

APRIL DINING

MiraCosta Oceanside



SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
			Earth Week Spiced Tofu Burrito Bowl with Corn, Black Bean, Brown Rice, Guacamole, Pico de Gallo		Fish Friday New England Clam Chowder	OFF
8	9	10	11	12	13	14
OFF	Tostada Smash Up Pulled Pork Tostada		Arab American Heritage Month Lamb & Spinach Stew with Warm Spices			OFF
15	16	17	18	19	20	21
OFF		Tostada Smash Up Chicken Pita Tostad			Earth Day Country Vegetable Soup	OFF
22	23	24	25	26	27	28
OFF	Earth Week Apple Pie Oatmeal			Arab American Heritage Month Grilled Chicken Shawarma with Lemon Dill Yogurt Sauce		OFF
29	30					
OFF			Stop Food Waste Day Zero Waste Deli Stacker Turkey, Ham, Roast Beef, Salami, American	Earth Week Roasted Vegetable Sandwich with Hummus on Multigrain Bun		

