MiraCosta College's Registered Nursing Program is approved by the California Board of Registered Nursing. Upon completion of the program, graduates are eligible to take the National Council of State Boards of Nursing Licensing Exam for licensure as a registered nurse. Graduates may also transfer their units to any 4-year college or university if a BSN is desired.

Admission & Eligibility Requirements

All of the following must be completed in order to be eligible to apply to the program:

- * Overall cumulative G.P.A. of 2.5 for all college course work.
- * Completion of the following prerequisites with a combined G.P.A. of 2.5 with no grade less than a "C" for each course and no more than one repetition for a substandard grade or withdrawal in any one of the courses:
 - Human Anatomy (BIO 210)—4 semester units or equivalent
 - Human Physiology (BIO 220)—4 semester units or equivalent
 - Microbiology (BIO 230)—4–5 semester units or equivalent

Note: Anatomy must be completed within 10 years and Human Physiology and Microbiology must be completed within 7 years preceding qualifying date of eligibility.

- * Completion of the following prerequisites with a grade no less than "C":
 - Composition and Reading (ENGL 100)—4 semester units or equivalent
 - Intermediate Algebra (MATH 64) or equivalent or math placement score that meets graduation requirements
- * A passing score on the TEAS.
- * Applicants selected for enrollment must have a physical examination, laboratory tests and immunizations just prior to starting the program. Students must be free from communicable diseases and infections and must be able to perform the essential requirements of the program.

Course Work

The following courses are required and must be completed with a “C” or better prior to program completion to be eligible for the state licensing examination:

- * Nursing 180, 181, 182, 183, 281, 282, 283, 284 and 284L
- * Pharmacology 201
- * Psychology 101, 103 or 121; or Gerontology 101; or Sociology 101, 102 or 110.
- * Communication 101

13–16 units of natural, behavioral and social sciences are required for an associate degree. Biology 210, 220 and 230 may be used as 13 of these units.

Associate Degrees

MiraCosta College offers an A.A. and an A.S. in registered nursing.

Tuition & Expenses

Students spend approximately \$5,000 for tuition, uniforms, books, and the required physical examination and immunizations. Since the clinical portion of the program is taught at local hospitals, students must have reliable transportation and should budget for these expenses. Background checks are required prior to entering health care facilities.

Careers

Registered nurses are projected to create the second largest number of new jobs among all occupations. The approximate starting salary for RNs is \$72,000.

Contact Information

Detailed information can be found on the MiraCosta College website at miracosta.edu/nurs. Or, call the Nursing & Allied Health Office at 760.757.2121, x6466.

Courses listed are subject to change. Please check requirements with the Nursing Program's department chair or a MiraCosta College counselor.