



# Fall 2026 First Four at the San Elijo Campus



*First Four tracks are curated class schedules for your first semester. They maximize your time and align with [Cal-GETC](#) general education requirements for four-year transfer and MiraCosta College [associate degrees](#).*

## Track One (4 in-person classes, 4 days a week)

OCEA 101 or GEOG 101	#2243 #2236	Introduction to Oceanography Introduction to Physical Geography	MoWe 9:40am-11:00am	3 Units
PSYC C1000	#2305	Introduction to Psychology	MoWe 11:15am-12:35pm	3 Units
ENGL C1000 or ENGL C1003 <sup>1</sup>	#1913 #1791	Academic Reading and Writing or Critical Thinking and Writing through Literature	TuTh 9:00am-11:05am	4 Units
COMM C1000	#1332	Introduction to Public Speaking	TuTh 11:15am-12:35pm	3 Units

## Track Two (4 in-person classes, 2 days a week on Tuesdays and Thursdays)

ARTH 157	#2482	Art Orientation	TuTh 8:00am-9:20am	3 Units
ETHN 100	#1639	Introduction to Ethnic Studies	TuTh 9:40am-11:00am	3 Units
ENGL C1000 or ENGL C1001 <sup>1</sup>	#1881 #2099	Academic Reading and Writing or Critical Thinking and Writing	TuTh 11:15am-1:20pm	4 Units
ECON C2001	#2422	Principles of Microeconomics	TuTh 1:30pm-2:45pm	3 Units

## Track Three (4 in-person classes, 4 days a week with 1 or 2 honors classes)

ENGL C1000 or ENGL C1001H <sup>1</sup>	#1836 #2136	Academic Reading and Writing or Critical Thinking and Writing (Honors)	MoWe 9:00am-11:05am	4 Units
COMM C1000	#1330	Introduction to Public Speaking	MoWe 11:15am-12:35pm	3 Units
PSYC C1000H	#2353	Introduction to Psychology (Honors)	TuTh 9:40am-11:00am	3 Units
ETHN 100	#1629	Introduction to Ethnic Studies	TuTh 11:15am-12:35pm	3 Units

## Track Four (“Fast Track” 2 hybrid 8-week classes at a time on Tuesdays and Thursdays)

COMM C1000	#1351	Introduction to Public Speaking	TuTh 9:40am-11:00am + online (8/17/26 to 10/10/26)	3 units
ENGL C1000	#2070	Academic Reading and Writing	TuTh 11:15am-1:20pm + online (8/17/26 to 10/10/26)	4 Units
HIST 100	#1653	World History to 1500	TuTh 9:40am-11:00am + online (10/12/26 to 12/12/26)	3 units
COMM 215	#1391	Intercultural Communication	TuTh 11:15am-12:35pm + online (10/12/26 to 12/12/26)	3 Units

<sup>1</sup>. If you have passed an AP English Language or Literature exam, see a counselor for English placement.

## Track Five

(4 in-person classes, 4 days a week for STEM majors in the chemical/biological sciences)

SOCI C1000	#3011	Introduction to Sociology	MoWe 9:40am-11:00am	3 Units
ENGL C1000 or ENGL C1003 <sup>1</sup>	#1871 #1790	Academic Reading and Writing or Critical Thinking and Writing through Literature	MoWe 11:15am-1:20pm	4 Units
MATH C2210 <sup>2</sup>	#1908	Calculus I: Early Transcendentals	MoWe 5:00pm-7:25pm	5 Units
CHEM 150 <sup>3</sup>	#2644	General Chemistry I (Lab) + General Chemistry I (Lecture)	TuTh 8:00am-11:05am TuTh 11:15am-12:35pm	5 Units

**Space is limited in all First Four tracks, and seats are not guaranteed. [Enroll](#) early to secure your seat!**

**Would you like to get a head start with general education this summer while learning about college and career success?**

### Summer 2026

(2 online classes)

COUN 100	#1007 or #1009	College and Career Success	Online	3 Units
ENGL C1000 or ENGL C1001 <sup>1</sup> or ENGL 201 <sup>1</sup>	ANY	Academic Reading and Writing Critical Thinking and Writing Critical Thinking, Composition, and Literature	Online Online Online	4 units

## Is First Four right for you? Ask a counselor.

Stop by the counseling office in  
building 1100 at the San Elijo Campus

OR

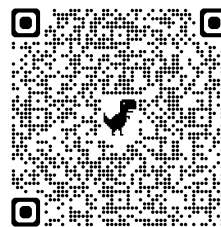
[Drop in for Transfer Express counseling sessions  
via Zoom on Mondays, Tuesdays & Wednesdays](#)

(no SURF ID required)



[Schedule a one-on-one counseling session  
with a transfer counselor](#)

(SURD ID required)



<sup>1</sup> If you have passed an AP English Language or Literature exam, see a counselor for English placement.

<sup>2</sup> If you have passed an AP Calculus AB or BC exam, see a counselor for math placement.

<sup>3</sup> If you have passed a high school chemistry class or an AP Chemistry exam, see a counselor for chemistry placement.