



MIRACOSTA COLLEGE POLICE DEPARTMENT

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Robert Norcross, Chief of Police

Defensive Tactics and De-Escalation Unit

DATE: June 11 and June 12, 2020

SUBJECT: Use of Force and De-Escalation

SYALLUBUS: 3-hour course about the following topics:

- ***Use of Force***
 - Department Policy
 - Effecting an Arrest
 - Pain Compliance Techniques
 - Carotid Control Hold
 - Seizure of Evidence
 - Reporting Use of Force
- ***De-Escalation***
 - Strategies/ Techniques
 - POST Video Scenarios
 - Professionalism/ Perspective (De-Escalate and Intervention)
 - Self-Regulation (Time/ Documentation)
 - Power of Words
 - Officer Safety and Wellness