



## Menu for Week of November 17<sup>th</sup> – November 20<sup>th</sup>

Managed by CulinArt Group, the café is open

Monday – Thursday: 8am – 2pm

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MAKE THE CHOICE THAT'S RIGHT FOR YOU.



EAT WELL



LOCALLY SOURCED



VEGETARIAN



VEGAN

BREAKFAST LUNCH	WAKIN' UP GRILL	CHEF SPECIAL	VEGGIN' OUT		SPINNING SALAD
MONDAY	<b>Avocado Toast</b> Fresh Avocado, Feta Cheese, Roasted Cherry Tomatoes, over Sourdough Toast, Served  w/ Breakfast Potatoes	<b>Chicken Bacon Ranch Quesadilla</b> Grilled Chicken, Crispy Bacon, House Made Ranch Dressing, Cheddar-Jack Cheese  w/ Curly Fries	<b>Southwestern Wrap</b> Grilled Tofu, Red Onion, Cheddar Cheese, Roasted Corn, Black Beans, Fresh Lettuce, Chipotle Aioli w/ Curly Fries 		<b>Salad Bar is available all week</b>  <b>Greens:</b> Baby Spinach & Kale, Arugula or Baby Red/Green Romaine  <b>Grains:</b> Quinoa  <b>Fresh Cut Veggies:</b> Avocado, Bell Peppers, Cucumber, Red Onion, Shredded Carrots and Tomatoes  <b>Fruit, Nuts, Other:</b> Black Beans, Cranberries, Hummus  <b>Cheeses:</b> Feta or Mozzarella  <b>Proteins:</b> Grilled Chicken, Grilled Tofu, Tuna, Local Chorizo, Soyrito, Carnitas
TUESDAY	<b>Loco Moco</b> Fried egg, Hamburger Patty, House made Mushroom Gravy, Green Onion, Served over Jasmine Rice	<b>Loaded Buffalo Chicken Fries</b> French Fries, Crispy Buffalo Chicken, Red Onion, Pickles, Cheddar-Jack cheese, Chipotle Ranch.	<b>Soyrito Quesadilla</b> Soy Chorizo, Black Beans, Cheddar-Jack Cheese, Roasted Corn, Pico de Gallo, Chipotle Aioli.  		
WEDNESDAY	<b>Croissant Breakfast Sandwich</b> 2 eggs, American Cheese, 2 Slices of Bacon, Chipotle Aioli	<b>Penne Pasta and Bolognese Sauce</b> Penne Pasta, House Made Bolognese Sauce, Parmesan Cheese w/ Cheesy Bread	<b>Penne Pasta with Roasted Mushroom Marinara Sauce</b> Penne Pasta, Roasted Tomato, Roasted Mushroom, House Made Marinara Sauce, Parmesan Cheese w/Cheesy Bread  		
THURSDAY	<b>Southwestern Omelet</b> Jalapeno, Tomato, Avocado, Red Onion, Cilantro, Cheddar-Jack Cheese	<b>Thanksgiving Feast</b> Roasted and sliced Turkey Breast, Cranberry Sauce, Creamy Mashed Potatoes, Mushroom and Bacon Green Bean Casserole, Warm Buttery Biscuit.	<b>Veggie Pesto Penne</b> Penne Pasta, Squash, Broccoli, Toy Box Tomato, Meatless Sausage, Pesto Sauce, Parmesan Cheese		<b>House Made Dressings:</b> Balsamic Vinaigrette, Ranch, Italian Dressing, Strawberry Vinaigrette



MENU SUBJECT TO CHANGE

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your chance for foodborne illness