

breaks & snacks




Assortment of Fresh-baked Cookies \$1.50 per person

Chewy Chocolate Brownies \$2.25 per person

Sweet Surrender Platter \$3.00 per person *cookies, blondies and brownies*

Sweets and Treats \$5.50 per person *cookies, blondies, brownies and fresh-cut fruit kabobs with our signature honey yogurt dip*

Fresh Fruit Mosaic \$3.25 per person 


Assorted Whole Hand Fruit Basket \$1.50 per person 

Crispy Snacks \$1.75 per person *classic chips & pretzels with onion dip*

Baked Snacks \$1.75 per person *selection of baked potato chips and pretzels* 


South of the Border \$4.25 per person *tortilla chips, salsa, guacamole and sour cream*

Fiesta Tex Mex Dip \$5.25 per person *served with tortilla chips*

Roasted Garlic Hummus \$5.25 per person *with baked pita chips* 

Gourmet Cheese Display \$5.50 per person *with assorted flatbreads and crackers*

Vegetable Market Basket \$3.50 per person *with lemon-basil dip* 

Snack Bars \$2.25 per person *assortment of packaged granola and oat bars* 

Healthy Rejuvenator \$5.75 per person *balsamic-roasted vegetable kabobs* 

More Than Snackers \$7.50 per person *spicy buffalo chicken bites, thick-cut potato chips and pretzels with veggie dip*

Mediterranean Sampler \$7.00 per person *black olive tapenade, red pepper hummus with pita crisps and lemon-garlic tahini served with grilled focaccia, long-cut carrots, celery sticks and olives*

Antipasto Platter \$6.50 per person *prosciutto, genoa salami, cappicola, roasted vegetables, fresh mozzarella and cherry tomato salad, imported olives and white bean spread, with rosemary focaccia points*

Tea Sandwiches \$5.75 per person *variety to include: cucumber, watercress & boursin egg salad & scallions . cream cheese & olives . turkey & marmalade (includes one (1) of each sandwich pp)*

Specialty Cakes *call for details*

beverages

Freshly Brewed Coffee, Decaf and Tea \$1.75 per person

Hot Beverage Refresh \$1.50 per person

Chilled Juices \$2.25 per person

Bottled Water Service \$1.75 per person

Assorted Canned Sodas \$1.25 per person

Assorted Bottled water and canned soda \$2.50 per person

Assorted Bottled Iced Teas and Lemonade \$2.50 per person



Welcome to CulinArt Catering Services at MiraCosta College. It is our privilege to serve you. This catering guide outlines CulinArt's most popular selections for breakfast, lunch, breaks and snacks. The items and buffets detailed here are a mere sampling of CulinArt's full catering capabilities. Please feel free to contact us for any special arrangements or items you may not find in our guides. It is our goal to exceed your expectations and we are always available to create a menu tailored to your specific needs.

Note that all listed prices are per person, unless otherwise noted. There is a minimum order of 5 people (unless otherwise specified) or \$25.00 minimum, whichever total dollar amount is greater. Prices include delivery, food table/station linens, set-up, break down and pick-up of food and equipment. Certain events (such as china service, tended bars, chef stations) may require additional charges.

To Order catering services please contact CulinArt at 760-795-6886 or email us at cafeorders@miracosta.edu We are more than happy to arrange an initial meeting to discuss your event, meeting or party needs. Or, if you simply need guidance or assistance in placing your order, please contact us. When emailing your order, remember to include all pertinent information, including function day and date; start-time; desired set-up and pick-up times; delivery location (building, floor, room); contact information for the individual placing the order (phone and email); contact information for the individual responsible for the order billing (phone and email).


24 Hours Advance Notice is typically required for CulinArt to satisfy your dining needs. Our objective is to accommodate your needs; to ensure selection and availability, we request that functions be scheduled with as much advance notice as possible. Of course, we will make every effort to satisfy your dining service needs with reasonable notice. On occasion, your special function may require the hiring of additional personnel. Please notify us as soon as possible of any cancellations to avoid being charged unnecessarily.

Regular Catering Service Hours are 7:00 AM - 4:00 PM Monday thru Friday. Orders deliverable during regular hours will receive no service charge. Catered orders scheduled outside of regular business hours may receive an additional overtime rate charge.

Orders Cancelled 24 hours or more prior to specified set up time will not incur a cancellation fee. Orders cancelled within 24 hours of specified set up time will be billed according to a cancellation charge: 50% of the total event cost.

Responsibility for Catering Equipment provided with your order lies with the individual authorizing the order. All equipment must be returned with the order. CulinArt will pick-up all equipment at the time specified by you. Any equipment removed from the original drop-off location must be returned for pick-up prior to the time specified. Any equipment that is lost, broken or removed from the service site will be charged to the individual who authorized the original order at CulinArt's replacement cost.

Special Function Labor may be required for your event. CulinArt will make specific recommendations on the type and number of special servers, chefs, bartenders, etc. All special function labor is charged at \$30/hour with a guaranteed five-hour minimum.

 At CulinArt, we encourage you to maintain a healthy lifestyle, one that incorporates wholesome, balanced food choices, regular exercise, and an overall attention to living well. We have denoted our Eat Well selections within this catering guide.

CulinArt

(760) 795-6886

miracostacafe@miracosta.edu



continental breakfasts • sandwich luncheons • entrée buffets
afternoon snacks • coffee services • special event catering

CulinArt

CulinArt Catering

Mira Costa Cafe

1 Barnard Drive

Oceanside, CA 92056

760-795-6886

Miracostacafe@miracosta.edu

Unit Manager

Joseph Sustaita


breakfast buffets

sandwich buffets

hot luncheon



Continental Breakfast \$6.50 per person
select three (3): bagels, muffins, danish, scones or croissants, served with butter, cream cheese, preserves, assorted juices and bottled water, coffee, decaf and tea

Healthy Continental Breakfast \$10.00 per person 
whole wheat bagels, low-fat cream cheese, trans fat-free spread, fruit preserves and peanut butter, fresh fruit and berry platter, a variety of non-fat yogurts, whole grain cereals, instant oatmeal, skim milk, juices (soy milk available upon request)

Morning Agenda \$7.50 per person
miniature croissants, danish, scones, muffins & bagels, served with butter, cream cheese and preserves, seasonal sliced fresh fruit platter, assorted juices and bottled water, coffee, decaf and tea


Bagel Breakfast \$5.00 per person
assorted fresh-baked large bagels with your choice of two (2) cream cheeses: plain, smoked salmon, scallion or veggie, served with butter and preserves, coffee, decaf and tea



Hot Breakfast \$10.50 per person *10 person minimum* scrambled eggs, crisp bacon or sausage links, breakfast pota-toes with onions and peppers, fresh-baked biscuits, juices and bottled water, coffee, decaf and tea

Breakfast Burrito Buffet \$10.00 per person
flour tortillas filled with scrambled eggs, sausage, bacon, ham, chorizo, and cheese. served with breakfast potatoes, salsa and sour cream. as-sorted juices, coffee, decaf and tea (vegetarian option available)

Swiss Muesli Bar \$3.50 per person
rolled oats prepared for you overnight with low-fat yogurt, shaved apple, honey and lemon. finished with fresh berries, brown sugar, milk and raisins.

Hearty Hot Breakfast \$12.50 per person *15 person minimum* 
our Continental Breakfast and Hot Breakfast combined: scrambled eggs, crisp bacon or sausage links, breakfast potatoes with onions and peppers, fresh-baked biscuits select three (3) bakery items: bagels, muffins, danish, scones or croissants, served with butter, cream cheese, preserves, juices and bottled water, coffee, decaf and tea

Healthy Hot Breakfast \$9.50 per person *10 person minimum*
scrambled egg whites: plain or with spinach, tomatoes and part-skim mozzarella cheese, turkey sausage or veggie sausage, baked breakfast potatoes with onions and peppers, orange wedges, juices and bottled water, coffee, decaf and tea

a la carte breakfast

Freshly-baked Bagels \$1.75 per person
with plain cream cheese, butter and preserves

Full-size Muffins \$2.50 per person

Fresh Fruit Mosaic \$3.50 per person 
sliced fresh fruit and berries with honey yogurt dip

Assorted Whole Hand Fruit Basket \$1.50 per person 

Individual Low-Fat Yogurts \$2.25 each 

Fruit & Yogurt Parfaits \$3.25 each 

Breakfast Cereals *with Whole and Skim Milk* **\$2.75 per person** 

Smoked Atlantic Salmon Platter \$5.50 per person

Granola Bars & Cereal Bars \$2.25 per person 

Gourmet Miniature Pastries \$2.75 per person



Signature Sandwich Platter \$9.95 per person
pepper-crusted beef and provolone with slow-roasted toma-toes and fresh basil . roasted red peppers, portobello mushrooms and wilted spinach with garlic aioli . grilled chicken with crisp arugula and caramelized onions on multi-grain roll . shaved prosciutto and mozzarella cheese with roasted pepper pesto spread . oven-roasted turkey with apple chutney on whole wheat baguette


Complete your buffet for only \$4.00 additional per person, choice of one additional side salad with assorted canned sodas, bottled water and David's fresh-baked cookies




Classic Sandwich and Wrap Collection \$7.95 per person
turkey breast caesar wrap . grilled breast of chicken with sun-dried tomato spread on focaccia . shaved roast beef with cheddar on a kaiser roll . greek salad pita . veggie tuna with fresh dill and carrot on a crusty multi-grain roll
Complete your buffet for only \$4.00 additional per person, choice of one additional side salad with assorted canned sodas, bottled water and fresh-baked cookies

Upmarket Sandwiches \$8.50 per person
select up to six (6) sandwiches or wraps from the following:

turkey varieties:

- **a**• turkey breast with cranberry chutney, red onion, lettuce on pumpernickel 
- **b**• turkey, bacon and cheddar on parker house roll
- **c**• smoked turkey and brie wrap
- **d**• smoked turkey, bacon, provolone with sun-dried tomato spread on ciabatta

chicken varieties:

- **e**• blazin' buffalo chicken on crusty baguette
- **f**• california chicken club on whole wheat roll
- **g**• balsamic chicken, mozzarella & spinach on focaccia
- **h**• greek chicken pita 
- **i**• italian chicken, roasted peppers & artichokes on semolina roll
- **j**• tuscan chicken salad on ciabatta roll

ham varieties:

- **k**• prosciutto, genoa salami and provolone on italian bread
- **l**• black forest ham with dill havarti on marble rye
- **m**• smoked ham, cheddar and pear wrap
- **n**• ham and brie with apple chutney on crusty bread






beef varieties:

- **o**• marinated flank steak with caramelized onions and horseradish on club roll
- **p**• southwestern roast beef and monterey jack wrap
- **q**• roast beef and smoked mozzarella with roasted peppers on italian bread **fish/**

seafood varieties:

- **r**• mexican shrimp salad and avocado wrap
- **s**• mediterranean seafood salad pita
- **t**• sicilian tuna salad on italian roll
- **u**• veggie tuna, spinach and artichokes in wheat wrap

vegetarian/vegan varieties:

- **v**• roasted garlic hummus with carrots, broccoli, tahini sauce in spinach wrap  
- **w**• portobello mushroom with goat cheese and grilled radicchio on focaccia 
- **x**• southwestern wrap with brown rice, black beans, pico de gallo, cheddar
- **y**• fresh mozzarella, tomato and basil on focaccia  
- **z**• bbq tofu wrap with carrot-cabbage slaw and lettuce

Complete your buffet for only \$4.00 additional per person, includes: tossed garden salad with dressing, choice of one additional side salad and fresh-baked cookies






Contact us to discuss additional hot buffets and internationally-themed buffets available.







Classic Hot Luncheon Buffet \$12.95 per person
includes choice of two (2) salads, two (2) entrees and two (2) accompaniments, served with iced tea and fresh-baked cookies

Salads, select any two (2) from our side salad selection below.

Classic Entrées, select two (2):

- creamy dijonnaise boneless breast of chicken
- roasted breast of turkey with cornbread-herb stuffing
- orange-ginger stir-fried chicken with asian vegetables 
- fillets of tilapia with cherry tomatoes and olives 
- sliced beef tri-tip steak with onion gravy
- roast pork loin with caramelized apples and raisins 
- vegetarian baked penne pomodoro
- vegetarian pinto bean, cilantro rice and jack burritos

Accompaniments, select two (2):

- smashed yukon gold potatoes
- spicy oven-fried potato wedges
- mashed sweet potatoes
- steamed red bliss potatoes 
- long-grain rice pilaf
- brown rice with vegetable confetti 
- green beans with red peppers 
- steamed broccoli with lemon zest 
- glazed carrots with dill
- roasted seasonal vegetable medley 
- stir-fried mixed vegetables 

side salads

Signature Red Bliss Potato Salad \$2.50 per person

Dijon Potato and Broccoli Salad \$2.50 per person   *gluten-free*

Caesar Salad \$2.50 per person

Greek Salad \$2.50 per person 

Tossed Green Salad with Balsamic Vinaigrette \$2.50 per person 

Cucumber and Tomato Salad \$2.50 per person 

Whole Wheat Pasta Primavera Salad \$2.50 per person 

Southwestern Black Bean and Corn Salad \$2.50 per person   *gluten-free*

Grilled Seasonal Vegetable Platter \$3.25 per person 

Orzo, Feta and Cherry Tomato Salad \$2.75 per person

Green Beans with Shallot-Mustard Vinaigrette \$2.75 per person 

boxed lunches

Classic Sandwich Boxed Lunch \$7.75 per box
choice of sandwich prepared on kaiser roll: breast of turkey, ham, chicken, roast beef, tuna or vegetarian prepared with swiss, american or provolone cheese.

includes: bag of chips and condiments

Salad To-Go Boxed Lunch \$8.75 per box
choice of entree salad: grilled chicken caesar, traditional chef salad, cobb salad or grilled salmon over greens. *includes:* piece of fruit and condiments

Vegetarian Boxed Lunch \$8.25 per box 
mediterranean plate of hummus and tabbouleh with flatbread. *includes:* piece of fruit and condiments

Complete your boxed lunch with a water or soda and a cookie for **\$2.75**
Complete your boxed lunch with a water or soda and a brownie for **\$3.00**