

BASIC NEEDS LANGUAGE FOR CANVAS & SYLLABI

BENEFITS OF INCLUDING BASIC NEEDS LANGUAGE:

- It destigmatizes basic needs concerns to promote student self-advocacy.
- It promotes better relationships between faculty and students.
- More students become aware and utilize support services that are offered.
- Students experience greater success when they have access to more information on educational and personal resources.



EXAMPLES

Option A:

It can be difficult to be present and maintain focus if you have challenges meeting basic needs such as a place to live, access to food, consistent transportation, and more. These challenges may impact your personal and academic success and we are here to help. Our Campus Assessment, Resources, and Education (CARE) program provides assistance with locating resources on- and off-campus to meet those basic needs. I urge you to speak with me so that I may submit a CARE referral on your behalf. You may also visit www.miracosta.edu/CARE or contact care@miracosta.edu for further support, resources, or information. For additional available resources, please review the [CARE Resource Guide for Basic Needs](#) linked on their website.

Option B:

If you or someone you know is experiencing difficulty meeting basic needs such as food, housing, transportation, mental health, or other personal and academic challenges; our Campus Assessment, Resources, and Education (CARE) program is here to support you with finding resources on- and off- campus to meet those basic needs. Please visit www.miracosta.edu/CARE or contact care@miracosta.edu for further support, resources, or information. For additional available resources, please review the [CARE Resource Guide for Basic Needs](#) linked on their website.

Option C:

MiraCosta College offers its students incredible support services through the Campus Assessment, Resources, and Education (CARE) program. The CARE Team is committed to taking a holistic approach to help students succeed while addressing any challenges you may be experiencing to meet your basic needs such as food, housing, transportation, mental health, childcare, legal aid, etc. On-campus and off-campus resources are often provided to students to help meet your short-term and long-term needs with the goal of improving the outcomes of your academic and personal success. Here are a few ways that the CARE team can help:

- Linkage to referrals
- Free food and groceries
- CalFresh application assistance
- Connection to technology resources such as computers and hotspots
- Emergency grants to support financial needs
- And more depending on your needs!

To learn more about the services offered, please visit www.miracosta.edu/CARE and check out the [CARE Resource Guide for Basic Needs](#). As your professor, I want to know how to support you in the best way possible. Please feel free to reach out to me if you have any questions about CARE and I can connect you with our amazing CARE team via the CARE Referral.

Feel free to adapt these options to fit the style of your syllabus or canvas post. Be sure to include information and helpful links found on our website such as referral forms, resource guides, Farmer's Market schedules, and other useful resources.