EVERNORTH





The "I want to take control of my stress before it takes control of me" Program.

Get real support for real life with our Employee Assistance Program.

With the Employee Assistance Program (EAP), you can get support for everyday issues. Even the stressful ones. You'll get real solutions for a range of different topics, including:

- + Caregiver concerns
- + Family and relationships
- + Grief and loss
- + Emotional health

- + Stress management
- + Financial or legal issues*
- + Job and career support needs
- + Community resource needs

Services for all of these concerns – and more – are confidential and available to anyone in your household. Plus, they're all available at no cost to you.

CONNECT WITH EAP 24/7/365



888.736.7009



well.evernorth.com

Employer ID: EASE (for initial registration)

 $If already \ registered, simply \ log \ in \ to \ well. ever north. com \ to \ access \ the \ Employee \ Assistance \ Program \ under "Coverage."$

Employee assistance program services are in addition to, not instead of, your health plan benefits. These services are separate from your health plan benefits and do not provide reimbursement for financial losses. Customers are required to pay the entire discounted charge for any discounted legal and/or financial services. Legal consultations related to employment matters are excluded. Additional restrictions may apply. Program availability may vary by plan type and location, and are not available where prohibited by law.

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^{*} Legal consultations related to employment matters are not available under this program.