



MiraCosta College Police Department
Arrest and Control Tactics Block Training
Person Search Techniques/ Handcuffing (June 2023)

OVERVIEW & PURPOSE

Students will experience training to refresh on the application of arrest and control tactics, techniques, objectiveness, de-escalation, the need to safeguard life, dignity and liberty of all persons without prejudice to anyone. The training will update students on existing policy and any legal updates related to use of force during in-service training courses.

I. Safety Orientation/ Warm Up

- A. Warm-up with stretching
- B. Ensure all students have appropriate training equipment and attire

II. Policy & Procedure Review

- A. Review and discuss policy & procedure sections relevant to use of force, baton, Conducted Energy Device (CED), Oleoresin Capsicum (OC) Spray and Extended Range Impact Weapon (ERIW)/ Kinetic Energy Projectile (Beanbag Shotgun)
- B. Medical Treatment
- C. Reporting Requirements

III. Body Movements & Stances

- A. The "ABCDs" of arrest and control
 - 1. Awareness, Balance, Control and Distance
 - 2. Slide Steps
 - 3. Moving off-line
 - 4. Field Interview (FI) position
 - 5. Position of Advantage

IV. Control Devices and Techniques

- A. User responsibilities
- B. Guidelines for use
- C. Storage and maintenance

V. Person Searches

- A. Always perform searches using the same pattern each time
 - 1. High to low
 - 2. Front to back
 - 3. Side to side
 - 4. Use "quadrant" concept



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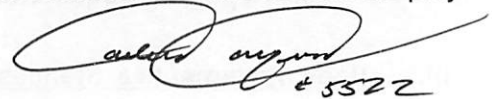
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- B. Search Techniques
1. Low Profile, Rear Finger-lock
 2. Standing Modified
 3. Felony Kneeling
 4. Felony Prone

VI. Handcuffing Techniques

- A. Low Profile, Rear Finger-Lock
1. FBI "quick-cuff"
 2. Wrist Twist
- B. Standing Modified
- C. Felony Kneeling
- D. Felony Prone

VII. Scenario Training

- A. Allow students to practice a variety of scenarios with outcomes varying from de-escalation to lethal force
- B. Students brought in one by one to handle a video scenario/ or live action role play


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